

Drumming and Spirituality

workshop with

Matt Meyer

Sunday, Jan. 18, 1:00 PM

Emerson Community Hall



This workshop is a chance for people of all skill levels to participate in hands on rhythm-making. We will experience the connection of community music-making through different activities, stories, games and discussions, as well as look at how rhythm and music intersect with Unitarian Universalist values. Bring your own drum if you have one—for those who don't, enough will be provided.

Goodwill donation to cover the cost and support the Rite of Passage program. Suggested donation: \$10 individual / \$20 family.

Sign up by email to registration@AlbanyUU.org or call 518-463-7135.



*Leah Purcell says
"Matt is AWESOME!
Do not miss this!"*

Matt Meyer is a lifelong Unitarian Universalist. He graduated from Berklee College of Music where he studied hand drumming and world music, including studies abroad in Cuba, Ghana, and Central America. Since then, Matt has led music and worship for hundreds of services in congregations all over the country, workshops for UU Musicians' Network conferences and multiple UU district events. He has also led music for the last ten General Assemblies.

Matt is honored to have performed a diverse repertoire with Ysaye Barnwell (of Sweet Honey in the Rock), Pete Seeger, Emma's Revolution, Peter Mayer, Jim Scott, Nick Page, The Halalisa Singers, Samba Tremeterra, and Bloco de Afrobrasil.

Learn more about Matt at www.RhythmRevelations.com ...and come play drums with him on January 18!

First Unitarian Universalist Society of Albany

405 Washington Ave, Albany, NY 12206 | www.AlbanyUU.org