

# WINDOWS WEEKLY March 16, 2023



## FIRST UNITARIAN UNIVERSALIST SOCIETY OF ALBANY

A Welcoming Congregation

*Greetings Friends,*

**Good evening everyone and welcome to Windows Weekly**, Albany UU's central source for news and updates.

**You may be seeing a "clipped" version of this.** To view this entire newsletter, be sure to scroll down to the "See entire message" link and click that. To change the view and make it larger and easier to read, click on the three vertical dots on the upper right of your page to the right of your profile avatar. In the dropdown box, you'll see "zoom" and you can click the "plus sign" as many times as you like to make it as large as is comfortable for you.

**If this email was forwarded to you**, and you would like to receive it directly, please [sign up here.](#)

*-Blessings and Be Well*

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Visit our Website

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## MULTIPLATFORM SUNDAY MORNING

**Begin your Sunday morning with an 8:30 Multiplatform  
Meditation session until 9:20**

For those wishing to join remotely, Meditation is now on Zoom 4 here:

<https://tinyurl.com/AlbanyUU-Meditation-4>

By phone: 1-929-205-6099

Meeting ID: 518 463 1429

Passcode: 1842415

**Multiplatform service begins at 10:00 each Sunday**

Use this link to join the service remotely:

<https://tinyurl.com/AlbanyUU-SundayService>

To dial in by phone: 1-929-436-2866:  
Meeting ID: 299 018 7785  
Password: 0000

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For more information about our services, [check out our website](#).  
Masks are required



**March 19 “A Religious Response to Vulnerability,” Rev Sam Trumbore**

Few of us like feeling vulnerable. We’d rather defend ourselves from what might threaten us. We’d prefer having those around us who will defend us. We’d rather pass laws and buy insurance against it. And ... the nature of being human is being vulnerable. How can Unitarian Universalism help us deal with it?

*Music:* Olga Martinez, Albany UU Choir

*Those wishing to access closed captioning/live transcript can turn on the function in their Zoom toolbar. To update to the latest version of Zoom, please do that within the software by finding the menu link and “check for updates”.*

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***MULTIPLATFORM  
SUNDAY SERVICE INFORMATION***



# March's monthly theme: Vulnerability



## March 26 "This I Believe"

This is the Sunday Service when we hear from members of the congregation who will share their own personal religious perspective. Our presenters this year we will be Anna Baldes, Liz Richards, and Chris Jensen. This has been a perennially popular service. We appreciate our presenters' willingness to participate this year and look forward to hearing from them.

*Music:* Olga Martinez, Anna Baldes, Albany UU Choir, Chris Jensen

**As you may have heard, our beloved Church Administrator, Tammy Goddard**, is moving on to a new opportunity. There will be an appreciation for Tammy during this service, followed by an opportunity to speak with her and sign a memory book at Coffee Hour. All are welcome as we wish her well on her new adventure!

If you'd like to contribute to a gift for Tammy, please contact Elizabeth Baldes at [dre@albanyuu.org](mailto:dre@albanyuu.org).

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**From Jacob King, Albany UU's  
Ministerial Intern:**

Members of the congregation, greetings.

If you're interested in  
finding more information  
about our Music Ministry,  
[check out our website!](#)

**Use this link to join  
Sunday service remotely**  
<https://tinyurl.com/AlbanyUU-SundayService>

To dial in by phone:  
1-929-436-2866  
Meeting ID: 299 018 7785  
Password: 0000

**Sunday Offering  
and other  
service information**  
**For more information**  
about Sunday service,  
Zoom, [Sunday Offering](#),  
and other important  
Sunday morning details,  
check out our [Sunday at a  
Glance page here](#).

**Sharing Joys and  
Concerns during Service**  
[Learn about the three ways](#)  
that you can share your  
joys and concerns.

**Need to Talk? Albany UU  
Pastoral Care Associates  
are here to listen!**  
[Learn about our Pastoral](#)

I have met with many of you over the past weeks on zoom, and would love to continue this trend.

I am generally available by zoom or in-person at the congregation Mondays, Tuesdays, and Wednesdays.

Other days or in another location can be discussed on a case-by-case basis. Please send me an email at [jking@albanyuu.org](mailto:jking@albanyuu.org).

[Care program.](#)

### **Archives**

**Past service video recordings** can be found [here](#), our [YouTube channel](#) and our [Facebook page](#); **past sermons** can be read [here](#).

[Learn more about thematic ministry on our website.](#)

[Check out the Albany UU Blog](#)

[Online Giving](#)

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# 3.20.2023 VERNAL EQUINOX CELEBRATION



*Diverse. Inclusive. Beloved.*

WHEN: MONDAY MARCH 20TH, 2023, 7PM-8:00PM

WHERE: ALBANY UU, 405 WASHINGTON AVE  
ALBANY, NY 12206 (AND ON ZOOM)



PLEASE REGISTER BELOW



← Register with  
this QR code!



HAPPY  
*Equinox*

Or Register with this link!  
● [tinyurl.com/bddh397h](https://tinyurl.com/bddh397h)  
Please email  
[Jking@albanyuu.org](mailto:Jking@albanyuu.org) for any  
questions



**Greetings friends!** I, Jacob King, Ministerial Intern, invite you to join us for a celebration of the Vernal Equinox. This multi-generational event will be unapologetically interfaith, multicultural, and LGBTQia2S+ affirming; demonstrative of our commitment to "Building a Beloved Community."

- Event date: Monday, March 20th, 2023, 7:00pm-8:00pm (Multi-platform).
- Please register for this event at: [tinyurl.com/bddh397h](https://tinyurl.com/bddh397h)

Please reach out to [Jking@albanyuu.org](mailto:Jking@albanyuu.org) for any questions.

**Join Jacob and the Green Sanctuary for a Day of Action on Tuesday, March 21 at Noon** - organized nationwide by TH!RD ACT to send a strong message to the banks: if you don't move money out of fossil fuels, we will move our money out of your banks. [Find more information here.](#)



SAVE THE DATE

# Black Earth Wisdom

Soul Fire Farm's Guide to  
Planetary Survival  
with Leah Penniman



Hudson-Mohawk  
Unitarian Universalist  
Joint Worship Service

SUNDAY, APRIL 23, 2023

10:30 AM

at the Doane Stuart School  
199 Washington Ave, Renesslaer

## PROGRAMS FOR CHILDREN and YOUTH



**This Sunday 3/19/23:** Children and youth whose groups do not begin at 10AM are invited to service in Community Hall with their grownups until after the Wisdom Story, when it will be time to go to their age-based groups.

- Nursery/Toddler Room will be open at 9:45
- K/1 OWL begins at 10AM in Room 24/25 (children only)



- Grade 8/9 OWL begins at 10AM in Room B3/B4
- Youth Group begins at 10AM in Room B8 (D&D after a short conversation about upcoming events)

**Unirondack has three opportunities available:** [Spring Camp](#), [Queer Youth Advocacy Retreat](#), and [Summer Camp](#). Click through or see the bulletin board next to B3/B4 for more information.

Elizabeth Baldes  
Director of Religious Education  
[dre@albanyuu.org](mailto:dre@albanyuu.org)

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## ***JOIN THE ALBANY UU TEAM***



### **SEARCHING FOR OUR NEXT CHURCH ADMINISTRATOR!**

The search is on for a qualified successor to Tammy, who is leaving us at the end of March. We are pursuing the usual posting and recruiting, but maybe they can be found among the members and friends of Albany UU! If you are thinking you might be that person, [check out the job posting here](#). Also, if you know of a good candidate, let them know about this opportunity. And if you have ideas about outreach, please contact Karen Kaufmann (Chair of the Personnel Committee) at [karenkaufmann64@gmail.com](mailto:karenkaufmann64@gmail.com).

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## ***UPCOMING WAYS to CONNECT***



# TOGETHER



## ***Getting to Know UU - It's not too late to join!***

**Saturday, March 18, is a great chance for some of us at Albany UU to get to know YOU --** but it's also a perfect opportunity for you to learn about this Unitarian Universalist congregation, explore the roots of "UUism," and begin to figure out how participating in congregational life can enhance your personal journey.

### **Please join us either in-person in Room B-8 or via Zoom:**

9:00 AM to noon  
Saturday, March 18

### **Use this link to join remotely:**

<https://tinyurl.com/AlbanyUU-GTKUU>

To dial in by phone: 1-929-436-2866:

Meeting ID: 299 018 7785  
Password: 0000

Signing up is preferred, but logins the day of are welcome, come as you are!

## ***Start your Sunday Morning with Multiplatform Meditation 8:30 - 9:15 AM***

We will sit together virtually for twenty minutes then have some conversation about the talk, meditation methods or experiences followed by a live loving kindness meditation.

## ***Philosophy Group***

**At 10:15 AM every Tuesday**, the Albany UU Philosophy Group will meet via zoom to discuss the topic of the day which this Tuesday will be: **Is it necessary to have or not have a belief in God?** All are welcome.

Use this link to join:

<https://tinyurl.com/AlbanyUU-Philosophy>

By phone: 1-929-436-2866  
Meeting ID: 987 7102 4708  
Password: 0000

## ***Bridge Group***

For information about the 1:00 PM, Tuesday Bridge Group, check with the church office.

***Social Justice Team*** meets on **Tuesday, March 21 at 6:45** on Zoom. All are welcome to join.

Use this link to join:

<https://tinyurl.com/SocialJusticeTeam>

By phone: 1-929-436-2866  
Meeting ID: 894 5821 4256  
Passcode: 0000

## ***Ps and Qs***

**At 10:00 AM on Wednesdays**, Projects and Quilts (Ps and Qs) will meet in Room B-8.



Use this link to join remotely -  
**THIS IS A PERMANANT CHANGE:**  
<https://tinyurl.com/AlbanyUU-Meditation-4>

By phone: 1-929-205-6099  
Meeting ID: 518 463 1429  
Passcode: 1842415

**Circle Dinners** – Find out more or sign up to attend and/or host a Circle Dinner on Saturday, March 25 from 6 to 9 PM by emailing John Sherman at [johnssherman@gmail.com](mailto:johnssherman@gmail.com) by this Sunday March 19

**Ministry and Operations Team** meets on **Monday, March 20 at 11:30 AM** in both Channing Hall and online. Albany UU members are welcome to join.

Use this link to join:  
<https://tinyurl.com/Ministry-and-Operations>

By phone: 1-929-436-2866  
Meeting ID: 860 5594 7976  
Passcode: 0000

### **Choir Rehearsal**

**At 7:00 PM on Wednesdays**, in Community Hall. Masks are required. [Contact Olga Martinez](#), Directory of Music Ministry for more information.

**The Board of Trustees** meets **Thursday, March 23 at 6:30 PM** in Channing Hall and online. Albany UU members are welcome to join.

Use this link to join remotely:  
<https://tinyurl.com/AlbanyUU-BoardOfTrustess>

By phone: 1-929-436-2866  
Meeting ID: 988 1049 6531  
Passcode: 0000

**Workshop on Grief and Loss, sponsored by the Pastoral Care Team, March 25, 2-4PM, Room B-8.** There are many experiences that can trigger grief and loss in our lives. Coping with grief and loss is hard and it can be helpful to be with others in that experience. We will have time for self reflection, time for sharing and time to learn strategies that may help. To Sign up, contact Anny Lapinski at [aclapinski@gmail.com](mailto:aclapinski@gmail.com) or 518-852-6674

## **ANNOUNCEMENTS**



**18th Annual Wine and Cheese Tasting Event.**

**Saturday, April 1st at 7:00 PM**

**Wines and Cheese from Spain will be presented.**

And will be accompanied by delicious condiments. The evening will be guided by your

favorite wineaux and by Mary Rizzo of the Cheese Traveler.

\$35/per person. This is always a popular event - Sign up soon either in-person in Channing Hall on Sunday or [online here](#).

AND once again, great raffles of a white wine, a red wine each worth between \$35 and \$50 and a gift basket of both wines plus the cheeses and condiments that complement! 2 tickets for \$6; 5 tickets for \$12

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## **Our Annual Auction Is Coming!**

As always, our auction goals are to build community and support Albany UU financially. Now is the time to think about what you might donate to help fulfill these goals. Donations will begin March 30 and bidding on April 23. Again, this year, the auction will be online and all items will be fixed price. We will provide more information about the auction in coming weeks. If you have questions or suggestions, please contact Martha Musser at 518-313-9674 or [mussermartha@gmail.com](mailto:mussermartha@gmail.com).

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## **Hungry for an opportunity to order some Girl Scout Cookies? These Albany UU Scouts will be more than happy to help you out:**

Zora M. <https://digitalcookie.girlscouts.org/scout/zora390839>

Natalie P. <https://digitalcookie.girlscouts.org/scout/natalie84914>

Eliza and Flora S. <https://digitalcookie.girlscouts.org/scout/eliza264855>

This information is provided as a courtesy to the cookie sellers and the congregation. Participation is optional. If your Albany UU Girl Scout would like their link included please send it to Elizabeth at [dre@albanyuu.org](mailto:dre@albanyuu.org). Cookie inquiries should be directed to sellers.

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## **Call for Nominations**

*"Life's most persistent and urgent question is, what are you doing for others?" – Martin Luther King, Jr.*

Are you looking for a way to be more involved in the Albany UU community? The Nominating Committee is seeking nominees for the following positions to be elected at the Annual Meeting in May 2023 These positions offer members of our community an opportunity to shape our collective future and help Albany UU achieve its mission.

### Position Term

Treasurer Two years

Secretary Two years

Trustee Two positions, each for two years

Nominating Committee Three positions, each for two years

Endowment Trust One position for five years

To learn about the responsibilities of each position, go to [AlbanyUU.org](http://AlbanyUU.org), choose Resources | Church Office | File Cabinet. Under Governance you will see Elected Office Job Descriptions. Any Nominating Committee member can also send a position description to you.

### **Requirements for Elected Positions**

Any person holding an elected position must be an active member of FUUSA for at least 30 days prior to being elected and must not have a pledge in arrears. Candidates for the



Endowment Trust must be members for at least 3 years.

### Nomination Procedure

Society members are encouraged to contact anyone on the Nominating Committee to let them know of their interest in serving or to suggest someone else you feel would be qualified or if you have questions, please contact any one of the following: Elizabeth Berberian, Liz Richards Hart, Kathy Hodges, Reese Satin, Kelly Smith, or Todd Thomas ([ts Thom61@gmail.com](mailto:ts Thom61@gmail.com)).

The Nominating Committee hopes that you will consider stepping up by contacting a Nominating Committee member or, if asked, responding with a "Yes, I will serve!"

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### Kids Love UU Weekend

*"I am looking forward to the auction and playing with Patsy in the beautiful outdoors!"*

~Octavia, age 6

UU Weekend is a paradise for kids, complete with playmates and fun activities with and without their families. These include archery, boating, crafts, games, movies, sports, music, an auction with kid-priced toys and games, snacks, and much more. Treat your children (and yourselves) to UU Weekend on Lake George from October 13-15, 2023

Register by June 1, 2023 to receive lower rates! Children under 6 are free, with substantial discounts for older children and youth.

Access additional information about Silver Bay and UU weekend, including the registration form and a slide show, at <http://albanyuu.org/uu-weekend-at-silver-bay/>

Rooms are assigned on a first-come, first-served basis following receipt of the completed registration form and deposit. Remember – room, all meals from Friday dinner through Sunday lunch, programs, activities and entertainment are included.

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## ***SOCIAL ACTION and INCLUSIVITY***



Albany UU Planned-Parenthood Partnership group participated in Upper Hudson's Planned Parenthood's "Lobby Day." This event was a coalescence of months of grass roots efforts, advocacy, and support. During the event, Gov. Kathy Hochul, along with many others, spoke in support of bodily autonomy and reproductive justice.

These voices were heard, and the NY State Assembly voted Yes in favor of a constitutional amendment cementing reproductive rights for women, people of color, and all folx across the LGBTia2S+ spectrum (which will go to voters in 2024).

Many members of the Upper Hudson Planned-Parenthood team personally expressed gratitude for the congregation's generous support and financial contributions. Financial contributions from "private" organizations have less restrictions than government grants; allowing greater leeway for Upper Hudson to continue supporting, educating, and fighting for reproductive justice

### **Green Sanctuary Team (GST) Meeting**

The next meeting of the GST will be on Sunday March 19<sup>th</sup> at 11:30 in Room B-7 and on the following zoom link:

Charles Manning is inviting you to a scheduled Zoom meeting.

<https://us02web.zoom.us/j/87985410763>

All are welcome. Come and learn what you can do to support Albany UU activities to protect the earth.

### **Black Lives Matter Vigil in Troy**

**When:** Saturdays, 10:30-11:00 am

**Where:** Troy - corner of River Street at the intersection of Fulton and Third Streets, 12180

[Learn more here.](#)

### **Stand Against Racism Vigil in Delmar**

Join Albany UUs each Saturday to Stand Against Racism, at the Delmar Four Corners, corner of Delaware and Kenwood Avenues. We're there from 9:30 to 10 AM. Welcoming all - whether you live in Delmar, Albany, or anywhere nearby!

### **The Inclusivity Team Recommends the following:**

#### **For children:**

Around Our Way On Neighbors' Day, by Tameka Fryer Brown. Illustrated by Charlotte Riley-Webb. (2010). "Neighbors gather on a hot summer day for a joyful block party-- kids play double Dutch; men debate at the barbershop and play chess; mothers and aunts cook up oxtail stew, collard greens, and other delicious treats; and friends dance and sway as jazz floats through the streets." ~from the inside cover. Available in hard copy from the Upper Hudson Library System. Not available in braille or audiobook formats at this time.

Click here for 5-minute video of the story, by Sankofa Read Aloud:

[Around Our Way On Neighbors' Day - YouTube \(youtube-nocookie.com\)](#)

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## ***IMPORTANT INFORMATION***

[Find Sunday service recordings here.](#)

**Learn about submitting announcements** to for Sunday service and how to **reserve a Zoom room** for meetings and events [here.](#)



**All information about regular occurring events and meetings**, including Zoom links [can be found here.](#)

**Other important** resources, our file cabinet, archives, guidelines and information can be found on the [Resource Page of our website, here.](#)

**If this email was forwarded to you**, and you would like to receive it directly, please [sign up here.](#)

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## CONNECTIONS

### **Quick Links**

[Publication Schedule](#)  
[Albany UU Website](#)  
[Regular Events and Meeting Schedule](#)  
[Event Schedule](#)  
[Building Schedule](#)  
[Sermon Archive](#)

### **Denominational Affairs Links**

[Unitarian Universalist Association](#)  
[UUA Worship Web App](#)  
[UUA Leader Lab](#)  
[UUA Book Store](#)  
[UU World](#)  
[Young Adults Revival Network.](#)  
[Unitarian Universalist Service Committee](#)  
[UUA Central Region East](#)  
[Hudson-Mohawk UU](#)

### **Governance & Leadership**

#### **Staff**

**Mission, Vision, Congregational Covenant**

#### **Volunteer!**

### ***Publication deadlines***

This is an important reminder that the news and article deadline for Windows Weekly is **9:00 AM on Monday**. Thank you for your cooperation.

### ***Sign up for an Albany UU class or event***

- Send an email to:  
[registration@albanyuu.org](mailto:registration@albanyuu.org)

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## ***Albany Unitarian Universalist***

### **Parking:**

Parking is available on the street. On Sundays (and for some special events) Albany UU has permission to use the University at Albany's Hawley Parking Lot on Robin Street at Washington Avenue.

### **Office hours:**

By appointment

### **Our Website:**

General: [www.AlbanyUU.org](http://www.AlbanyUU.org)

Resources: <http://albanyuu.org/albany-uu-resources/>

**Zoom use:**

To reserve Zoom for an Albany UU meeting, contact the church office (518.463.7135 or [office@albanyuu.org](mailto:office@albanyuu.org)).

**Building use**

To **reserve a room** for an Albany UU activity or to **rent a hall or classroom space**, for a personal or non-Albany UU activity, contact our Administrative Assistant (518.463.7135 or [office@albanyuu.org](mailto:office@albanyuu.org)).

*It is with gratitude and humility that we acknowledge that we are learning, speaking and gathering on the ancestral homelands of the Mohican people who are the indigenous peoples of this land. Despite tremendous hardship in being forced from here, today their community resides in Wisconsin and is known as the [Stockbridge-Munsee Community](#). We pay honor and respect to their ancestors past and present as we commit to building a more inclusive and equitable space for all.*



Photo credit: Rev. Sam Trumbore



First Unitarian Universalist Society of Albany | 518.463.7135 | 518.463.1429  
[Admin@AlbanyUU.org](mailto:Admin@AlbanyUU.org) | [AlbanyUU.org](http://AlbanyUU.org)

STAY CONNECTED



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