



# Compassion in Action

A Talk, Stories and Photos from a Medical Pilgrimage to Humla, Nepal with Heidi Harding and Jan McCracken

**First Unitarian Universalist Society of Albany**  
**405 Washington Ave.. Albany**

**Friday, February 5, 2016**

Potluck dinner at 6:00 pm

Presentation at 7:00 pm

This fall, a group of acupuncturists, doctors, nurses and volunteers joined together to deliver free health care to hundreds of villagers in one of the most remote districts of Nepal. Learn more about this extraordinary journey of compassion in action from two of the pilgrimage volunteers.

**To sign up:**

—Send an email to [Registration@AlbanyUU.org](mailto:Registration@AlbanyUU.org)

—Call the church office, 463-7135

Childcare is offered for the program, please let us know you need it when you register. (Include names and ages of children.)

