

## Sundays at FUUSA

*Please join us on any Sunday for:*

*Mindfulness Meditation, Religious Education for children and youth, the Service, Coffee Hour, or any combination thereof. Other programs include Forum (social justice topics), Children's Chapel, Green Sanctuary Discussion (environmental topics,) War Healing Circle; social events, and adult education.*

**All are welcome!**

# WINDOWS update

Newsletter of the First Unitarian  
Universalist Society of Albany

Mid-May 2011

### In this issue:

- 1 ..... Services
- 2 ..... Calendar
- 3 ..... News
- 5 ..... Lifespan Learning
- 6 ..... Our Community
- 8 ..... Social Justice
- 11 ..... Contact Us
- 12 ..... Flyers

### Sunday Schedule

9:00 AM

Mindfulness Meditation

9:45 AM

Nursery/Toddler rooms open

10:00 AM

Service

Children's Chapel

*(1st Sunday/mo.)*

Religious Education

11:00 AM

Coffee Hour

11:45 AM

Forum *(2nd & 4th Sundays/mo.)*

Green Sanctuary Discussion

*(3rd Sunday/mo.)*

7:00 PM

War Healing Circle

*(2nd & 4th Sunday/mo.)*

## Services

### May 15 "Rite of Passage Sunday," Rev. Sam Trumbore

The Rite of Passage is our year long program for ninth and tenth grade high school students. They work with an older Mentor who meets with them monthly to help them develop their individual beliefs. This service will be an expression of their development during their year together shaping and defining their Unitarian Universalist faith.

### May 22 This I Believe

As Unitarian Universalists, we honor the voices of members of our congregation in their individual search for truth and meaning. This service provides an opportunity to hear the personal reflections on life from FUUSAns Sue Stierer, Russ Myer and Cathy DeMille. Music: Mary Edwards (piano)



### May 29 "The War Isn't Over, Even Now," Rev. Sam Trumbore

For the last nine years a steady stream of our young men and women have gone off to war in Iraq and Afghanistan. They serve, they kill, they witness and participate in brutality, they suffer physical and psychological harm, then they come home. And the war comes home with them, a war they continue to fight in their dreams and in their subconscious. Whether the 9/11 wars or the Gulf War, or Vietnam or Korea or World War Two, if we send them to fight for us, we have an unending responsibility for them when they return. Music: Choir

# Calendar

## Events happening every Sunday at FUUSA

9:00 AM	Mindfulness Meditation	Sanctuary	Exceptions:
10:00 AM	Service	Emerson	
10:00 AM	Children's Chapel (1st Sunday/mo.)	Sanctuary	
10:00 AM	Religious Education	Classrooms	
11:00 AM	Coffee Hour	Channing, Emerson	
11:45 AM	Forum (2nd & 4th Sundays/mo)	Emerson	
11:45 AM	Green Sanctuary Discussion (3rd Sun./mo)	B-8	
6:00 PM	War Healing Circle (2nd & 4th Sundays/mo.)	Emerson	

## Events happening every week in the month of May

Tuesdays	10:00 AM	Philosophy Group	B-8	Exceptions:
	1:00 PM	Bridge	B-8	
Wednesdays	10:00 AM	Projects & Quilts	B-8	
	7:00 PM	Choir Rehearsal	Emerson	

## All other events happening in the month of May

<b>10-May</b>	<b>Tuesday</b>			<b>24-May</b>	<b>Tuesday</b>	
5:30 PM	Lifespan Group	Room B-7		6:45 PM	Pastoral Care Associates	Room B-7
<b>11-May</b>	<b>Wednesday</b>			<b>25-May</b>	<b>Wednesday</b>	
2:00 PM	SGM Patka	Room B-5		2:00 PM	SGM Patka	Room B-5
5:30 PM	Religious Services Committee	Room B-8		<b>26-May</b>	<b>Thursday</b>	
<b>12-May</b>	<b>Thursday</b>			6:30 PM	Finance Committee	Room B-8
6:00 PM	Board/PCC Dinner Meeting	Channing Hall, Kitchen		7:00 PM	SGM Sherman	Room B-5
7:00 PM	SGM Sherman	Room B-5		<b>31-May</b>	<b>Tuesday</b>	
<b>13-May</b>	<b>Friday</b>			7:00 PM	Introduction to Wellspring	Room B-8
12:00 PM	Setup coffee house	Emerson Community Hall		<b>1-Jun</b>	<b>Wednesday</b>	
6:00 PM	Oriel Coffeeshouse	Emerson Community Hall, Kitchen		2:00 PM	SGM Patka	Room B-5
<b>14-May</b>	<b>Saturday</b>			<b>2-Jun</b>	<b>Thursday</b>	
8:45 AM	Getting to Know UU	Channing Hall, Kitchen		7:00 PM	Advocates for Welcoming Congregation	Chan, Kit.
9:30 AM	Neighborhood Clean Up	Robin & West		<b>4-Jun</b>	<b>Saturday</b>	
7:00 PM	Dances of Universal Peace	Channing Hall		9:00 AM	Plant Sale	Offsite (Mannings')
<b>15-May</b>	<b>Sunday</b>			6:00 PM	CRUUNY Dinner	Emerson, Kitchen
11:45 AM	Annual Meeting	Emerson Community Hall		7:00 PM	Dances of Universal Peace	Channing Hall
<b>16-May</b>	<b>Monday</b>			<b>5-Jun</b>	<b>Sunday</b>	
12:00 PM	Channing Circle	Channing Hall, Kitchen		10:00 AM	CRUUNY service—UU Revival	Offsite (Round Lake)
6:30 PM	Lifespan: "Owning Your Religious Past"	Room B-8		<b>7-Jun</b>	<b>Tuesday</b>	
6:30 PM	SGM Collins	Room B-5		7:00 PM	Christian UUs	Room B-8
<b>18-May</b>	<b>Wednesday</b>			<b>8-Jun</b>	<b>Wednesday</b>	
2:00 PM	SGM Patka	Room B-5		2:00 PM	SGM Patka	Room B-5
<b>19-May</b>	<b>Thursday</b>			<b>9-Jun</b>	<b>Thursday</b>	
7:00 PM	Board of Trustees	Room B-8		7:00 PM	Program Coordinating Council (PCC)	Room B-8
<b>20-May</b>	<b>Friday</b>			<b>10-Jun</b>	<b>Friday</b>	
6:00 PM	Parent Potluck	Channing, Kitchen		7:00 PM	Peace Team Movie Event	Channing, Kitchen
<b>21-May</b>	<b>Saturday</b>			<b>11-Jun</b>	<b>Saturday</b>	
6:00 PM	Circle Dinners	Offsite		9:00 AM	RE Council Retreat	Channing, Kitchen
<b>22-May</b>	<b>Sunday</b>			6:00 PM	"Eat and Greet" Potluck	Channing, Kitchen
11:45 AM	Forum: Richard Smith	Room B-8				
11:45 AM	Green Sanctuary Committee	Room B-7				
12:00 PM	Rite of Passage	Channing Hall, Kitchen				
7:00 PM	War Healing Circle	Room B-8				
<b>23-May</b>	<b>Monday</b>					
5:30 PM	Lifespan: "Crash Course Continued"	Room 26				
5:30 PM	Lifespan: "Owning Your Religious Past"	Room B-6				
7:00 PM	Wellspring Meeting	Room B-8				
7:30 PM	Monday Men	Room B-7				

### Looking Ahead

- June 4 Plant Sale
- June 5 CRUUNY service, picnic at Round Lake
- June 11 "Eat and Greet" Potluck
- June 12 Sundae Sunday

## News

### Annual Meeting Sunday, May 15

The Annual Meeting of the First Unitarian Universalist Society of Albany will be held in Emerson Community Hall on May 15 at 11:45 a.m. Items of business will include: report of the nominating committee and election, presentation and adoption of the 2011-2012 budget, and other business.

### Plant Sale—"You dig 'em, we sell 'em" Saturday, June 4

Our annual plant sale will be held Saturday, June 4<sup>th</sup> at 18 Salisbury Road, Delmar (Chuck and Barb Manning's house). If you have perennials that need thinning or that you have decided are no longer the perfect choice for your garden, dig them up, put them in pots and donate them to the plant sale. If you need pots, contact Barb Manning. Any donated plants must be potted no later than May 22<sup>nd</sup> so that the plants have time to revive from being dug up. Once you have them ready, call Donna Meixner, Jan Satin or Barb Manning to arrange pick up or drop off. We can store them until the plant sale. Thanks!--Barb Manning

### Flyers in this issue

At the end of this newsletter you will find full page items on:

- ◆ UU Revival flyer
- ◆ Eat and Greet Potluck flyer
- ◆ UU Weekend Registration form

### Young adults invited to participate in Bridging Ceremony June 12

Calling everyone who recently graduated from our RE program and other young adults near and far to come to the worship service on June 12. We need you for our bridging ceremony so that our graduating seniors can cross over from the high school youth group to young adulthood. Who is considered to be a "young adult"? I think you know who you are. Contact me, Leah Purcell at [dre@albanyuu.org](mailto:dre@albanyuu.org) or 518.463.7135 if you'd like to participate in the ceremony.

### Neighborhood clean-up (and PIZZA!) Saturday, May 14

9:30 AM Meet at the intersection of Robin St. and West St. (the "point")

11:30 AM Gather back at FUUSA lobby for pizza

Join us for a clean-up of trash in open spaces and around neglected houses. Bring brooms, shovels, rakes, etc. (Garbage and composting bags will be provided.) Come to Robin and West at 9:30 to form clean up teams.

### Board takes three significant actions

At the April Board meeting motions were passed adopting the Toward a Safe Congregation Policy and establishing a Lifespan Learning Committee. Copies of the Policy are available on the FUUSA web site. The next step as we begin implementing the policy is to establish the Safe Congregation Response Team (SCRT.) SCRT members will include the Minister, the DRE, one Board of Trustees member, one Religious Education Council member, and two additional members from the FUUSA community. Once appointed, the SCRT will work on developing an implementation plan.

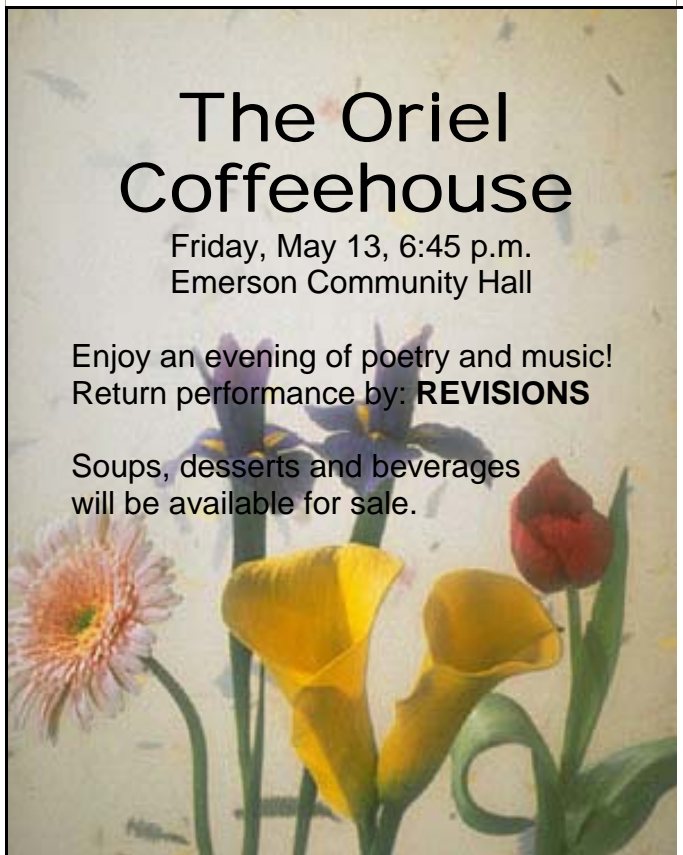
The Board appointed Jane Lax as chair of the Lifespan Learning Committee. The Committee is charged with facilitating and coordinating lifespan

## The Oriel Coffeehouse

Friday, May 13, 6:45 p.m.  
Emerson Community Hall

Enjoy an evening of poetry and music!  
Return performance by: **REVISIONS**

Soups, desserts and beverages  
will be available for sale.



learning opportunities to promote ongoing growth and development within our congregation. The committee will create a Lifespan Learning program plan to present to the Board and an annual committee report and budget request. The Lifespan Learning Committee will work in conjunction with other FUUSA committees, leadership and individual members to facilitate and coordinate adult learning classes, workshops and programming at FUUSA in response to current initiatives and identified needs. The Lifespan Learning Committee will support and assist the Director of Religious Education and the REC to facilitate and coordinate multi-generational and inter-generational learning opportunities.

The final significant action taken by the Board was to agree to initiate a conversation with the congregation on adopting an Inclusiveness Statement. The discussion will begin with an introduction of the statement at the Annual Meeting on May 15. A draft of the statement is provided below:

*Systems of power, privilege, and oppression have traditionally created barriers for persons and groups with particular identities, ages, abilities, and histories. We pledge to do all we can to replace such barriers with ever-widening circles of solidarity and mutual respect. We strive to be a congregation that truly welcomes all persons and commits to structuring our congregational life in ways that empower and enhance everyone's participation.*

### **UU Revival and Brooks BBQ!**

See the flyer in this Update for information on the exciting CRUUNY Revival Service at the Round Lake Auditorium on Sunday, June 5 at 10:30 AM. Please note that parking is extremely limited so travel in by the carload. Carpoolers may choose to meet at the SUNY parking lot on the corner of Robin Street and Washington Avenue across from FUUSA by 9:15 or the northeast corner of the Latham Circle Mall parking lot (intersection of Routes 9 and 2) by 9:30.



*The Round Lake Auditorium, site of the June 5 "UU Revival" service hosted by the five local UU congregations.*

Following the service, rain or shine, there will be a Brooks BBQ picnic on the grounds of the Auditorium. Tickets are on sale each Sunday in May at a table near the SRC table. Full meals that include chicken, ribs, baked potato, salad, beverages and dessert are \$15 for adults and \$10 for children 12 and under. Contact Kathy Harris if you have any questions.

### **Concert to benefit Koinonia**

A benefit concert for Koinonia Care will be held at FUUSA in Emerson Community Hall on Saturday, May 21 at 7:00 PM. Members of the Classical Guitar Society of Upstate New York will present a program of Classical, Baroque, Jazz, Popular, and Brazilian guitar music. Performers will include Frederic Hellwitz, Harry Pellegrin, William Simcoe with the Spiral Ensemble, Bill Wynans, and others. This event is being co-sponsored by FUUSA's Social Responsibility Council. All proceeds will be donated to Compassion in Action, the tax-exempt organization affiliated with Koinonia Primary Care, Dr. Robert Paeglow's medical clinic which serves residents of the Albany West Hills neighborhood. General admission tickets are \$20 for the public, \$15 for members of FUUSA. Light refreshments will be served following the concert. Tickets will be on sale at coffee hour on May 15.

## Lifespan Learning

### Adult Education

Sign up for classes at the Sign Up Site in Channing Hall or call the office at 463-7135. Courses are held at FUUSA.

### Owning Your Religious Past - Plus

A two-session workshop co-facilitated by Leah Purcell and Brian Carr

#### NOTE CORRECT DATES:

**Mondays, May 16 and May 23**

6:30 – 8:30 pm, Room B-8

Through reflection, discussions and journal writing we'll explore what our past religious perspectives and experiences have been and who we hope to become as UUs, both as individuals, and within our families.

This two part workshop is geared for all FUUSA adults - new comers and longtime UU's, parents and others. Sign up in Channing Hall or contact Leah Purcell dre@albanyuu.org or 463-7165.

### FUUSA Parent Group

Join us on Friday, May 20, for a discussion of: 'Presenting Present Parenting, Practicing Stillness in Your Parenting' based on the book Everyday Blessings by Jon and Myla Kabat-Zinn. The following questions will frame our discussion:

1. How do you practice stillness? Through meditation, yoga, experiencing nature, prayer?
2. How do your children show you stillness? Through your child's laugh, during bath time, at night time discussion of the day's events, during story time?
3. How do you include stillness in your parenting?

We begin at 6 PM with a potluck dinner, please bring a dish to pass and a beverage; followed by a parent discussion from 7 to 8:30 PM. Childcare is provided. Please contact Paula Brewer for more information.

### Introducing Wellspring

A program of growth and development  
Tuesday, May 31, 7:00 pm

Come find out about the year long spiritual deepening program first developed by the Rev. Jen

Crow, minister at First Unitarian in Rochester and now being used in other UU congregations. This year four FUUSAns, Dave Munro, Dawn Dana, Tom Mercer and Linda Way, participated with three members from Schenectady in a pilot Wellspring program led by the Reverends Trumbore and Richter. This introduction will go over the Wellspring program then you can hear directly from the participants what they experienced. Next fall we will have a Wellspring class for our congregation led by Tom and Linda.

### Sunday School: end of the year schedule

**May 15 Rite of Passage Service** – fifth through twelfth grade will attend the service; other children will have a regular session of Sunday school

**May 22 Regular session** of Sunday school

**May 29 Last day of Sunday school**—Memorial Day Weekend Some classes will combine and have special celebrations

**June 5 Multigenerational CRUUNY service** in Round Lake

**June 12 RE Sunday** - with RE volunteer recognition, a Bridging Ceremony for our graduating seniors, performance by Ruth Pelham, and Sundae Sunday

**June 19 First Sunday of multi-age summer session**

### Summer session for children and youth

June 19 to Sept 5

Summer session includes activities geared for children ages 3 through about 11 around a theme. Infants and toddlers are cared for by our paid staff. Older children and youth are welcome to help the younger children or to attend the service. We all gather for the "Lemonade Hour" at the back of Emerson Community Hall after the adult service ends.

Summer session is a wonderful opportunity for children of different ages to interact. It offers families the ability to continue their usual Sunday morning schedule. It gives new families a chance to visit and learn about Unitarian Universalism and about our congregation.

Parents and those without children at home are invited to volunteer and join the fun. Signup sheets are posted in Channing Hall. Or see me if you have more questions.—Leah Purcell (email: dre@albanyuu.org; office phone: 463-7135)

## Rite of Passage 2011-2012

If you would like to volunteer as a mentor, or you have questions about the program (as a youth, potential mentor or parent) please contact Leah Purcell at dre@albanyuu.org or 463.7135. Rev. Sam

and Leah will meet with potential mentors and youth on May 22 to start the match-making process, and the first activity as a group will take place soon thereafter.

## Our Community

### 6 to 9 at 6:09: Circle Dinner Saturday, May 21

Have you signed up for a circle dinner? Circle dinners offer small groups a chance to socialize over a delicious potluck dinner in a private home. This is an extraordinary opportunity for newcomers to learn about FUUSA. While past participants have been adults, we encourage families with young children to sign-up for family-oriented dinners.

Sign-up forms for the May 21 dinner are available in Channing Hall or you can e-mail Martha Musser. You can sign up until May 10. Martha will send participants acknowledgements. If you haven't received one by May 12, please contact Martha. We hope you will take advantage of this opportunity to strengthen your connections with FUUSA, have an enjoyable evening, and contribute to a vital, nurturing religious community.

### Tending our garden

The Summer/Fall 2011 Gardening Schedule is posted in Channing Hall at the Sign Up Site. Our goal is to have a minimum of two volunteers each week to help maintain our continually blooming gardens! Please let Paula Moskowitz know when you sign up and if you need garden instructions. After gardening, it is helpful to pass information along Paula or to the next gardener regarding what you were able to accomplish and what you believe needs tending. Questions? Contact Paula Moskowitz. Thank you!

### Channing Circle May 16, 12 PM

Channing Circle will meet for lunch at noon on Monday, May 16. All older members of FUUSA are invited to bring a bag lunch and meet new friends and old. Dessert will be provided. Please bring a short item from the media (newspaper, magazine, internet) that is new and interesting to share with tablemates. An intricate system is in

place to select the most intriguing item brought to each table to then be shared with the entire group. Puzzled? Confused? Come and check it out!!

### Cancer Support Group Sunday, June 5

Are you a cancer survivor? Currently undergoing treatment? A support person who needs some support? FUUSA's Cancer Support Group will be holding a meeting/supper on Sunday, June 5, at Sandy and David Stone's home at 5 PM. Although over the past year we have remained somewhat dormant, we do exist and would like to help anyone making this journey. We have members who have survived different kinds of cancer, male and female. If you are interested, please contact Dave or Sandy. We have a potluck supper so let us know what you would like to bring. (Dave always cooks chicken outside.)

### "Eat-and-Greet" Potluck Saturday, June 11

Please join in for Community, Camaraderie and Conversation at "The Eat-and-Greet" Potluck Dinner on Saturday, June 11, from 6-8 p.m. This is a potluck OR pay event, meaning you can sign up to bring food, or sign up to just come (and pay at the door). A great chance for good food and intergenerational connections new and old! Contact Renee Panetta if you would like to help host this event.

### Caring Network: help needed

The Caring Network is looking for someone to take notes during Joys and Sorrows for two Sundays a month and write the column for the newsletter. Ann Lapinski has been doing this job for several years and is looking for a replacement. Mary Ann Randall will continue her role on the other Sundays. This job is so important to help our community know when we are in need and when we can join in the celebration...please consider. Thanks, Sharon Babala, Caring Network Chair

## Winston Hagborg, Unsung Hero

The Unsung Hero award recognizes members of our congregation who work on projects behind the scenes and whose volunteer work has occurred over a number of years in a variety of capacities. Today we are honoring Winston Hagborg for his deep commitment to our congregation's children and youth.

Winston Hagborg and Deborah Dewey and their daughter Heather came to the Capital Region from Brooklyn where they attended the Unitarian Universalist church. When Winston got a job in Chatham, he and Deborah began looking for a congregation for their family.

Once they found FUUSA Winston started and kept teaching in our religious education program. He taught Heather's class from the time that she was seven until middle school. He took a year off when their second daughter Hayley was born but then came back to teaching RE and has taught ever since.

By Winston's count it's 22 years of teaching religious education at FUUSA.

Ann D'Attilio, our Religious Education Director Emerita, thinks of Winston not only as a good teacher, which he was and is, but as someone with a quality that RE directors especially prize. She could always rely on Winston to volunteer and he would unfailingly follow through on every one of his commitments.

I had the pleasure of working with Winston on an



*Winston Hagborg receiving his Unsung Hero from Peggy Sherman.*

RE teaching team some years ago. He was always completely prepared for the class and worked with our lively classroom group to navigate the lesson and draw out its meaning in a calm, respectful way. I had a lot to learn from him.

Winston also made the additional commitment and took the special training to serve on a teaching team for About Your Sexuality. As the parent of two sons who went through AYS, I offer heartfelt thanks to you and your colleagues.

Today, after attending another special training workshop over several days, Winston is a member of the teaching team for Our Whole Lives. Our seventh and eighth graders are participating in OWL, which is designed not only to equip them with accurate information about human development, sexual health, behavior and relationships, but also to help them clarify their values. Winston applauds this emphasis on informed and responsible decision-making. According to his teaching colleagues, the kids respond to Winston because he is such a good listener.

Winston has used his skills and experience to serve our congregation in a number of other ways.

He worked on our Safe Congregation policy from the very inception of that effort several years ago. His level-headed approach helped the committee focus on its goals. This important and challenging effort recently reached its culmination with the adoption of the policy by the Board.

Winston enjoyed serving as a mentor in our Rite of

### **Need to talk? FUUSA Pastoral Care Associates are here to listen!**

Our Pastoral Care Associates have been trained in compassionate listening skills and are available to all members and friends of our congregation. To contact a Pastoral Care Associate, email [listeners@albanyuu.org](mailto:listeners@albanyuu.org), contact Reverend Sam Trumbore, the FUUSA office at 518-463-7135, or one of them personally. They are: Jon Newell, Phil Rich, Sharon Babala, Jan Satin, Jean Bolgatz, Randy Rosette, Mark Yolles and Robin Miller.



Passage program for youth. His daughters both participated in the program and Deborah followed Winston in becoming a mentor.

Winston served a term on the Religious Education Council. Although he admits to something that is seen as out of character for a UU: he does not enjoy serving on committees.

A generation of children and their families know Winston as a religious education teacher at FUUSA, but few of them probably know that in his life outside FUUSA Winston is a school psychologist for the Chatham Central School District. He earned a master's degree from University of Pennsylvania and a doctoral degree from Temple University. He's continued to publish articles through his professional career.

When Winston heard that he had been selected as one of FUUSA's Unsung Heroes, he was characteristically modest. He spoke about the great support that RE volunteers get from the church and singled out Leah for her help. And his biggest concern was getting back to class, to be there for our youth and his colleagues on the teaching team, because they are counting on him.

We have counted on Winston for many years of quiet volunteerism. Thank you, Winston, for your service, commitment and leadership on behalf of our congregation's children and youth.

## Joys and Caring Corner

**Edited for the Web:**  
Personal information and contacts removed, as well as children's last names. Web viewers needing more information are invited to contact the church office at [administrator@fuusalbany.org](mailto:administrator@fuusalbany.org).

***If you need the services of the Caring Network, please call the office during regular hours at 463-7135.***

*Items of personal joy or caring may be submitted during the service on the yellow cards provided, or directly to Ann Lapinski or Mary Ann Randall.*

## Social Justice

It's spring when our thoughts turn to how to make a difference for the better on this earth as it both destroys and regenerates.

We see the attempts to tear down social programs and we need to take action to prevent this from happening. I look forward to seeing many of you Standing on the Side of Love for marriage equality on May 9 and for advocating for social programs at the State Legislature with Interfaith/Impact on May 16.

Let's not only clean up the government, let's clean up our neighborhood. Join the Neighborhood Association and fellow FUUSAns for a clean up around the church.

When: 9:30 to 11:30 AM, Saturday, May 14.

Where: Robin and West. What: Bring tools, rakes, shovels, gloves, etc. Join us for pizza and soda after the neighborhood cleanup!.

Standing on the Side of Love,  
Lois Griffin

### Peace movie night at FUUSA

**Friday, June 10, 7:00 PM in Channing Hall**

The FUUSA Peace Team will be showing "The Singing Revolution," a documentary about how Estonia gained its independence from Russian rule through a non-violent "singing revolution."

Come and find your voice for non-violence. Share in the experience of the Estonian people and join in a discussion about signing a new song for peace and justice in our time.

(Note: This movie may not be suitable for young



children. Youth would be welcome with parent's understanding that parts of the film show real violence. For a discussion of appropriateness for children, go to [http://www.singingrevolution.com/blog/2008/05/the\\_films\\_rating\\_is\\_it\\_appropri.html](http://www.singingrevolution.com/blog/2008/05/the_films_rating_is_it_appropri.html).)

We will take up a collection to pay fees for the public showing of the film.

### **Green Sanctuary Sunday, May 22**

Our last Green Sanctuary Committee meeting for the '10 – '11 year will be on Sunday, May 22 at 11:45 AM. It would be wonderful to have many in attendance as we appreciate our accomplishments for this year and make plans for next. We will further discuss the results from the pledge forms at this meeting.

Thanks to David Musser the CSA (Community Supported Agriculture) electronic bulletin board is up and running on Wiki. You can access at [http://fuusa.wikispot.org/Front\\_Page](http://fuusa.wikispot.org/Front_Page). Then click on Green Sanctuary, and CSA.

Sandy Steubing will be planning the first of our energy potlucks over the summer so the Green Sanctuary Committee can hit the ground running in the fall. We need to line up speakers for next year's Green Forums. If anyone in the congregation knows of a good environmental or energy speaker, please contact Sandy. So much has been accomplished by our committee; let us celebrate on the 22nd!

### **A HEARTY THANKS to Overflow Shelter cooks!**

The season at the First Lutheran Overflow Shelter is over until next November. So many people volunteered this season that the supply was sometimes greater than the demand! For that reason, we felt each of you who cooked should be recognized - here is a list of those who helped. Hopefully, nobody has been left out accidentally.

Thanks to: Cari Abatemarco, Sue Ellen Bart and daughter Delanie, Jean Bolgatz, Fred Barker, Patti and Tim Burch, Jerry Deighan, the Ekengren family, Karen Green, Lois Griffin, Jackie King, Barb Manning, Anita Patka, Rite of Passage volunteers

(Tom Hancock, Mark Butt, Maggie Newberg, Meredith Mercer, Eileen Hoffman, Alex Macri), Jessica Semon, Jan Satin, Maryanne Southgate, Sandy Stone, Tracy Tilgner, Woods Family. Whew! What a great crew!

Thanks,  
Barb Cooley, Jerry Deighan and Sue Ellen Bart

### **Forum**

On **May 22**, our Forum speaker will be **Richard Smith**, an expert on re-entry programs for formerly incarcerated individuals who until recently was Director of Re-entry at the Center for Law and Justice. Richard will discuss existing programs to assist re-entry and how we can contribute to community strategies that assist the successful transition of the formerly incarcerated.

### **Crash Course Continued**

There will be a monthly discussion group for the purpose of preparing for the economic consequences of peak oil. Topics under discussion will include food, fuel, security, finances, medical supplies and more. This is a follow-up to Chris Martenson's Crash Course but that is not a prerequisite to participate in these discussions. Our attitude will be positive - similar to Rob Hopkin's Transition Initiative. However the focus is more on the individual and families. The agenda will be decided by who shows up.

We will meet the 4th Monday of the month from 5:30 - 7P (you can bring supper, if you want). First meeting on May 23rd, here at FUUSA.

You can decide to come at the last minute but it would be helpful to me and FUUSA if you let me know if you're interested. Call or write if you have questions, I believe this forum will be beneficial to everyone who participates. Sandy Steubing, facilitator.

---

### Threshold Team opportunity

We are putting out a call for volunteers to serve on the Threshold Team. The team will be led by Jacqui Williams. We are looking for 5 to 8 individuals to serve on the team who represent the broad range of FUUSA members. The team will work with other FUUSA committees, the volunteer and professional leadership, and with the CERG consultants in a number of areas including:

1. Membership Deepening
2. Statement of Purpose – Mission Statement
3. Covenant of Right Relations
4. Healthy Congregations training

5. Assessment
6. Role of Committee on Professional Ministry
7. Leadership Formation
8. Governance
9. Anti-racism, anti-oppression, and multiculturalism
10. Stewardship

If you think you might be interested in learning more about this exciting opportunity, please contact Jacqui Williams or Chuck Manning.



Team FUUSA at the CROP Walk on Sunday, May 1.

### May Sunday Volunteer Opportunities—Sign up in Channing Hall at the Sign Up Site.

	Lead Usher (1)	Ushers (3)	Coffee Hosts (2)	Greeters (2)	Chalice Lighter
May 15	A. D'Attilio	A. Patti, L. Gambino, L. Hunt	R. Fogarty	C&C Wiltsey	
May 22	K. Harris	R & B Warner		B. Manning	V. Panetta
May 29					

## Contact Us

### Board of Trustees 2010-2011

email: [board@albanyuu.org](mailto:board@albanyuu.org)

#### Executive Committee

Chuck Manning, President  
Peg Sherman, Vice President  
Dave Metz, Treasurer  
Donna Meixner, Secretary

#### Trustees

Debbie Brown  
Dick Dana  
Donna Doran  
Todd Gray  
Randy Rosette  
Dave Street

#### Ex-officio Members

Sam Trumbore, Minister  
Molly Daniels, Chair Religious Education Council  
Lois Griffin, Chair Social Responsibilities Council

#### Elected Officer (not on Board of Trustees)

Mike Babala, Assistant Treasurer

### Staff

#### Minister

Rev. Sam Trumbore      [strumbore@uumin.org](mailto:strumbore@uumin.org)

#### Church Administrator, interim Membership

##### Coordinator

Amy Lent      [administrator@albanyuu.org](mailto:administrator@albanyuu.org)

#### Director of Religious Education

Leah Purcell      [dre@albanyuu.org](mailto:dre@albanyuu.org)

#### Music Director

Matt Edwards      [mge01@yahoo.com](mailto:mge01@yahoo.com)

#### Administrative Assistant/Sexton

David Stone      [sexton@albanyuu.org](mailto:sexton@albanyuu.org)

#### Rental Agent

Lynne Lekakis      [kaneandlekakis@gmail.com](mailto:kaneandlekakis@gmail.com)

#### Custodian

Olga Oja

### Regular meeting days

Check current calendar for time and location  
Board of Trustees, 3rd Thursday  
Program Coordinating Council, 2nd Thursday

### First Unitarian Universalist Society of Albany

**Phone:** 518.463.7135

**Address:** 405 Washington Avenue, between Robin Street and Lake Avenue, Albany, New York 12206

**Main entrance** is on Washington Avenue. Rear entrance is on West St. Both have ramp access. The building is fully handicapped accessible.

**Parking:** Parking is available on the street. On Sundays (and for some special events) FUUSA has permission to use the University at Albany's downtown campus parking lots: the Hawley Lot on Robin Street at Washington Avenue and the Thurlow Terrace Lot on Western Avenue.

#### Office hours

September-June: Monday-Friday, 9:00-4:00  
July-August: Monday-Thursday 9:00-12:00

#### Building use

To **reserve a room** for a FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or [dstone@albanyuu.org](mailto:dstone@albanyuu.org)).

To **rent classroom space** for a personal or non-FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or [dstone@albanyuu.org](mailto:dstone@albanyuu.org)).

To **rent one of the large halls** or plan for an event that will use both halls and classrooms for a personal or non-FUUSA activity, contact Rental Agent Lynne Lekakis (427-7386 or [kaneandlekakis@gmail.com](mailto:kaneandlekakis@gmail.com)).

**Windows** is the newsletter of the First Unitarian Universalist Society of Albany. It is published monthly, except July and August, in the offices of the Society at 405 Washington Avenue, Albany, NY 12206, and distributed to members and friends of the Society. Church office phone is 518-463-7135.

*Editors:* Amy Lent, Irene Saulsbery  
*Photos:* Chris Strebel

Send all submissions to:  
[Windows@albanyuu.org](mailto:Windows@albanyuu.org) or to the church office.

#### Next publication deadlines

June *Windows*: May 16  
Mid-summer *Update*: mid-summer

**Capital Region Unitarian Universalists of New York**

# Now Is The Time!

## A Unitarian Universalist Revival

**Join us for a celebration of Unitarian Universalism  
in the Capital Region**

**Sunday, June 5, 2011, at 10:30am**

**Round Lake Auditorium**

**2 Wesley Ave, one half-mile east of Northway Exit 11**

### Featuring

**Rev. Scott Alexander**

*Author of **Everyday Spiritual Practice**,  
**Salted with Fire**, and **The Welcoming  
Congregation***

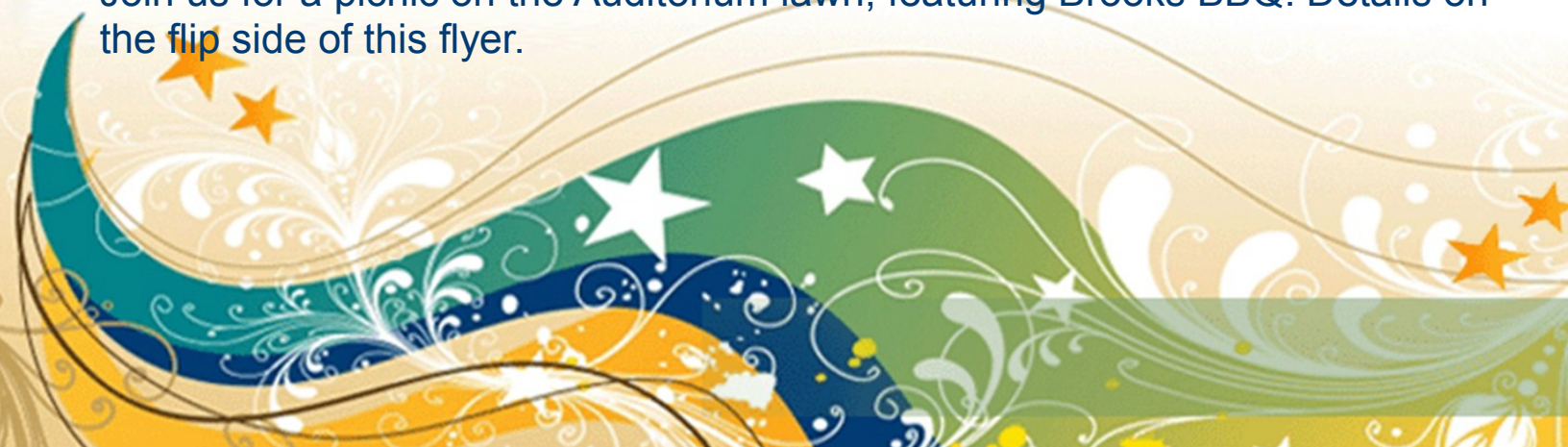


### Plus music!

Familiar songs to sing together, selections from the joint choir, our new youth band, and even a few played on the Auditorium's historic Ferris tracker organ.

### Picnic After the Service!

Join us for a picnic on the Auditorium lawn, featuring Brooks BBQ! Details on the flip side of this flyer.



# Picnic!

Join us after the service for  
Lunch on the Auditorium grounds!

Featuring Brooks' Famous chicken and ribs,  
and all the fixin's!

## You must buy tickets in advance!

Representatives from your congregation  
will be selling tickets through May 26.

Adults \$15

Kids \$10

## Children and Child Care

The service is multigenerational, involving people of all ages. We will also provide nursery care for our newborn to pre-K congregants at the Village Hall, about 50 yards from the Auditorium ("V" on the map). **If you will need nursery care, please notify your congregation's Director of Religious Education no later than June 2.**

## Name Tags

We encourage you to pick up your name tag from your church on Sunday, May 29th, and bring it with you to the Auditorium on the 5th.

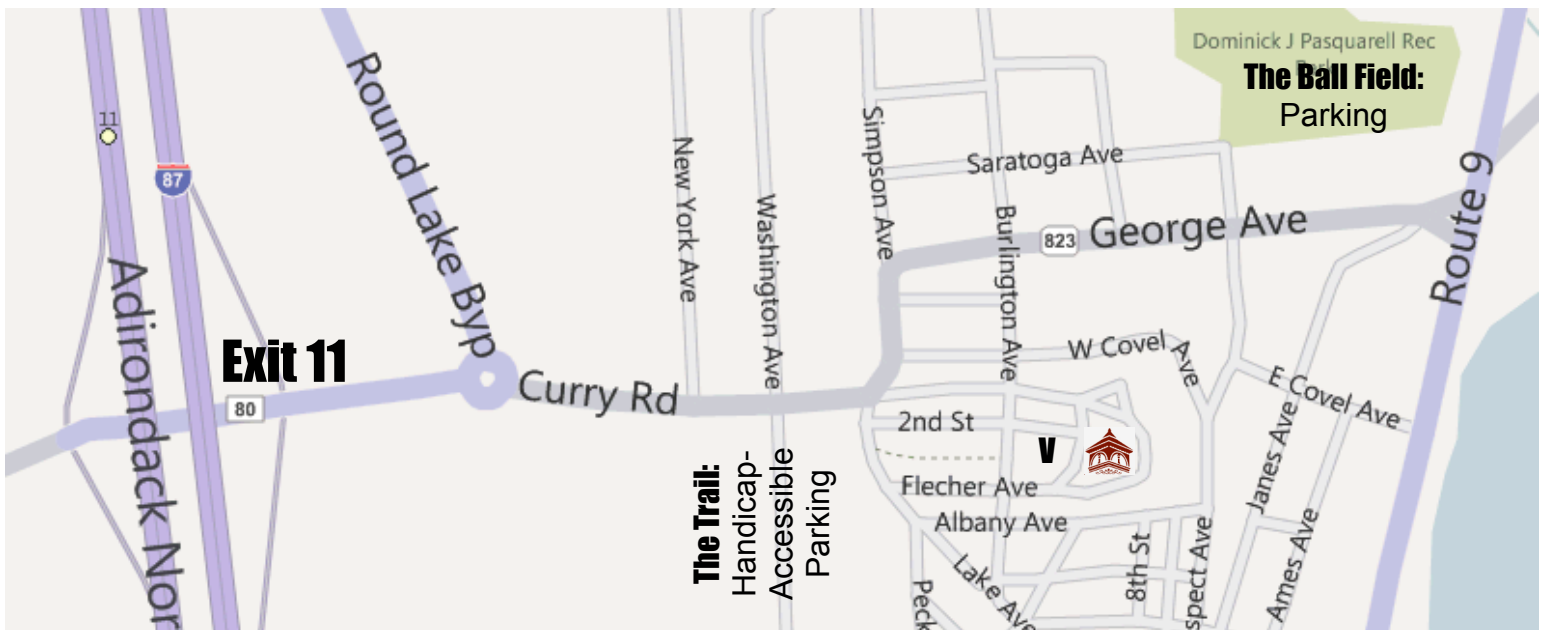
## Breakfast Before the Service?

Unfortunately, there are only two restaurants in Round Lake, and neither is open for breakfast. We recommend you stop on the way in Clifton Park or Malta.

The Round Lake Auditorium is located a half mile off Northway Exit 11, at 2 Wesley Avenue.

## Parking is limited. PLEASE CAR POOL!

The main parking area will be at the Ball Field (Pasquarell Recreation Park). We hope most of you will walk from this area (about 600 yards with a hill part of the way). There also will be a shuttle bus running from the Ball Field starting at 9:00. Accessible/Handicapped parking will be at the Trail. There will be attendants to help you park and find the Auditorium from both locations.





# POTLUCK



Please join us for an Eat  
and Greet Potluck Dinner

Saturday, June 11th, 6pm-8pm

It's this easy:

- 1) Sign up for dinner and a dish to share  
or pay-to-play
- 2) Decide if you're willing to volunteer to  
help with/at event
- 3) Come and have fun!!!



# UU Weekend at Silver Bay

October 14–16, 2011

(Friday evening to Sunday early afternoon)

- A wonderful cooperative opportunity to get together with other UU's from all over the Northeast
- Attend optional workshops (on topics ranging from the intellectual to the recreational), social events, the Saturday night talent show, hike, go boating, nap, sit on the porch, talk, relax...
- Friday entertainment: a musical evening with Kim and Reggie Harris
- The Jeanne Blank Memorial Address on Sunday morning: Connie Goodbread, interim District Executive, St. Lawrence District



## Sponsors

This weekend retreat is open to Unitarian Universalists and their friends. It is organized by volunteers from several UU congregations in the St. Lawrence District.

## Cost

Several lodging/meal options are available. See table on other side for prices. Lodging assignments will be made based on date of registration and deposit. ♦ Rooms on the third floor of the Inn (Option A, B, C, or D) have limited or no heat. ♦ The Inn and dining room are handicapped accessible. ♦ All meals from Saturday breakfast through Sunday lunch are included. ♦ An optional buffet is available on Friday evening for those who can arrive between 5:30 and 8:15 p.m.

**Children's pricing:** Kids under age 6 are free. See price list on other side for Children ages 6-12 and Youth ages 13-17. Each room must have one person paying adult rate.

## UU Weekend Scholarship Fund

Some financial assistance may be available; contact Randy Rosette at rosette\_jensen@juno.com. If you have enjoyed these UU Weekends, please consider helping others attend by including a gift to the Scholarship Fund with your deposit.

## Refunds and Deadlines

A non-refundable deposit of \$50 for each adult and child (ages 6-17) is due when making reservations. **Reservations received by Sept. 18 qualify for lower room rates.** The balance is due by Oct. 1. Refunds will be made, except for deposits, if written notification is received prior to noon, Oct. 6.

If special accommodations are needed you must register before Sept. 18. **Pets are not allowed at Silver Bay.**

## Contact Information

**General registration and housing questions:** Linda Way, lway1@nycap.rr.com or 518.456.8199

**Programs:** Andrea Ricard, 518.466.9987 or andrea.ricard@gmail.com

**Volunteer Coordinator:** Meredith Mercer, 518.489.1086, meremercer@hotmail.com

Visit [www.albanyuu.org](http://www.albanyuu.org) to see sample schedule.  
<http://www.albanyuu.org/schedule.pdf>

"Silver Bay" is the Silver Bay Association YMCA Family and Conference Center (SBA) located near the northern end of Lake George in Silver Bay, New York. The 600 acre classic Adirondack resort has an historic inn, cottages, and a lodge. This is not camping! Comfortable rooms at various prices with varying amenities are available. SBA has a children's center, rowboats, canoes, nature and hiking trails, 2 gyms, shuffleboard, tennis, games, volleyball, fitness center, climbing wall, lounges, chapel, and playground...And a stunning combination of lake and mountains!

## Tentative Schedule

(Full schedule will be available in late September)

### Friday

5:30 – 8:15	Optional Buffet Dinner
4:00 – 11:00	Check-In and Auction item drop off
7:45	Evening events and snacks

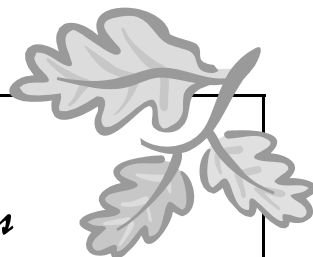
### Saturday

7:00	Early morning activities
8:00	Breakfast
9:00 – Noon	Children's Programming
9:00 – 11:45	Workshop Sessions A and B
Noon	Lunch
1:15 – 3:30	Workshop Session C
4:00	Social and Silent Auction
5:30	Dinner
Evening	Talent Show & Special Events

### Sunday

7:00	Early morning activities
8:00	Breakfast
9:00 – 11:15	Children's Programming
9:00-10:15	Jeanne Blank Memorial Address
10:30-11:15	Worship Service
Noon	Lunch
1:00	Check-Out

"Silver Bay Weekend  
is a gift we give ourselves  
to reconnect with each other,  
with nature, with our own selves."



# UU Weekend at Silver Bay Oct. 14 – 16, 2011 REGISTRATION FORM

Please submit a separate form for each household/family group sharing a cottage.

For office use only

**Please Print:**

Family/Group Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_

E-Mail Address \_\_\_\_\_

**UU Congregation:** \_\_\_\_\_

\_\_\_ Check here if you would like us to find you a roommate.

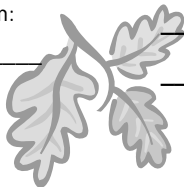
Name of roommate if sending in separate registration form: \_\_\_\_\_

**Please list all individuals in your group.**

Print clearly, we use this information for nametags.

Kids grade 8 or under are assigned to program groups based on grade in school: Infant – PreK; K-2; 3-5; 6-8

First Name	Last Name	Kids' Ages	Kids' Grades



**Lodging Options** Prices include programs, snacks, lodging, and meals.

The entire Silver Bay Inn has been reserved for our UU Weekend group.

Please put 1 for first choice; 2 for second choice. Calculate cost based on first

choice. **Rooms are assigned according to date deposit is received. Registrations received after Sept. 18 must pay the higher rate.** If information about staying less

than the full weekend is desired, contact Linda Way at lway1@nycap.rr.com

- Handicapped Access** If you need handi-capped accessible accommodations YOU MUST REGISTER BY SEPT. 21. These rooms are in short supply.
- Need assistance at meals**

Option	Type of Lodging	PRICE PER PERSON PER WEEKEND						Your Cost
		Adult		Youth (13-17)		Child (6-12)		
		By 9/18	After 9/18	By 9/18	After 9/18	By 9/18	After 9/18	
___A	Central Bath Quad: Inn (limited/no heat)	\$150	\$165	\$125	\$140	\$84	\$99	_____
___B	Central Bath Triple: Inn (limited/no heat)	\$178	\$185	\$125	\$140	\$84	\$99	_____
___C	Central Bath Double: Inn (limited/no heat)	\$203	\$225	\$125	\$140	\$84	\$99	_____
___D	Central Bath Single: Inn (limited/no heat)	\$274	\$298					_____
___E	Private Bath Six: Inn	\$159	\$174	\$140	\$155	\$94	\$109	_____
___F	Private Bath Five: Inn	\$149	\$164	\$140	\$155	\$94	\$109	_____
___G	Private Bath Quad: Inn	\$183	\$188	\$140	\$155	\$94	\$109	_____
___H	Private Bath Triple: Inn	\$202	\$212	\$140	\$155	\$94	\$109	_____
___I	Private Bath Double: Inn	\$237	\$252	\$140	\$155	\$94	\$109	_____
___J	Private Bath Single: Inn	\$336	\$362					_____

This is a cooperative weekend. Everyone is encouraged to volunteer!

Give me an assignment

or

Here is what I'd like to do: \_\_\_\_\_

Contact Meredith Mercer, volunteer coordinator, for information on what kind of help is needed. See contact list on other side.

Estimated total cost for your lodging & meals \_\_\_\_\_

**Optional:** Friday Buffet (5:30 – 8:15 pm)  
\_\_\_# Adults @ \$12.00 \_\_\_# Child/Youth (3-17) @ \$7.00 \_\_\_\_\_

**Optional:** Gift to UU Weekend Scholarship Fund..... \_\_\_\_\_

**Total Due for your party** \_\_\_\_\_

Calculate what to send now:

**Non-refundable Deposit:** Minimum \$50 per person non-refundable deposit is due with registration \_\_\_\_\_

**Total sending now** .....

**Balance Due** by Oct. 1, 2011 .....

Make check payable to UU Weekend. Mail this form with deposit to:  
UU Weekend, c/o Linda Way, 6003 Johnston Rd., Slingerlands, NY 12159



**First Unitarian Universalist Society of Albany**

405 Washington Avenue

Albany, NY 12206

518-463-7135

[www.albanyuu.org](http://www.albanyuu.org)

**We've gone green(er)!**

We are reducing paper consumption by sending our newsletter electronically. If you are reading this newsletter on paper you are holding one of the few copies we have actually printed!

We want to keep ALL our readers, but we ask you please to consider switching to the electronic version if you have access to email.

If you would like us to send you an electronic version to see what it's like, we can do that.

Contact David Stone at the FUUSA office 518.463.7135 or [sexton@albanyuu.org](mailto:sexton@albanyuu.org) for either a sample or to make the switch!

**Thank you!**