

GREEN SANCTUARY -- MY DO MORE PLEDGE

I, _____, (telephone number or e-mail address _____) am concerned about the environment and want to **DO MORE** than I am currently doing in the upcoming year. I therefore pledge to do the following:

(Check all that apply. Please check here [] if you do not want a committee member to contact you . You can sign the pledge anonymously. Once you have signed the pledge, please carry through from June 1, 2017 to June 1, 2018. Let GSC know what you are doing or have done if you like. A copy of this pledge will be at the SRC table through the month of April.)

In the Albany UU community,

- [] I will sign up for e-mails from the Green Sanctuary Committee
- [] I will attend at least one Green Sanctuary meeting
- [] I will sign at least one petition proposed by the Green Sanctuary Committee or get involved with a Green Sanctuary activity

In the wider community,

- [] I will donate to an environmental agency of my choice
- [] I will attend at least one march, and/or participate in at least one lobby day

On my own,

I will initiate the following actions on my own. (See reverse for possible actions.)

REVERSE SIDE -- Examples of individual actions you can take

- Compost my family's food scraps either at Albany UU or in my backyard
- Use a rain barrel and/or use water more efficient
- Change to LED light bulbs
- Cut down on meat or have a day without meat
- Plant at least one tree or donate pennies throughout the year towards planting a tree or bush
- Install solar panels, heat pump, solar water heater for electric power
- Join a community solar organization for source of electricity
- Lower home thermostat in winter and raise it in summer
- Use fans instead of air conditioning
- Hang up clean, damp laundry instead of using the dryer
- Use reusable bags when shopping
- Car pool, walk, use a bus, bicycle when possible, instead of driving
- Unplug appliances and electronics when not in use, including computer
- Make at least one phone call a month advocating for the environment at the state or national level
- Plant a butterfly garden
- Keep bees
- Insulate your home
- Drive only at the speed limit