

DANCES OF UNIVERSAL PEACE IN ALBANY

December 14, 2019

12:30~2 PM

To Celebrate the Season of Returning Light

FIRST UU SOCIETY OF ALBANY ~ 405 WASHINGTON AV, ALBANY, NY

Combining sacred phrases and chants from many different spiritual traditions with live music, simple melodies, and guided movement, *we cultivate joy, peace, and integration* within ourselves, in our communities, and in the world. All are welcome to join us for this uplifting spiritual practice.

\$10-\$20 requested donation

Led by Certified Dance Leaders:

Farid Gruber, Nizam Ash & Dahlia Bartz Cabe

For more information contact:

Regina Dew: reginadew6@gmail.com; 518.465.4528



Dancesofuniversalpeace.org

Come, Come, Whoever You Are...