

Living The Seven Principles

Workshop on August 24 at FUUSA



We welcome participants who long to enrich their lives by learning skills and practices to enhance a wholehearted embodiment of UU principles and values.

Come for an evening of fun and learning with two well-trained facilitators and fellow UUs.

- ~Revitalize the seven principles to cultivate beloved community.
- ~Gain an experience of compassionate communication as a way of living the principles.
- ~Learn practical strategies for handling conflict and other difficult situations.

August 24, 6:00 - 9:00 pm in
Channing Hall at 405 Washington Ave.
in Albany

Please register by emailing
registration@AlbanyUU.org.

A good will donation will be collected
at the end of the workshop.

Childcare is available if you let us
know by August 17.



Contact Jan McCracken at
jmccrack@nycap.rr.com or
518-275-8709 for more
information.