

Sundays at FUUSA

Please join us on any Sunday for:

Mindfulness Meditation, Religious Education for children and youth, the Service, Coffee Hour, or any combination thereof. Other programs include Forum (social justice topics), Children's Chapel, Green Sanctuary Discussion (environmental topics,) War Healing Circle; social events, and adult education.

All are welcome!

WINDOWS update

Newsletter of the First Unitarian
Universalist Society of Albany

Mid-January, 2011

In this issue:

- 1 Services
- 2 Calendar
- 3 News
- 5 Lifespan Learning
- 5 Our Community
- 6 Social Justice
- 8 Contact Us
- 9 Flyers

Sunday Schedule

9:00 AM

Mindfulness Meditation

9:45 AM

Nursery/Toddler rooms open

10:00 AM

Service

Children's Chapel

(1st Sunday/mo.)

Religious Education

11:00 AM

Coffee Hour

11:45 AM

Forum *(2nd & 4th Sundays/mo.)*

Green Sanctuary Discussion

(3rd Sunday/mo.)

6:00 PM

War Healing Circle

(2nd & 4th Sunday/mo.)

Services

Jan. 16 "The Margins Hold the Center," Rev. Sam Trumbore

Those in the center of American culture may not recognize they are in the center. But those on the margins of American culture definitely know they aren't in the center. Yet those on the margins actually hold and support the cohesiveness of that center. Within Unitarian Universalism, those on the margins can move the center and make it bigger.

Jan. 23 "Moments of Bliss," Rev. Craig Schwalenberg

Unexpected, transcendent, transformative.

They are timeless...and yet, terribly, wonderfully brief.

They are Moments of Bliss.

Jan. 30 "Flavor Based Ethical Eating," Rev. Sam Trumbore

Celebrated young chef Dan Barber believes the way to a better world is through the pursuit of flavor. He thinks we don't make ourselves or the world better by giving up the enjoyment of eating food that tastes good. Could his hedonistic approach to food be a path to better health, local economic vitality, and ecological sustainability? This is the first of a two part sermon series on food ethics. Next Sunday: "Eating for Peace and Justice," February 5.



Calendar

Events happening every Sunday at FUUSA

9:00 AM	Mindfulness Meditation	Sanctuary	Exceptions:
10:00 AM	Service	Emerson	
10:00 AM	Children's Chapel (1st Sunday/mo.)	Sanctuary	
10:00 AM	Religious Education	Classrooms	
11:00 AM	Coffee Hour	Channing, Emerson	
11:45 AM	Forum (2nd & 4th Sundays/mo)	Emerson	
11:45 AM	Green Sanctuary Discussion (3rd Sun./mo)	B-8	
6:00 PM	War Healing Circle (2nd & 4th Sundays/mo.)	Emerson	

Events happening every week in the month of January

Tuesdays	10:00 AM	Philosophy Group	B-8	Exceptions:
	1:00 PM	Bridge	B-8	
Wednesdays	10:00 AM	Projects & Quilts	B-8	
	7:00 PM	Choir Rehearsal	Emerson	

All other events happening in the month of January

13-Jan Thursday	7:00 PM	PCC Meeting	B-8	30-Jan Sunday	11:30 AM	Get Connected Activity Fair	Emerson, Channing
14-Jan Friday	6:00 PM	Meditation Retreat	Emerson, B-7 & B-8		12:00 PM	Lunch with the Minister	Van's Rest., Central Ave.
15-Jan Saturday	8:00 AM	Meditation Retreat	Emerson, B-7 & B-8, Ch. (lunch)	31-Jan Monday	1:00 PM	Shelter Meal Prep	Kitchen
16-Jan Sunday	11:45 AM	Green Sanctuary Presentation	B-8				
17-Jan Monday		Holiday - Office Closed					
	12:00 PM	Channing Circle	Channing, Kitchen				
	5:00 PM	Membership Committee	B-7				
18-Jan Tuesday	6:30 PM	Lifespan: When Faiths Collide	B-8				
20-Jan Thursday	7:00 PM	Board of Trustees	B-8				
21-Jan Friday	5:30 PM	Guilderland Plus Potluck	Joyner-Kleinberger's				
22-Jan Saturday	8:45 AM	Getting to Know UU	B-8, Kitchen				
	3:00 PM	Lifespan: Tarot as Spiritual Practice	B-8				
23-Jan Sunday	11:45 AM	Auction Planning Meeting	B-8				
	12:00 PM	Canvasser Appreciation Lunch	Emerson alcove				
	6:00 PM	War Healing Circle	B-8				
24-Jan Monday	3:00 PM	Shelter Meal Prep	Kitchen				
	7:00 PM	Wellspring	B-8				
	7:30 PM	Monday Men	B-8				
25-Jan Tuesday	2:00 PM	Staff Meeting	Study				
	6:30 PM	AdEd: When Faiths Collide	B-8				
26-Jan Wednesday	6:00 PM	Finance Committee	B-8				
28-Jan Friday	9:00 AM	Activity Fair setup	Emerson				
29-Jan Saturday	1:00 PM	Bill Webb Memorial	Sanctuary, Channing, Kit				

Green Sanctuary discussion

Sunday, Jan. 16, 11:45 a.m.

Topic: Nuclear Power; Leader: Arden Dockter

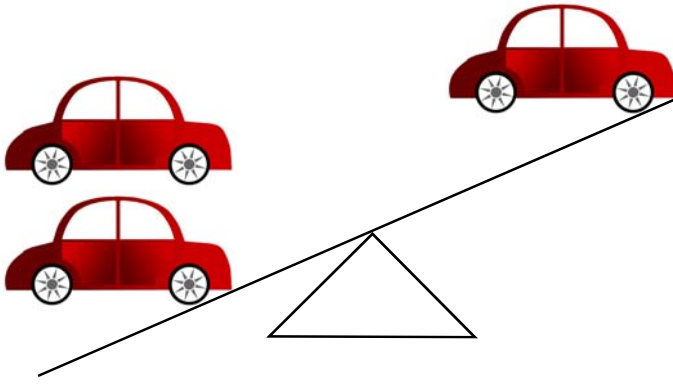
Looking Ahead

Feb. 5 Elegant Pasta Dinner

Feb. 5 Karaoke

Feb. 26 Wine and Cheese Tasting

News



Get on the map! The car pool map, that is.

The Green Sanctuary committee has yet another idea to save on gas, save the planet, and enhance our FUUSA community at the same time. Wouldn't it be nice to be picked up this winter instead of sitting in your cold car? Or, wouldn't it feel good to give someone a ride so they don't have to sit in their cold car.

Put your name on the FUUSA Car Pool sheet on the Sign Up Site bulletin board in Channing Hall. We'll locate your address on our Google map and then you will be able to see where your FUUSA neighbors are located. Thank you, Sandy Steubing

Clothing sale report

Thanks to so many of you who donated to our annual clothing sale and to all the folks who worked to make the sale a success. We earned over \$2400 at the sale and hope to earn more through eBay sales of vintage items. This sale primarily benefits our neighborhood whose residents are our primary customers. Whether it's the staff from SUNY across the street or our West Hill neighbors, folks come back every year and tell us how much they appreciate our hard work to organize, sort and in general make good quality clothing easy to buy. We have many opportunities to make sure that the folks who most need the clothes get an extra good deal. We particularly enjoy the bag sale where folks in effect pay to help us clean up. It's a different message to someone when we sell them a bag of clothes for \$5 instead of giving them clothes for free. They have a good time shopping and we make sure things go to those who need them most. And to the FUUSAns who shopped green and re-

Flyers in this issue

At the end of this newsletter you will find full page items on:

- ◆ Lifespan Learning
- ◆ Elegant Pasta Dinner

cycled great things congrats on the great deals!!

We donated unsold items to many groups including Great Finds (the store for Clearview Center Albany), Capital City Rescue Mission Free Store, Homeless Action Coalition, Capital District Psychiatric Center, Refugee Resettlement Center, and the Salvation Army. One third of our profits go to the FUUSA budget and we donate the balance to area organizations and causes.

Lookin' good...

After two busy years of purchasing furnishings and decorating or redecorating our building, the Art and Aesthetics project list is much shorter. But we still have items to buy and things to decorate. If you count yourself among those of good taste or strong backs or both and would like to join the Art and Aesthetics Committee, we have two vacancies on the committee. FYI our upcoming project is new signs inside and outside the building. Email Carolyn Stetson for more info.

Your opinion matters!

FUUSA's Committee on Professional Ministry (COPM) would like to hear from you. One of our responsibilities is to ensure that the professional minister—Reverend Sam Trumbore—receives feedback from the congregation on how well he's doing his job, both positive and negative.

There is no lack of activities and programs at FUUSA, and we are always reaching out to do more, both within our walls and in the larger community. We are also looking to plan our future based on our strategic planning efforts undertaken over the past couple of years. No matter how active we are and no matter how many programs we undertake or issues we address, the professional ministry is at the core of most everything we undertake. We want your feedback. Rev. Sam wants your feedback.

It's easy for you to share your thoughts with us. You can contact any one of us at church, by email

or phone. You can give us your feedback at that time, or send us a letter, or ask us to arrange for you to meet with our entire committee, with or without Sam in attendance.

We prefer not to receive anonymous comments, because there is no way for us to follow up to get additional information, or to put the comments in context. But, if you are uncomfortable about expressing your opinion, we will respect requests for confidentiality.

If you're a member of a committee that would like one or more of us to meet with your committee, just ask. We already plan to reach out to three groups that work closely with Sam: the Board of Trustees, the Religious Services Committee and the Religious Education Council. If you have suggestions for other ways for us to reach out to the congregation, please let us know. Our goal is to assure that varying points of view are heard and considered, that issues are resolved with dignity, fairness and justice for all involved, and that the congregation's interests are served. We look forward to hearing from you, anytime. Committee members are:

Mary Applegate

Al DeSalvo

Margie Eddy

Ben English,

Jonathan Newell

**Need to talk?
FUUSA Pastoral Care
Associates are here
to listen!**

Our Pastoral Care Associates have been trained in compassionate listening skills and are available to all members and friends of our congregation. To contact a Pastoral Care Associate, email listeners@albanyuu.org, contact Reverend Sam Trumbore, the FUUSA office at 518-463-7135, or one of them personally. They are: Jon Newell, Phil Rich, Sharon Babala, Jan Satin, Jean Bolgatz, Randy Rosette, Mark Yolles and Robin Miller.



Get Connected Activity Fair

Sunday, Jan. 30

FUUSA is full of activity – lots of them are posted on boards in Channing Hall. But there are many other things that go on at FUUSA that you may not know about. Sunday, January 30th is your chance to “Get Connected” and find out what opportunities are available at FUUSA!

Emerson Community Hall will be set up with tables and representatives from the various groups at FUUSA – from Religious Services Committee, garden group, book groups, Oriel, and Small Group Ministry to Earth Spirits, Meditation Group, Life-span Learning, social and justice activities, Caring Network, Finance, and Religious Education Council. There is something for everyone. Come to Emerson Hall after the service on January 30th and explore the many opportunities available at FUUSA.

To make it even more fun, there will be a “raffle” to participate in – one for kids and one for adults. Stay tuned for more!--Barb Manning

Lunch with the Minister

Noon, Sunday, Jan. 30, at Van's on Central

Are you new to our congregation and would like to get to know our minister? Rev. Trumbore will be available on January 30th after the Sunday service for lunch and conversation about Unitarian Universalism, our congregation, religion, spirituality, philosophy, ethics, ideas ... and whatever else comes up! For January, we will meet at Van's Restaurant on Central between Lake and Quail on the north side of the street. Please RSVP by 11:30 am that Sunday to Rev. Trumbore (in person, email: lunch@uumin.org or call: 463-7135) so he'll know how many seats to reserve. NOTE! Space is limited for this to be effective so call early!

Budget requests due January 16, 2011

The budget form for FY 2011-12 can be found on the FUUSA web site at <http://www.albanyuu.org/budgetform.pdf>, or in the File Cabinet. If necessary, the office can supply you with a printed form.

If you have questions please contact Steve Moskowitz, Finance Committee chair.

Lifespan Learning

A full slate of courses! See separate flyer at end of this newsletter for details.

Interfaith Dialog: Etiquette and Rules of the Road When Faiths Collide

Tuesdays, Jan. 11- Feb. 1, 6:30 to 8:30 PM

Tarot as a Spiritual Practice: The Art of Numbers

Session 2 of a Two-Part Workshop (rescheduled)

Saturday Jan 22 , 3:00 pm

“Crash Course”

Mondays, Feb. 7- Mar. 28 , 5:30 – 7:00 PM

“For The Next 7 Generations”

Friday, Feb. 11, 7:00 PM

Living and Teaching Ethics in Your Family

Friday, Feb. 18 , 6:30 PM

Discussion with Rev. Dr. Elizabeth Strong

Sunday, Feb. 20

Newcomer orientation

Learn about Unitarian Universalism and FUUSA

We invite you to meet with others who are new to the congregation at our next **“Getting to Know UU”** session, scheduled for Saturday, January 22 from 8:45 a.m. to noon.

We’ll start with coffee and snacks and getting to know each other: new folks, Membership Committee, and Rev. Sam Trumbore. You’ll learn about Unitarian Universalism and about our congregation, and you’ll get a chance to ask all the questions you’ve been collecting. We’ll talk about how to get involved in the FUUSA community and about becoming a member. All in all, it’s a fun morning of conversation and fellowship, and a pleasant first step on the path to membership!

There is a sign up sheet in Channing Hall (at the Sign Up Site), or you can call Amy Lent interim Membership Coordinator (and Church Administrator) at the church office, 463-7135.

The next **“New Member Recognition Sunday”** is February 6. If you are interested in becoming a member please call either Kathy Hodges or Amy Lent at the church office.

New Member Sunday

On Sunday, February 6, we will welcome new members into our congregation. Newcomers who have recently signed our membership book, and others who want to join, are encouraged to come and be recognized.

Membership is open to all. To become a member of FUUSA you will start by signing an Intent to Join. There is no test of faith or belief requirement to join our community, only general agreement with the purpose of our organization. The expectations of membership are: participation on Sunday morning; involvement in and helping with our activities; and financial support of the congregation. Each expectation is flexible depending on each person’s ability to participate.

One officially becomes a member by signing the membership book in the minister’s office. And then we will welcome you to the congregation during the Sunday service on New Member Sunday! Please call either Kathy Hodges, Chair of the Membership Committee or Amy Lent, Interim Membership Coordinator (at the church office, 463-7135) if you are interested in becoming a member.

Our Community

Channing Circle

January 17, 12 PM

Channing Circle will have its monthly meeting on Monday, January 17 at 12 PM. A mistake was made stating that Abby Sugarman would be the leader; instead the presenter is Mark Yolles who will be presenting the topic, “Refugees in Albany.”

Come join us with your sandwich and/or salad.

Dessert will be provided by Judy Hanson. We’ll see you on the seventeenth. Thayer Heath

Have you returned your Guest At Your Table box?

A reminder that we have started the process of counting up the totals for the 2010 Guest at Your Table contributions. As was noted in the January Windows, we would appreciate having all boxes,

checks, etc. returned to the RE office by Sunday, January 16. Please turn in your generously filled box or check as soon as possible. Thank you from the Unitarian Universalist Service Committee local representative, Don Odell, on behalf of the UUSC.

CommUUnity Potlucks

FUUSAns meet occasionally in members' homes in various neighborhoods for a potluck dinner. New-comers are always welcome! Call the church office if you would like to host a potluck.

“Guilderland Plus” will meet in Voorheesville

Friday, Jan. 21, at 5:30 PM.

The Guilderland Plus potluck dinner group will meet on Friday, January 21, at 5:30 p.m. at the home of Maria Joyner and George Kleinberger. Please call them for directions and pot luck to be shared.

Wine and Cheese 2011

Saturday, February 26, 2011, 7:00 pm

\$25. Extra cheese and wine will be sold at end of the event, and all proceeds will go to the FUUSA General Fund.

Last year we gathered together as a community to celebrate the profound, rich simplicity of cheese, wine and bread. Eric Paul led us through the tradition and craftsmanship of artisan cheeses. We took our time, tasting and sharing four beautiful cheeses from our region – New York, the Berkshires, and Vermont.

This year, FUUSA's fifth annual Wine and Cheese tasting, will turn to featuring artisan cheeses from a single country – Switzerland. Eric Paul will share with us new artisan cheeses, made high in the Alps, and discuss the cheese-making traditions of the region. Many of these cheeses have only become available in the United States in the last few years. Swiss cheese is now more than Emmentaler and Gruyere. There will be five artisan cheeses carefully paired with delectable wines.

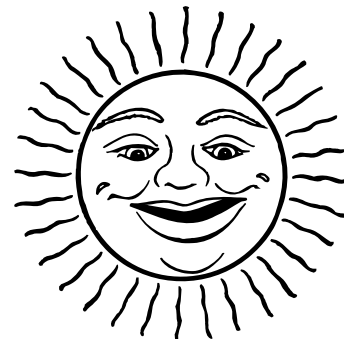
Sign up on Sundays in Channing Hall.

Joys and Caring Corner

Edited for the Web: Personal information and contacts removed, as well as children's last names. Web viewers needing more information are invited to contact the church office at administrator@fuusalbany.org.

If you need the services of the Caring Network, please call the office during regular hours at 463-7135.

Items of personal joy or caring may be submitted during the service on the yellow cards provided, or directly to Ann Lapinski or Mary Ann Randall.



Social Justice

The Social Responsibilities Council is striving to improve the way we carry out our mission and to involve more of you in what we do. We know that many of you are interested in social justice and want to be involved. It is gratifying the number of you who respond to various needs. Kudos to Karen Green who stepped up to the challenge to cook a meal for 25 and deliver it to the homeless shelter despite the snow storm on December 27 when, alas, poor Lois was stranded in balmy San Francisco and couldn't get back to help.

You also respond generously to Give Away the Plate. We will be asking for your generous support again for aid to the Arbor Hill Food Pantry on January 16. This food pantry has operated out of a garage of a city-owned former firehouse building, but this is no longer feasible during the winter because the building lacks heat. The pantry has moved temporarily to the building lobby, however, this space cannot accommodate the increasing number of people who need this food. Trinity Institute is reaching out to the community to help with funds to rehab the space. They will be most appreciative of any help we can give.

Alison Coleman, chair of the Washington Square Neighborhood Association has invited all interested persons to the next meeting, Wednesday, January 12, 7 PM at FUUSA to hear their guest speaker, the new Chief of Police, Steven Krokoff. The Community Coalition to Prevent Violence will meet at FUUSA on Thursday, January 13 at 6 PM. The meeting is open to any who are interested in how Albany is responding to reduce violence.

On Jan. 5 several of us gathered with other advocacy groups at the Capitol under the office of the governor for the State of the People addresses. Our own Robb Smith added the thoughts of Interfaith Impact and the sentiments of FUUSAns to give New Yorkers a budget that reflects the needs of the residents of New York,

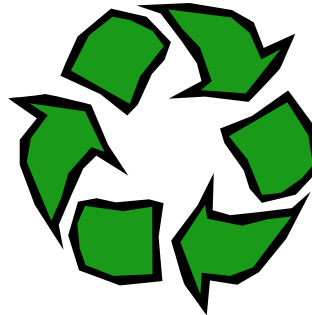
Looking forward to this new year to be Standing of the Side of Love with you.

Lois Griffin

Green Sanctuary

Our third Green Sanctuary discussion group led by Arden Dockter will be held in Room B-8 on Sunday, January 16 at 11:45 AM. The topic is nuclear power and some of the new designs and projects being planned. Whether you pro or con on the use of nuclear power it helps to have information on what is being planned in that field. Arden's professional field is Medical Radiation Physics and he received his undergraduate degree from Concordia College in Minnesota and his M.A. in Medical Physics at UCLA. Arden has worked in Medical Physics since 1974 and is presently semi-retired.

Remember to sign up for our Car Pooling Project to continue to help FUUSA members reduce their carbon footprint and enjoy an opportunity to spend time with new and old members.



Starting on Monday, February 7, Sandy Steubing will be presenting "Crash Course" looking at an important environmental issue which will be thoughtfully provoking.

CSAI February 1 deadlines

As was noted in the January Windows, the vote closes on February 1 in the Congregational Poll to approve placing the Draft Statement of Conscience (SOC) on Ethical Eating on the Final Agenda for the 2011 UU General Assembly. This is also the deadline for submitting comments on this draft SOC. If you think that FUUSA should be involved in this process, consult your January Windows, review details online at <http://www.uua.org/aboutus/governance/electedcommittees/socialwitness/> (**a corrected link from that in the January Windows**), and Ethical Eating can be found at <http://www.uua.org/socialjustice/issuesprocess/currentissues/ethicaleating/index.shtml>, and contact FUUSA's Denominational Affairs liaison, Don Odell immediately.

Parking at First UU

Parking for FUUSA is available on most Sundays (and for some special events by request) at the University at Albany parking lots. These are the **Hawley Lot** on Robin Street at Washington Avenue and the **Thurlow Terrace Lot** on Western Avenue. We do not have permission to use any other parking spaces on the University campus, including the ones through the arch.

If you are coming here for some other event outside of our usual Sunday morning activities, you must park on the street.



When there is a change in parking information it will be posted in the front lobby and mentioned in the order of service and the newsletter. For example, we know we cannot use the lots on commencement weekend.

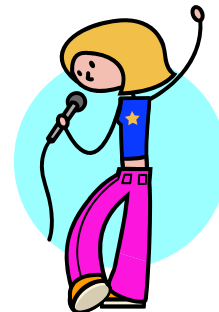
Committee chairs planning large events at FUUSA are encouraged to ask for parking permission for their event. You can request permission to use the SUNY lots by asking church administrator Amy Lent to contact the University. Once you have received permission for your event to use the lots, you should include that fact in all your event publicity.

Saturday, February 5 Karaoke and Open Mike Night



7:00 - 9:30 pm
Emerson Community Hall

Admission:
\$10/person
\$4/children under 10
(Family max \$20)



Beverages and light snacks included in admission with pizza available for a small fee.

Sponsored by the Music Committee
(Don't forget —there is also the Elegant Italian Dinner at 6:00 pm benefiting the Rite of Passage trip. See flyer!)

January Sunday Volunteer Opportunities—Sign up in Channing Hall at the Sign Up Site.

	Lead Usher (1)	Ushers (3)	Coffee Hosts (2)	Greeters (2)	Chalice Lighter
Jan. 16	K. Harris	R.&B. Warner C. Searing	M. Myers F. Barker		K. Myers
Jan. 23	D. Dana	S. Smith, F. Eames, A. Patti	M. DeVolder		C. Daniels
Jan. 30					R. Beberwyck

Contact Us

Board of Trustees 2010-2011

email: board@albanyuu.org

Executive Committee

Chuck Manning, President
Peg Sherman, Vice President
Dave Metz, Treasurer
Donna Meixner, Secretary

Trustees

Debbie Brown
Dick Dana
Donna Doran
Todd Gray
Randy Rosette
Dave Street

Ex-officio Members

Sam Trumbore, Minister
Molly Daniels, Chair Religious Education Council
Lois Griffin, Chair Social Responsibilities Council

Elected Officer (not on Board of Trustees)

Mike Babala, Assistant Treasurer

Staff

Minister

Rev. Sam Trumbore strumbore@uumin.org

Church Administrator, interim Membership

Coordinator

Amy Lent administrator@albanyuu.org

Director of Religious Education

Leah Purcell dre@albanyuu.org

Music Director

Matt Edwards mge01@yahoo.com

Administrative Assistant/Sexton

David Stone sexton@albanyuu.org

Rental Agent

Lynne Lekakis kaneandlekakis@gmail.com

Custodian

Olga Oja

Regular meeting days

Check current calendar for time and location
Board of Trustees, 3rd Thursday
Program Coordinating Council, 2nd Thursday

First Unitarian Universalist Society of Albany

Phone: 518.463.7135

Address: 405 Washington Avenue, between Robin Street and Lake Avenue, Albany, New York 12206

Main entrance is on Washington Avenue. Rear entrance is on West St. Both have ramp access. The building is fully handicapped accessible.

Parking: Parking is available on the street. On Sundays (and for some special events) FUUSA has permission to use the University at Albany's downtown campus parking lots: the Hawley Lot on Robin Street at Washington Avenue and the Thurlow Terrace Lot on Western Avenue.

Office hours

September-June: Monday-Friday, 9:00-4:00
July-August: Monday-Thursday 9:00-12:00

Building use

To **reserve a room** for a FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or dstone@albanyuu.org).

To **rent classroom space** for a personal or non-FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or dstone@albanyuu.org).

To **rent one of the large halls** or plan for an event that will use both halls and classrooms for a personal or non-FUUSA activity, contact Rental Agent Lynne Lekakis (427-7386 or kaneandlekakis@gmail.com).

Windows is the newsletter of the First Unitarian Universalist Society of Albany. It is published monthly, except July and August, in the offices of the Society at 405 Washington Avenue, Albany, NY 12206, and distributed to members and friends of the Society. Church office phone is 518-463-7135.

Editors: Amy Lent, Irene Saulsbery
Photos: Chris Strebel

Send all submissions to:
Windows@albanyuu.org or to the church office.

Next publication deadlines

February *Windows*: Jan. 17
February *Update*: Feb. 7

Elegant Italian Dinner

Put on by the Rite of Passage Youth and Mentors
to Benefit Their Trip to Boston

Saturday, Feb. 5

6:00 pm

in Channing Hall

(plenty of time to attend
karaoke too!)



Menu

Tuscan Bean Soup
Gourmet Ravioli with
Homemade Sauce
Bread
Salad
Tiramisu and Other
Desserts
Wine and Other
Beverages

**Tickets: \$25.00
per person**

Limited Seating

**Sign Up in Channing Hall
in January
or call the FUUSA office
(463-7135)**

Lifespan Learning at FUUSA

January-March 2011

Sign up for classes at the Sign Up Site in Channing Hall or call the office at 463-7135. Courses are held at FUUSA.

Interfaith Dialog: Etiquette and Rules of the Road When Faiths Collide

Tuesdays, Jan. 11- Feb. 1, 6:30 to 8:30 PM

Facilitated by Robb Smith, Executive Director, Interfaith Impact of NYS

Religious conflict is everywhere and growing. Working with excerpts from the book When Faiths Collide by Martin Marty (a leading religious commentator and historian), on-line resources, and other materials, we will look at suggested etiquette for interfaith dialog, pluralism and tolerance in world religions, pluralism in America, when dialog does and does not work, the role of the media, and other issues.

Tarot as a Spiritual Practice: The Art of Numbers

Session 2 of a Two-Part Workshop (rescheduled)

Saturday, Jan. 22 , 3:00 pm to 6:00 pm

Dr. Alifair Skebe

This class will explore the Minor Arcana of the Tarot, or the "playing cards," through numerology, the study of numbers. Numbers have their own esoteric meaning and can suggest symbolic value irrespective of mathematical significance. No experience is necessary! Come learn about and practice the finer, meditative aspects of the Tarot.

"Crash Course"

Mondays, Feb. 7- Mar. 28 , 5:30 – 7:00 PM

Sandy Steubing will present the "Crash Course" by Chris Martenson. This is an eight week modular course which means you can take one session or take them all. The course title is actually a misnomer in that it will help us prepare for resource depletion and financial chaos instead of crashing as a result of their occurrence. Bring your supper.

"For The Next 7 Generations"

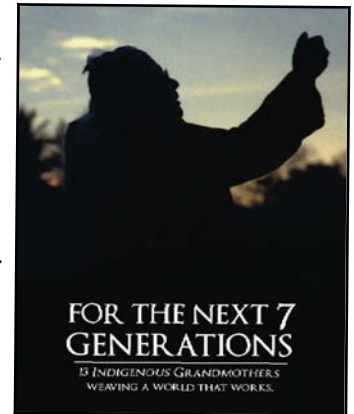
Friday, Feb. 11, 7:00 PM

Emerson Community Hall

Tom Mercer will be hosting an evening to view and discuss "For The Next 7 Generations", an inspiring

film that reveals the importance of indigenous knowledge for our time.

In 2004 thirteen wise elder women shamans from all four corners of the world, moved by their concern for our planet, came together at a historic gathering, where they decided to form an alliance: The International Council of Thirteen Indigenous Grandmothers. This film is their story.



Facing a world in crisis, they share with us their visions of healing and a call for change now, before it's too late. Discussion and a free will offering in support of the work of The Grandmothers will follow the screening.

Living and Teaching Ethics in Your Family

Parenting Workshop

Friday, Feb. 18

Desserts at 6:30 PM, program from 7:00—8:30 PM
Channing Hall, Childcare available upon request

Facilitated by Leah Purcell

"It likely comes as no surprise that the morality of adults reflects their moral education as children. What may surprise some, given traditional beliefs about moral education, is which kind of moral education leads to which result"
Molleen Matsumura,
from Raising Freethinkers

Whether we like it or not, everything we do teaches values. Using the work of Dale McGowen, author of Raising Freethinkers, we'll each look at our own core values and parenting styles, and learn ways to help children develop their internal moral compasses. We'll practice activities you can use right away at home to set up and sustain a framework to practice ethics with reason and compassion.

This is a reprise of the workshop Leah offered at UU Weekend at Silver Bay.

Discussion with Rev. Dr. Elizabeth Strong

Sunday, Feb. 20

After the service Rev. Dr. Elizabeth Strong, parish minister at Ashby, Mass., will present on a Religious Education topic.