

Websites

General information about what it means to be trans (Trans 101): <https://lgbtqia.ucdavis.edu/trans-101>

Transmisia vs Transphobia:

<https://www.plannedparenthood.org> search for “transmisia”

For parents of trans children:

<https://assets2.hrc.org/files/documents/SupportingCaringforTransChildren.pdf>

Resources for adults:

<https://www.glaad.org/transgender/resources>

For spouses and partners of transgender people:

<https://www.facebook.com/DistinctionSupport>

Videos

[My Princess Boy, by Cheryl Kilodavis - YouTube](#) (read aloud)
<https://www.youtube.com/watch?v=n0vMomKhY2Q&t=6s>

[Julian Is A Mermaid - YouTube](#) (read aloud)
<https://www.youtube.com/watch?v=PHsixlARQPM>

Author Sarah McBride speaking at the 2016 Democratic National Convention:

<https://www.youtube.com/watch?v=brLZvqiGHMs>

Interview with author [Krys Malcolm Belc--THE NATURAL MOTHER OF THE CHILD - YouTube](#)

<https://www.youtube.com/watch?v=IQTCVQFgRkA>

Documentary on Netflix.com: “Disclosure”



Working towards making Albany UU welcoming for all people

INTERNATIONAL TRANSGENDER DAY OF VISIBILITY - MARCH 31

Transgender people want cisgender* people to know. . .

- Transpeople are who they say they are.
- Gender identity (who we are) and sexual orientation (who we are attracted to) are two different things.
- There is no right or wrong way to be trans.
- Trans people want the same things that cis people want--jobs, housing, competent healthcare, acceptance, security, love, etc.
- With transmisia** on the rise, trans people need for cis people to be allies, to speak out on their behalf.



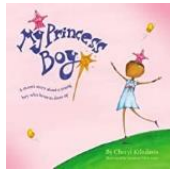
*Cisgender people’s identities match the gender they were assigned at birth.

**Transmisia = hatred directed at people who are trans (as opposed to “transphobia,” which is fear of trans people)

RESOURCES:

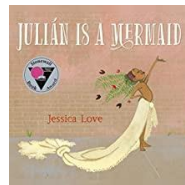
Books

Read aloud books:

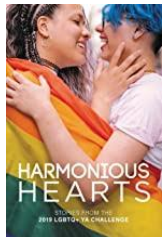


My Princess Boy, by Cheryl Kilodavis. (2009)

Julian is a Mermaid, by Jessica Love (2018).



By and about trans youths:



Harmonious Hearts: Stories from the 2019 LGBTQ+ YA Challenge. (2019)

Fighting for trans rights:

Tomorrow Will Be Different: Love, Loss, and the Fight for Trans-Equality, by Sarah McBride (2019)

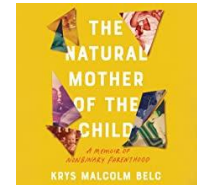


About trans artists:

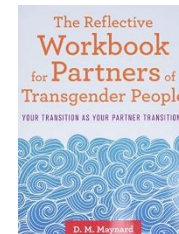
We are Here: Visionaries of Color Transforming the Art World, by Jasmin Hernandez, Sunny Leeanthanah, Jasmine Durhal, and Swizz Beatz (2021)

About a nonbinary parent:

The Natural Mother of the Child: A memoir of nonbinary parenthood, by Kryz Malcom Belc. (2021)



For spouses and partners of transgender people:



The Reflective Workbook for Partners of Transgender People: Your Transition by D.M. Maynard

The Trans Partner Handbook: A Guide for When Your Partner Transitions by Jo Green

