

Sundays at FUUSA

Please join us on any Sunday for:

Mindfulness Meditation, Religious Education for children and youth, the Service, Coffee Hour, or any combination thereof. Other programs include Forum (social justice and environmental topics), Children's Chapel, War Healing Circle; social events, and adult education.

All are welcome!

Services

Sept. 4 "We Are One," Barbara Zaron

Long time union member and former employee of the New York State Department of Labor and member of Congregation Beth Emeth, Barbara Zaron will talk about the value of and benefits obtained through the organized labor movement. The Jewish values of helping people in need, and family and labor movement values of community, responsibility and caring for each other help frame the current environment of public sector employee- and union-bashing, the general lack of concern for the public good and the need to mobilize to change the direction of the country.

Sept. 11 "Gathering Water, Remembering and Cultivating Hope ... Together," the Rev. Sam Trumbore

While acknowledging the tenth anniversary of September 11th, (see Sam's Outlook article) the primary focus of this multi-generational service will remain our yearly tradition of gathering water from our travels and adventures over the summer and seeing pictures from those times and places. Please bring a small amount of water from those significant places and email Leah Purcell with your pictures for the photo montage.

Sept. 18 "Borders, Documents, Globalization and Human Rights," the Rev. Sam Trumbore

Increased border security and immigration status checking are one of our national responses to the September 11th attacks. These enhanced security measures are supposed to protect us from terrorist infiltration. The side effects of increased enforcement are separating families, endangering documented immigrant workers in our economy and killing thousands of people in the Arizona desert. As our national leaders pass the immigration hot potato around, this human rights crisis continues to get worse. And now the Unitarian Universalist Association is asking us to respond and take a stand.

Sept. 25 "To Begin Again in Love," the Rev. Renee Ruchotzke

Without a shared doctrine or even a shared theology, what is it that binds the free church? We will explore how our congregational polity itself--when practiced in the tradition of our ancestors-- provides the answer. The Rev. Renee Ruchotzke (pronounced ruh-HUT-skee) is FUUSA's Threshold Congregation consultant from the Central East Regional Group of the UUA.

WINDOWS

Newsletter of the First Unitarian
Universalist Society of Albany

September 2011

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Sunday Schedule

9:00 AM

Mindfulness Meditation

9:45 AM

Nursery/Toddler rooms open

10:00 AM

Service

Children's Chapel

(1st Sunday/mo.)

Religious Education

11:00 AM

Coffee Hour

11:45 AM

Forum (2nd & 4th Sundays/mo.)

7:00 PM

War Healing Circle

(2nd & 4th Sunday/mo.)

Universalist Annual Meeting

This is a joint meeting of the
New York State Convention of Universalists
and the
Pennsylvania Universalist Convention

The Religious Left: Universalism Then and Now

Keynote Speaker:
Dan McKanan,

Emerson UUA Chair,
Harvard Divinity School



Save the Dates!

October 7-8, 2011

At the
*Unitarian Universalist
Congregation of
Binghamton*
183 Riverside Dr.
Binghamton, NY

For more information, contact either

Joyce Gilbert of NYSCU
jtgilbert@frontiernet.net

Mark Piechota of PUC
markpiechota@verizon.net

Workshop Topics

- Archiving:
Keeping Our Records in Order
- Keynoter's Roundtable
- Wellsprings in Our Lives
- The Golden Rule:
Imbedding it into Politics
- Community Impacts
of Natural Gas Drilling
- Marriage:
in Religion and the Law
- GLSEN: Gay, Lesbian and
Straight Education Network
- Responses to Diversity in
Church and Community
- Sun, Wind, Water: What's Next
for Energy?



Calendar

Events happening every Sunday at FUUSA

9:00 AM	Mindfulness Meditation	Sanctuary	Exceptions:
10:00 AM	Service	Emerson	
10:00 AM	Children's Chapel (1st Sunday/mo.)	Sanctuary	
10:00 AM	Religious Education	Classrooms	
11:00 AM	Coffee Hour	Channing, Emerson	
11:45 AM	Forum (2nd & 4th Sundays/mo)	Emerson	
7:00 PM	War Healing Circle (2nd & 4th Sundays/mo.)	B-8	

Events happening every week in the month of September

Tuesdays	10:00 AM	Philosophy Group	B-8	Exceptions:
	1:00 PM	Bridge	B-8	
Wednesdays	10:00 AM	Projects & Quilts	B-8	
	7:00 PM	Choir Rehearsal	Emerson	

All other events happening in the month of September

2-Sep Friday

5:00 PM First Friday Channing Hall

7-Sep Wednesday

5:30 PM Wellspring Meeting Room B-8

7:00 PM Choir Rehearsal (first one for fall)
Emerson Community Hall

8-Sep Thursday

7:00 PM Program Coordinating Council (PCC) Room B-8

10-Sep Saturday

9:30 AM RE Volunteer Workshop Channing Hall, Kitchen

4:00 PM Potluck Dinner for Thayer Heath
Channing Hall, Kitchen

11-Sep Sunday

5:30 PM Walker Book Club Channing Hall, Kitchen

7:00 PM War Healing Circle Room B-8

12-Sep Monday

5:30 PM Religious Education Council Potluck
Channing Hall, Kitchen

7:00 PM Monday Men Room B-8

13-Sep Tuesday

7:00 PM UU Christians Room B-5

15-Sep Thursday

7:00 PM Board of Trustees Room B-8

18-Sep Sunday

11:30 AM Peace Team Room B-7

11:45 AM Green Sanctuary Meeting Room B-8

20-Sep Tuesday

6:30 PM Neighboring Faiths Parent Orientation
Kitchen, Room B-7

21-Sep Wednesday

5:30 PM Wellspring Meeting Room B-8

22-Sep Thursday

5:30 PM Endowment Trust Meeting
Stott Lounge/Joy Library

23-Sep Friday

6:00 PM Meditation Retreat
Emerson Community Hall, Rooms B-7, B-8

24-Sep Saturday

7:30 AM Meditation Retreat Channing Hall, Emerson
Community Hall, Kitchen

25-Sep Sunday

12:00 PM Board Meeting with Rev. Ruchotzke
Channing Hall

2:00 PM SRC Public Forum on Healthcare
Emerson Community Hall, Kitchen

5:30 PM Sharon Salzberg Presentation
Emerson Community Hall

7:00 PM War Healing Circle Room B-8

26-Sep Monday

5:30 PM Lifespan: Crash Course Continued Room 26

7:00 PM Monday Men Room B-8

30-Sep Friday

11:00 AM Transition Networking Local Lunch with Tina
Clarke Channing Hall, Kitchen

Forum

Sunday, Oct. 9, 11:45
"Mother, Caring for 7 Billion" (movie)

Looking Ahead

Oct. 2 Everybody's Birthday Party
Oct. 7 Intergenerational Pasta Dinner
Oct. 8 Getting to Know UU
Oct. 14-16 UU Weekend at Silver Bay
Oct. 21-23 Youth Con
Oct. 22 + 23 Circle Dinner
Oct. 28 Rite of Passage Overnight
Oct. 29 Halloween Party and food drive

News

From Despair to Hope Interfaith September 11th Prayer and Healing Service

To memorialize the 10th anniversary of the attacks of September 11, 2001 there will be a service Sunday, September 11, 2011 at 3:00 pm in Hubbard Interfaith Sanctuary, 959 Madison Avenue, Albany (on the College of Saint Rose campus, between Partridge St. and North Main Ave.)

By coming together from different religious traditions, we will give witness that our faith, our care for those who suffer, and our shared humanity forge bonds that cannot be broken. Sponsored by an ad hoc coalition of representatives of several faith traditions. For more information, contact Rev. Trumbore.

Sun-cooked dinner!

About 30 people attended the Solar Cook-off potluck on Monday, August 22 hosted by the "Crash Course Continued" folks. They had a merry time and the food was great--both solar-cooked and conventional. Anne Marie Haber, Carol Butt, Pete Looker and Sandy Steubing cooked with solar ovens. After eating a group led by Frank Simkus and the Bystroffs built a solar oven for FUUSA.

Fox News covered the event and aired it on their

Flyers in this issue

At the end of this newsletter you will find full page items on:

- ◆ UU Weekend registration form

10:30 p.m. show. The UU St. Lawrence District newspaper is going to write a story. All in all, a successful event.

The next Crash Course Continued meeting will be Monday, Sept. 26, 5:30 p.m. at FUUSA.

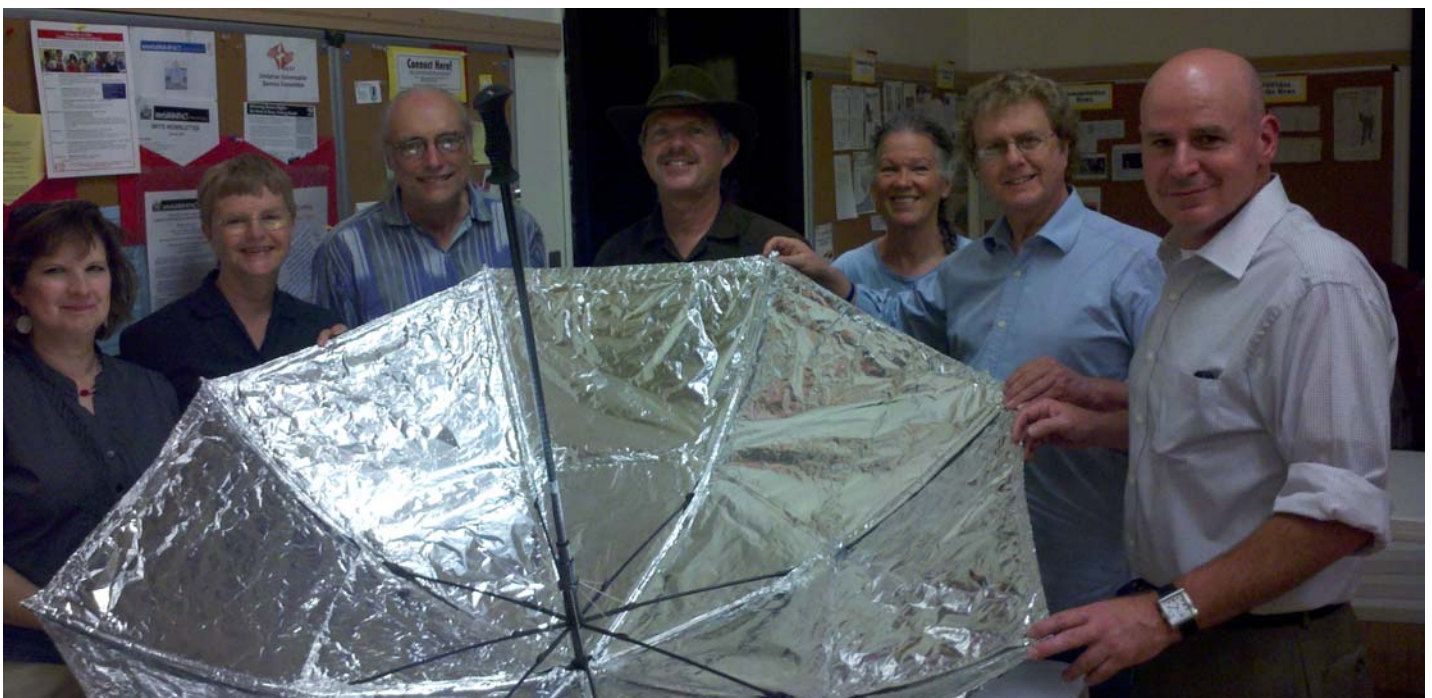
Forum change

The Sunday Forums will be slightly different this year. The Green Sanctuary Committee will schedule the second Sunday Forums, with Chris Bystroff, co-chair, arranging them. The fourth Sundays will be for other topics related to FUUSA social responsibilities issues.

Lunch with the Minister

Noon, Sunday, Sept. 18, at Van's Vietnamese Restaurant, 307 Central Avenue

Are you new to our congregation and would like to get to know our minister? Rev. Trumbore will be available after the Sunday service for lunch and conversation about Unitarian Universalism, our congregation, religion, spirituality, philosophy, ethics, ideas ... and whatever else comes up! For



Former umbrella will now serve as solar collector!

September, we will meet at Van's Vietnamese Restaurant 307 Central (between Lake and Quail) on the north side of the street. **Please RSVP** by 11:30 am that Sunday to Rev. Trumbore (in person, email: strumbore@uumin.org or call/text: 366-4532) so he'll know how many seats to reserve. NOTE! Space is limited at the table, so call early!

Back to school: thanks!

Thank you to all the friends and members of FUUSA who made this year's FOCUS on School Supplies collection a success!

We started collecting school supplies for the FOCUS Food Pantry families in mid-June for school grades K-12. Throughout the summer we have collected a variety of needed school supplies from backpacks and combination locks to notebooks, paper, pens, pencils and crayons. The collection drive ended on Sunday, August 28.

The students will receive the backpacks in early September right before school starts. With the committed help of FUUSA we made sure that these children will have a great start to the school year.

Leading at the Edge: Congregations at the Speed of Change Conference, Saturday, Oct. 1

Does leadership in your congregation sometimes feel like an Xtreme sport?

Spend a crisp, fall day with leaders from across the St. Lawrence District as we explore new ways of approaching leadership in this exciting, changing world. Rev. Renee Ruchotzke will help us Catch Fire in the Burnt-Over District, and leaders from across the District and the Central East Regional Group will offer workshops to help you lead your congregation in the 21st century.

Leading at the Edge will be held on Saturday, October 1, at May Memorial in Syracuse, from 9 am to 3:30 pm. Please see the brochure in the De-



FUUSA sent a multigenerational team to UU Leadership Team Institute this summer. "UULTI on the Lake" was held in Canandaigua.

nominal Affairs bulletin board in Channing Hall or visit <http://www.sld.uua.org/calendar1.html> for registration and details. Presented by the Leadership Development Team of the St. Lawrence District. Contact FUUSA President Chuck Manning. - Don Odell, Denominational Affairs liaison.

Support the "Stand Down" Saturday, Oct. 1

In his Memorial Day sermon, Rev. Trumbore suggested we initiate a "Stand Down" event for homeless veterans at FUUSA in September. When he started investigating how to set one up, he discovered there has been a Stand Down event for the last 20 years at the Colonie Elks each fall. This year it will be on October 1. So Rev. Trumbore thought the best thing for us to do is join forces with their effort. Please contact him if you'd like to join him at this event and share your time and skills. Last year over 360 vets got new clothes, food, medical and dental care, counseling and support at this event.

So, how do you get your news?

More specifically, how do you *want* to get your FUUSA news? Your UU fix on what's happening. Do you Twitter, do you want to find out on Facebook or read it on your Kindle, or do you want a good old fashion telephone tree? (Just kidding on

that last one.)

We are looking at our current methods of delivering information to you, and considering choices for the next step in the evolution of our communications. We went 'green' last year, and reduced our paper newsletter subscription from about 360 copies (twice per month) to about 80 copies twice per month. Which saves paper, and photocopying, and folding time. But which does not save postage (80 first class costs more than 360 by bulk mail!) More importantly, there is a concern that many FUUSAns simply are not reading our newsletters.

Our current newsletters are a "hybrid", designed to be printed on paper (which is 8.5 inches wide) and then also sent electronically as a pdf to be read on screen (where the ideal line length for reading is 3 to 4 inches). So, many of you who so graciously switched to electronic when we asked have struggled to read the newsletter on screen. Many of you have found you need to print it at home in order to read it, thereby using two sheets of paper for each page we can print double-sided here. And some struggle with other issues involving technology. And some FUUSAns have just stopped trying to read our news at all.

This is unfortunate because there is a great deal of exciting activity at FUUSA that all our members should know about. Here is a possible plan, and while we do have a Communications Task Force, I will take either credit or blame for this suggestion, so talk to me!

First, I propose upgrading the weekly email "blast" (the well-read Weekend Preview) to a whole week's worth of news and information. This would be done using one of the blast providers (like Constant Contact) which offer nice formatting and look more like a webpage than an email.

Second, I propose making the monthly Windows something you want to hold in your hand and read. Each month's issue would be available on paper for pick up on the last Sunday of the prior month. The newsletter would still be emailed to all of you on the email list and it would be mailed to those who have requested it.

In order to have the time and resources to do this, I suggest we drop the mid-month Update. The expanded weekly blast should be more timely and

provide the same information. Dropping the Update will save postage and production time.

We need to get information to our members and friends in a timely fashion so that they—you—can know what is going on here and make choices about when to participate. What do you think will work best? How do you want to get your FUUSA news? Talk to me, or email me. Does the suggested plan sound like it would work for you? Would you want some other form of media added? You can reach me at the FUUSA office 463-7135 or alent@albanyuu.org. Thanks for reading! Amy Lent

Flower news for the 2011-2012 year!

Please look for some changes to the sign up sheet for flower donations this year. We look forward to having beautiful arrangements and this year are requesting that the donor make plans for use of the flowers after Sunday service. If you would like to take the flowers to a FUUSA member who needs a bit of cheer, that would be wonderful. If you know of a FUUSA member who is going to visit someone in the hospital or at home, please ask if they would like to take the flowers. (The Flower Committee will have extra vases on hand.) Also, please enjoy your flowers at home for that special occasion, or just because you are special to make the donation! We hope to have the flower committee member's name on the sign-up sheet as well, to make the connection process a bit easier. We also look forward to donors making their own arrangements. The variety is so wonderful. Thanks for being a special part of the Sunday services. --Sandy Stone, Chair, Flower Committee

Program Coordinating Council gets started Sept. 8
Are you a chair, organizer or coordinator for one of the myriad of committees, activities and endeavors at FUUSA? Come to the Program Coordinating Council (PCC) meeting on Thursday, Sept. 8 at 7 PM at FUUSA, to share ideas and inspiration with your fellow volunteer leaders! If you are a new chairperson or will be serving as your group's representative or if you just like to keep up with PCC contact Dave Stone at 463-7135 to make sure that you are on the PCC e-mail list.

UU Weekend at Silver Bay

Have you made your plans for the weekend of Oct.

14 – 16??? The weekend after Columbus Day is also our 18th annual UU Weekend at Silver Bay on beautiful Lake George. A wide variety of activities will be offered for the adults. An 'optional' schedule of workshops is being planned including some that are brand new and, of course, long time favorites such as a hike to Sunrise Mountain and an opportunity to make "Star Island" beads. Of course, this is a UU family weekend, so for the kids and teens there are many varied activities planned, plus the day care facilities will be available for the youngest attendees. The Silver Bay complex also offers a well-equipped Fitness Center, a 24-foot climbing wall and a boathouse that provides canoes, kayaks, sailboats, and rowboats. And if the idea of boating doesn't suit your fancy, relax and rock on the Boathouse or the Inn porch while enjoying the beauty and serenity of Lake George.

Don't miss this opportunity to view fall foliage while making new friends and deepening your connection with our and other UU communities (UU Weekend at Silver Bay is hosted by the five congregations of the CRUUNY cluster and is open to all UUs and their friends). The registration form is available on the FUUSA web site (<http://www.albanyuu.org/uuwregform.pdf>) Also note the opportunity on the registration form to volunteer to help make this cooperative weekend a huge success!

If you have questions about the weekend, look for a Silver Bay volunteer in Channing Hall before and after the service (starting September 11.) — UU Weekend Committee (Albany, Saratoga, Schenectady, Glens Falls, Two Rivers congregations)

NYS Convention of Universalists meeting

The NYSCU annual meeting will be Oct. 7-8, at the UU Congregation of Binghamton. This will be a joint meeting with the Pennsylvania Universalists Convention. The keynote speaker will be Dan McKanan, Emerson UUA Chair and Harvard Divinity School speaking on *Before Clarence Skinner: Rediscovering Early Universalist Radicals*. Some of the workshops include: Community Impacts of Natural Gas Drilling; Sun, Wind, Water: What's Next for Energy?; The Golden Rule: Imbedding it into Politics, among others.

FUUSA can send eight delegates to the annual

meeting. Also, NYSCU has provided assistance with lodging and travel. Details will be available in mid-September. You can also go to the NYSCU web page at <http://nyscu.org/> for details as they become available, and will be notified via FUUSA communications as soon as possible. —Don Odell, Denominational Affairs liaison

Joy Library: Books about Unitarianism

Books about Unitarian Universalism can mainly be found under two different call numbers.

I have generally used the Dewey numbers which have been assigned by LC or other libraries. When I call up the cataloging info from LibraryThing there is usually a Dewey Library # included. It is easier for me to use it but it may not always be the best choice for you. It turns out that somewhere in recent time they stopped putting "Unitarian" under "288" and started putting it under 289, usually 289.1. So, we have two main sections about UU subjects.

The Dewey classification reads:

—288 *No longer used—formerly Unitarian*
—289 Other denominations & sects

"289" is subdivided by denominations and sects. We have 112 books under "289.1...."

The "others" are for example, "Quaker" under 289.6. We have 38 books under "288...". And 112 books under "289.1"

Books on "Politics and Religion" are classified under "322.1" Books on "Meditative" are classified under "242" For "Comparative Religion and Mythology" look under "291".

You will find some well-known titles such as: *The Cathedral of the World: A Universalist Theology*; *A faith for all seasons: Liberal religion and the crises of life*; and *A Chosen Faith: An Introduction to Unitarian Universalism*. Under "230.9..." Also SOME UU books are classified under other aspects like biography or history.

A search of our online catalog for the word "Unitarian" retrieved 138 books. "Universalist" retrieved 135. Most are probably under both.

Finally, I would like to mention that most books address more than one subject but can only sit in one space on the shelf. This means that books must be classified under one subject but you can find them in the online catalog under many.

I will write more about the books we have about Unitarian Universalism in a future column.—Sally Knapp

Lifespan Learning

Thank you, RE volunteers

Like the Energizer Bunny, our Religious Education program keeps just keeps going and going and ...

Many thanks to the folks who volunteered this summer in our multi-age Summer Session of Sunday school: Jackson Eddy, Melissa Ramirez, Michael Hornsby, Paula Brewer, Laurie Beberwyck, Rich Baldes, Brian Frank, Cathi Wiltsey, Molly Daniels, Mary Myers, Marshall Miller, Elisa Grimm, Cari Abatemarco, Cate Bohn, and Tracie Tilgner and to others who stopped by to visit and to help.

But wait! There's more! Our traditional Sunday school program will require 40 volunteers! With 4 teachers on each team, each volunteer can count on preparing and leading one session a month and assisting a team mate with one session a month. So everyone gets 2 Sundays a month to attend the service, to travel, etc. Plus you can count on my support to gather materials for the activities and to give coaching on effective ways to work with children and youth. And of course, the enjoyment and insight Religious Education volunteers often receive is priceless.

I still need volunteers in most of the age groups. You can check out the curriculum offerings at <http://www.albanyuu.org/recurriculum.html>. Please give me a call at 463-7135 email me at dre@albanyuu.org, if you're interested. Thanks!— Leah Purcell

Lifespan Learning at FUUSA

Last church year, the FUUSA Board established a Lifespan Learning Committee to facilitate adult learning opportunities and to support multi-generation and inter-generational learning events for our congregation. This committee has been hard at work over the summer creating a learning plan and setting up a structure to guide, assist and support those interested in presenting classes, workshops and other learning opportunities at FUUSA. Our goal is to work in conjunction with Sam, Leah, church leadership, committees and individuals to identify and present an organized learning program at FUUSA that responds to congregational needs and interests. Committee Members currently include: Jane Lax (Chair), Dave

Street, Paula Brewer (REC Liaison), Sam Trumbore (ex-officio) and Leah Purcell (ex-officio). We have several openings for new committee members. If you are interested in helping us plan and facilitate Lifespan Learning events, please contact us. If you have ideas about programming or want to organize and/or facilitate a class, please let us know at lifespan@albanyuu.org.

The New UU – a religious education course for adults

During the 2011-12 church year, we expect to offer the six session "The New UU", a part of the Unitarian Universalist Tapestry of Faith curricula. At this time, we are proceeding with developing a list of facilitators and a schedule, which will be announced as soon as possible. The curriculum is intended for those new to Unitarian Universalism, but is good for UUs old and new. It also provides a chance newcomers and long-timers to connect and to examine their own stories in the light of their respective Unitarian Universalism. The six sessions are:

- ◆ Theology and Worship
- ◆ Where Do We Come From: Unitarian Universalists Roots?
- ◆ How We Grow in Faith - Philosophy of Religious Education
- ◆ Social Justice Philosophy and Practice
- ◆ How Are Decisions Made? Governance and Polity
- ◆ Membership

If you want to read up a bit on this curriculum, please go to: <http://www.uua.org/religiouseducation/curricula/tapestryfaith/thenew/index.shtml>.

Questions? Please contact Don Odell (482-4574, drodell31@yahoo.com).

Essential Documents seminar

The Endowment Trust is pleased to offer an Essential Documents seminar. The seminar will deal with Living Wills, Healthcare Proxies and Durable Powers of Attorney. It will be free of charge, and is open to anyone who needs to create these documents for the first time or incorporate recent

changes in the law into existing ones. You owe it to yourself and your family to attend the seminar regardless of your age, family situation, etc. The seminar will be presented on Saturday, October 8, from 10 AM to noon by Tony Amodeo and Bob Wakeman, partners with the law firm Lombardi, Walsh, Wakeman, Harrison, Amodeo & Davenport. Bob is the attorney who shepherded FUUSA through the contracting and financing of Emerson Community Hall, and Tony is the firm's specialist in end of life planning.

We need to know in advance if you intend to come, so please contact Dave Metz, sign up at the Sign Up Site in Channing Hall, or call the office as soon as possible so we know if there is enough interest to hold the seminar.

Mindfulness Meditation Training September 23-24, 2011

This training, will be led by Rev. Trumbore, on Friday 6:15 pm to 9:00 pm, and Saturday 8:00 am to 3:00 pm. It gives the participants an opportunity to learn Buddhist mindfulness meditation techniques or refresh and deepen their meditation practice. All are welcome whatever your level of experience. There will be a potluck vegetarian lunch on Saturday and all are encouraged to bring something to share. Please register with the office (call 463-7135) if you'd like to participate. (A voluntary donation can be offered at the end.)

Rev. Trumbore has practiced Buddhist insight meditation for over 25 years and is Past President

of the Unitarian Universalist Buddhist Fellowship. He has found this meditation technique to be one of the best for Unitarian Universalists. It helps people train their minds to strengthen concentration and intensify moment-to-moment awareness. Regular practice of this technique quiets and sharpens the mind and opens the heart.

An evening with Sharon Salzberg – at FUUSA!
Sunday, Sept. 25– 5:30-7:30 pm, Emerson Community Hall

“The door of possibility has been opened—the door to authentic and accessible happiness. Welcome. Come in and sit.” -- Sharon Salzberg

Whether you're an experienced meditator or curious about how it might enrich your life, this is an evening not to be missed! A masterful spiritual teacher, Salzberg's presentation will include a discussion, group practice, and an opportunity to get answers to your questions about meditation. Salzberg will also sign copies of her new book, "Real Happiness: The Power of Meditation."

Admission is free— pre-registration is requested. To register call 518-456-0615 or e-mail yogajudi@aol.com. Sponsors: Judi England, RN, LMT, Kripalu Yoga Instructor; FUUSA; Lenore and Steve Flynn, Solid Ground; Karen Beetle, Still Forest Pool; Heartspace Yoga and Healing Arts; Honest Weight Food Co-op; an anonymous donor

Our Community

Small Group Ministry

Small Group Ministry (often referred to as SGM) is an opportunity to really get to know other FUUSAns and to share matters of consequence in our personal lives. Are you interested in facilitating or participating in a small group? Contact John Sherman or visit the Sign Up Site in Channing Hall. We hope to start meeting in October.

Want to help on Sunday?

Problem: The sign up sheet is in Channing Hall... but your calendar is at home. Or, your plans change and suddenly you are available to usher

and you want to sign up. Or, they change the other way and you can't usher and need to let someone know. Or, you sign up but sometimes you forget...

Solution: VolunteerSpot! You can now sign up *online* for any of our Sunday Volunteer positions: Usher, Lead Usher, Greeter, Coffee Host and Welcome Table. The link (<http://tinyurl.com/SundayVolunteers>) will be in every Weekend Preview email, and once you 'bookmark' it you will have it for the whole year.

One of our testers described it as "Very easy, no password to remember. Automated reminders and calendar entries sound great."

Yes, indeed, the program will send you a reminder



two days before the date you signed up for.

And, if you find you need to reschedule, you can login, take yourself off a volunteering spot, and the program will let the FUUSA office know that spot needs to get filled!

If you're not quite up to online sign ups, not to worry. We will print and post the current month and the next month's lists in the usual place in Channing Hall, and you can sign up there. Staff will enter paper sign ups in the computer every week, so the program will stay up to date.

Try it, we think you'll like it!

Join the choir – See the world?

Actually that was 2010. In 2011 and 2012 the FUUSA Choir and Music Committee hope to initiate a choir exchange with some of the local UU congregations, or perhaps venture a little further afield to small UU congregations that might enjoy our music on a Sunday. Needless to say, the FUUSA Choir includes a wonderful group of people who love to make joyful noise. So, if you are looking for a way to make music, join the FUUSA Choir. We meet for rehearsals most Wednesday

evenings from 7:00 – 8:30 and on Sunday mornings at 9:00 when we are singing at the service. Thanks to our Music Director, Matt Edwards, our music is eclectic and interesting and accessible to most singers. Or, perhaps you play an instrument! There are opportunities for you to join us in making music. The business of the choir is handled by the Music Committee which is open to all choir members and interested outsiders. The Committee meets before Choir practice as needed. For more information, contact Kathy Harris. The first choir rehearsal is Wednesday, September 14th in Emerson Hall – come on in and sing!—Kathy Harris

Need to talk? FUUSA Pastoral Care Associates are here to listen!

Our Pastoral Care Associates have been trained in compassionate listening skills and are available to all members and friends of our congregation. To contact a Pastoral Care Associate, email listeners@albanyuu.org, contact Reverend Sam Trumbore, the FUUSA office at 518-463-7135, or one of them personally. They are: Jon Newell, Phil Rich, Sharon Babala, Jan Satin, Jean Bolgatz, Randy Rosette, Mark Yolles and Robin Miller.



Intergenerational Pasta Dinner “potluck OR pay” Friday, Oct.7, 5:30 pm Channing Hall

Enjoy a good meal and intergenerational company at the Pasta Potluck Dinner sponsored by the Religious Education Council on Friday, October 7, starting at 5:30 pm. This is a potluck OR pay event, meaning you can sign up to bring food or sign up to just come (and pay at the door – the cost is \$3 per adult, \$2 per child under 12, \$10 max per family).



The after dinner program, for those who would like to stay, will be a Religious Education open house. This will be an excellent chance for parents and others to learn about RE programming for children and youth.

Sign-up sheets for dinner and for volunteers are in Channing Hall.

Contact Melissa Ramirez if you would like to help host this event or have any questions.

Volunteer needed: upload sermon audio on Sundays

The services in Emerson are recorded in MP3 format on a chip. Using audio editing software, the sermon is placed in a separate file, and that file gets uploaded to the FUUSA website. It's about 15 minutes worth of work, once you've been trained. If you are interested, talk to Rev. Sam and he can tell you more!

Caring Network drivers needed

Welcome back, everyone! The Caring Network could really use some help in the transportation area. Specifically we have need of people available during the day to drive folks to medical appointments, grocery shopping, etc. So, if you can help out once in a while--we need you! Call Sharon Babela. And, thank you!

Time to say goodbye

A party will be held to honor Thayer Heath on Saturday, Sept. 10, from 4 - 7 pm. Thayer will be moving to the Philadelphia area in September. This will be a partial potluck: chicken and veggie burgers will be provided.

WHAT TO BRING: A dish to pass, and some thoughts about what Thayer means to you, for sharing with everyone.

RSVP IS REQUIRED Please RSVP as soon as possible to Sandy Steubing at ssteub@gmail.com (preferred) or: 518-542-6552. Let Sandy know you are coming, and what you intend to bring. [Note: Please bring your dish ready to serve as the kitchen will be busy.]

A GIFT: So that Thayer can come to visit often, we want to give her a gift card from Amtrak. Contributions toward the gift will be accepted by Judith Brink (send check make out to Judith, with 'Thayer's gift' in the memo,).

6 to 9 at 6:09: Circle Dinners Schedule for Fall and Spring

Circle Dinners, organized by Martha Musser, are potlucks held in the homes of FUUSA members and friends. These provide an excellent opportunity to socialize in small groups of six to nine people. One can sign up to attend a dinner or host a group. Sign up directions for each dinner will appear in fu-

ture Windows.

New this year:

--For some dinners participants will have a choice of two weekend nights. These choices are designed to avoid scheduling conflicts and allow more people to participate.

--Some will be family-oriented dinners: We encourage families with young children to sign-up either to attend or to host a family-oriented dinner. (The family-oriented dinner on August 20 had eight children participating, and there were two other homes also, with a total of 21 adults).

Save these dates:

Saturday, Oct. 22 or Sunday, Oct. 23
Saturday, Nov. 19 or Sunday, Nov. 20
Saturday, Jan. 14
Friday, Feb. 17 or Saturday, Feb. 18
Saturday, Mar. 24
Friday, May 18 or Saturday, May 19

If you would like to know more about Circle Dinners, please contact Martha Musser at mmusser@nycap.rr.com or 434-2246

A new home for your cloth napkins

The kitchen crew has collected a variety of 12-14 inch multi-colored cloth napkins to be used at potluck suppers, etc. These will help us be "greener" and be fun, too. We could use more. Clean out those linen closets and bring your extra napkins to the donation basket in Channing Hall. If you are on a committee that uses tablecloths and now napkins, be sure ALL are laundered and returned neatly folded to the pantry shelves. Thanks. --The kitchen witches.

UU Christians meet

FUUSA's UU Christian group will meet on September 13, 2011 from 7:00 to 8:30 pm and on the first Tuesday of future months. Our topic this month is Loaves and Fishes. Anyone who is interested in considering New Testament stories with an inquiring mind is welcome to participate.

Joys and Caring Corner

A word about sharing your personal milestones with the FUUSA community: We ARE a caring community, we want to HEAR your deepest joys

and sorrows. When you speak at the microphone on Sundays please state your complete name so that we can all know who is speaking, and please speak slowly and clearly, directly into the microphone. If you specifically want your milestone mentioned in this column you can make it even easier for Mary Ann by writing it on a yellow card (found in the back of your hymnal) and putting it in the collection plate, or email it to her. We've tried to collect all the Joys and Sorrows notes from the whole summer, but if we've missed yours please send it to us again.

Edited for the Web: Personal information and contacts removed, as well as children's last names. Web viewers needing more information are invited to contact the church office at administrator@fuusalbany.org.

If you need the services of the Caring Network, please call the office during regular hours at 463-7135.

Items of personal joy or caring may be submitted during the service on the yellow cards provided, or directly to Mary Ann Randall (mabrandall@gmail.com.)

Social Justice

Lynne Jackson of Project Salam, the project to fight preemption prosecution of Muslims, wrote on the occasion that we marched in observance of the seventh anniversary of the arrest of the two Muslim men in Albany, "I was thrilled to see you and all the FUUSAns and the bright Standing on the Side of Love banner and t-shirts. I just love UU's." I, too, was proud to be one with many of you who marched. And I was proud of Sybil Allyson Stock for her commemorative songs at the observance. We need especially to stand up now that the tenth anniversary of 9/11 is approaching and to counter hate and bigotry.

We also were Standing on the Side of Love at the State Capitol during the debate and passage of marriage equality for New York State.

Sometimes it seems that our social justice scene just gets worse and that people like us have no power. But we can make a difference and we can

effect change for the better.

So check in with the SRC table, read Windows, come to SRC meetings to see what you can do.

Standing on the Side of Love,
Lois Griffin

UUSC notes

The Unitarian Universalist Service Committee (UUSC) has launched a Relief Fund for East Africa Famine. You can read more details about this at http://www.uusc.org/content/uusc_launches_relief_fund_for_east_africa_famine

The UUSC notes that in light of the dire humanitarian crisis, severe drought leading to devastating



famine in East Africa, the UUSC has opened the Somalia and East Africa Relief Fund. Using a multifaceted approach, UUSC will work with partners on the ground to provide immediate relief to Somalis suffering from the famine as well as support communi-

ties hosting Somali refugees in other countries affected by the crisis.

Green Sanctuary Committee had a busy summer
As the Green Sanctuary Committee (GSC) did not take the summer off, I will try to convey the many things we are up to as succinctly as possible:

- ◆ First and foremost, Thayer Heath is leaving the area for Philadelphia. :(We will be having a great big good-bye potluck on Sept. 10th from 4 - 7P in Channing Hall. Everyone is invited; let Sandy know if you would like to attend.
- ◆ Since Thayer is leaving, this opens up a big gaping hole in our productivity which we will attempt to fill with other people. For one, Chris Franklin will facilitate the recycling of ink cartridges, etc.
- ◆ The Mussers have drafted an anti-fracking statement which was to be discussed by the Social Responsibilities Council at its meeting August 28th.
- ◆ The coordinated CRUUNY Green Sanctuary Committees have been approved a \$1,000 grant by the St. Lawrence District for a Wedge Stabilization Game to promote ways of moving away from fossil fuels. Details will follow.
- ◆ The GSC will now sponsor forums on the 2nd Sunday of the month in Emerson starting at 11:45. We will begin on Oct. 9 with the movie "Mother, Caring for 7 Billion". Contact Chris Bystroff at bystrc@rpi.edu if you have forum ideas.
- ◆ The GSC will be expanding our role to work with local environmental organizations such as 350.org and Transition Albany (CDTransition.net). Chris Franklin agreed to be our liaison with 350.org; Richard Morell will liaison with Transition Towns (a global movement that operates at the

local level to increase resilience and find the joy in moving away from fossil fuels.)

- ◆ The Green Sanctuary folks will be hosting the first potluck/multigenerational event of the year on Saturday, Nov. 5. Sue Berzinis, Alyson Kelly, and Jessica will be the lead organizers. The topic will be ethical eating.
- ◆ The GSC will be hosting coffee hour several times this year for the purpose of A) doing our fair share of support and B) introducing baked goods from local businesses to our coffee table. (yum, yum)
- ◆ Each year an annual requirement to keep our Green Sanctuary accreditation is for the FUUSA to adopt at least one policy initiative. This year the GSC proposes that all FUUSA paper products come from recycled materials.
- ◆ Crash Course Continued sponsored a solar cook-off on August 22nd in which Ann Marie Haber, Carol Butt, and Sandy Steubing cooked on their solar ovens followed by the whole class building a solar oven from an umbrella, a garden stool and aluminum foil.

Peace Team news

The next Peace Team meeting will be Sunday, September 18 at 11:30 AM. (Please note that the start time is earlier than in the past.) We'll be discussing the activities that we want to undertake in the upcoming congregational year. These include: a First Annual Interfaith Walk for Peace, Peace Movie Nights, Peace Book Club, and Peace Sing-a-longs. We'll also talk about ways that we can interact with others in our community, and other possible projects. All are welcome!

Columns

Sam's Outlook

Remembering 9-11: Ten Years Later

Anniversaries, for better or worse, relentlessly mark the passage of time. They remind us of the day we looked into our partner's eyes and made public promises to love and honor each other. They also drag us back to the day that spouse or a father, mother, sister, brother, or worse a child, or

even worse grandchild released their last breath and stopped sharing our common existence. The joy and woe of anniversaries make them both welcome visitors and unwanted, disturbing guests.

So when I noticed that the tenth anniversary of the criminal attack upon the Pentagon and the destruction of the two World Trade Center towers coincided with the joyful homecoming service we celebrate the Sunday after Labor Day, a Sunday when we gather again to start up our fall programming,

the joy and woe of this two anniversary events being on the same day hit me smack in the face.

What started out as a beautiful day with a clear blue sky almost ten years ago quickly became a living hell as the first plane hit, then the second. Helpless, we sat glued to our televisions watching those magnificent skyscrapers burn, filling the sky with smoke as firefighters rushed to the scene and people on the lower floors streamed out. And then hearing about the Pentagon being hit by a third plane. And later learning about a fourth plane that went down in the woods in Pennsylvania. What marked us every time we saw the video endlessly repeated was the horror of seeing the towers collapse and disappear into clouds of toxic dust. An American exceptionalism died that day too. The problems in the world came home to roost in an unforgettable way taking the lives of almost three thousand innocent victims.

The stunning precision of those attacks and the ruthless efficiency of their organization made the attacks even more terrifying. If a small cell of nineteen hijackers could organize such destruction, what new target might they choose? The Corning Tower or the O'Brien Federal Building in Albany perhaps? The Hoover Dam? The Golden Gate Bridge? Reports of weaponized anthrax laced envelopes being delivered had us feeling even less safe. Could death be waiting for me in my mailbox? The future was looking particularly grim in the days after September 11th.

The future looks no less grim today I'm sure to those who assess threats for us in the Department of Homeland Security. But we haven't had an attack of the magnitude of September 11th in the last ten years. The destruction we have wreaked first in Afghanistan and then Iraq, however, is another story of unending violence that has our name on it. Many times as many people (over 900,000 according to various sources) have died in those countries than we lost on September 11th. Yes, bin Laden is now dead, but asymmetrical warfare isn't going away. Our military has learned a lot about how to fight this kind of war against non-state actors, yet they can't eliminate it.

The desire to resolve conflict with violence is programmed into our DNA. Thankfully, so is the social urge to avoid conflict and find a peaceful solu-

tion. When Philomena and I visited New York City the second weekend of August to attend the Fringe Theater Festival, I marveled at the number of people living so close together, encountering each other on crowded sidewalks and subways and co-existing mostly in peace. Philomena struck up a conversation with a woman sitting next to her at the first play we saw (of the seven in 48 hours). In a matter of minutes they'd found several connections that made them appreciate each other. Our common humanity can so easily bond us together. Yet our ideologies and beliefs can so easily make us mortal enemies.

So what are we planning to do this September 11th Sunday? As it is a multi-generational service, Leah and I don't want to perpetuate the trauma of that day on our children. We will honor the heroism and the loss of life on that day briefly and then do our traditional gathering of the waters from our travels. Leaders from the Interfaith Alliance and I are organizing an interfaith prayer service of memory and hope at 3:00 pm at Hubbard Interfaith Sanctuary at St. Rose. That service will be a fuller opportunity for people who want to remember those who died and rededicate themselves to creating a peaceful world.

If I were asked to deliver the message at that service, it would indeed be one of hope. The mostly peaceful government transitions in Tunisia and Egypt this year have done more to fire the imaginations of Arab youth about how to effectively create change than al-Qaeda ever did. I am far more hopeful today about the future in the Middle East than I was ten years ago. Did fighting two wars help make the Arab Spring possible? We'll never know. I dearly hope the answer is no. The al-Qaeda's toxic understanding of jihad doesn't feed the heart, it poisons it. Love of freedom and democracy points another way.

We do know that the ideas we hold in our heads are very powerful and the ways we bring them to life can be very persuasive. May nonviolence and peacemaking be the way we choose to practice our Unitarian Universalist faith as we strive to build a peaceful world community with justice, equity and compassion for all.

Rev. Sam

Chuck's Chat

What I don't know as FUUSA's president

There is an urban myth that as president, I should know about everything that goes on at FUUSA.

The reality is that I am often amazed at things that happen here without my knowing about it. In fact, there is a great deal that occurs that I only see or learn about after it happens. In most cases, this is a good thing. There is a second myth that nothing happens at FUUSA in the summer. Here are a few examples of the fallacy of both of these myths.

- ◆ New lettering on the front of the portico. I am not sure if that is the right word, but I am referring to the lettering over the Robin Street entrance to the Sanctuary. The old lettering was getting worn and faded. It said "Unitarian Church" which is not who we are. The new lettering was changed and re-done under the leadership of Bob Franklin with support from the Art and Aesthetics Committee.
- ◆ Garden Maintenance. Over the summer numerous volunteers coordinated by Paula Moskowitz maintained and weeded our gardens. They look great and continue to enhance our standing with our neighbors. Members of the Gardening Committee tell stories of neighbors stopping by to comment on how much they appreciate the gardens. The Committee has also liaised with our Albany Police "beat cop" to fix a waste disposal problem.
- ◆ New interior signs. There will soon be new signs throughout the building making it easier for visitors to navigate and find what they need. These were also the work of the Art and Aesthetics Committee.
- ◆ Summer Services. I was fortunate to attend a number of these. They were all different, unique, and inspiring in their own way. Thanks go to the Religious Services Committee and to Chris Franklin, our summer services coordinator. I have gotten a number of positive comments that Chris made sure things ran smoothly.
- ◆ Summer Religious Education. Leah and a group of dedicated volunteers provided a summer program for children. I know this was a success. A first time visiting family told me that their young daughter initially said she did not want to come

into that building (FUUSA). After the service, they were one of the last families to leave because their daughter had found a friend during the RE program.

- ◆ New Chalice. At the front of Emerson there is a new chalice. Kudos again to the Arts and Aesthetics Committee for making a decision and purchasing the chalice. Although it could be called nepotism, I have to acknowledge the work of Amy Lent and Barb Manning on this project. Barb showed exceptional Arts and Crafts skills with her mock-up cardboard and tinfoil chalices.
- ◆ Door Stops. This was one of those small changes that I love to see. There are three new, high quality, door stops for the doors into Emerson. As an usher, I was continually frustrated by the cheap rubber ones that did not work well. I found new ones when I ushered on August 14th. Thanks to the mystery purchaser who saw a problem and fixed it.
- ◆ Indoor Plants. FUUSA has a tradition of plants gracing our worship spaces. This began with the jades in the Sanctuary and continues with the variety of plants in Emerson as well. For a number of years Barb and I took care of the jades. Others have taken over this task as it has expanded to include the plants in Emerson. Thank Olga Oja and Susan Begg for keeping our plants healthy. Susan will be leaving in the fall, so let me know if you would like to help with our plants.

My intention here was not to prepare an exhaustive list of things I don't know (that would be infinite!) or to prepare a list of what happened at FUUSA this summer. Instead, it was to illustrate one thing I do know -- each one of us has a role to play in fulfilling our mission. The strength of our beloved community depends on each of us doing our part.

"The religious community is essential, for alone our vision is too narrow to see all that must be done. Together, our vision widens and strength is renewed." Rev. Mark Morrison-Reed

—Chuck

Religious Exploration

How we got here and where we're headed

Did you know that Unitarians' first Religious Education format was memorizing catechisms? And that the Universalists had a Profession of Faith? Since then there have been waves of innovations in helping children and youth form their beliefs, each a reaction to the programs before it and also a reflection of the time it was written in. For example, the UU curriculum written in the 1960's had no reference to Unitarian Universalism because it was written to be marketed to all liberal religions.

These were some of the "take aways" I got from Heritage Week at Murray Grove, where I spent the first week of August immersed in the history of Unitarian Universalist Religious Education. Our presenter was Rev. Dr. Elizabeth Strong, a UU minister of Religious Education and scholar who started teaching RE in her Universalist congregation as a youth and has been active in developing curricula and reviewing programming at the Association level. (You may recognize her name because she is also my mentor in the Credentialing Program for Religious Educators.) So it wasn't just an overview of what's available to us Religious Educators for our programs – it was a pretty thorough history of Unitarian and Universalist and Unitarian Universalist Religious Education. I gained an appreciation for some of both some older and the newest offerings and a deeper grounding of why I take exception to value of other curricula.

This summer, the Curriculum Committee and I have selected curriculum with several things in mind – the overall needs and temperament of each group, what type of curriculum they have had in previous years and whether to stick with one of our "oldies, but goodies" or use a new curricula from the Tapestry of Faith program.

Here are some highlights in our program:

- ◆ I've created a "Coming of Age" program for our 8th and 9th graders for the first part of the year, using several UU curricula for Junior High and Senior High youth. One of my goals is to include UU history and heritage. Another is to give the 8th and 9th graders some background to explore their thoughts about some of the "Big Questions" like

the nature of god, why there is evil in the world, what brings meaning to life, and what happens when we die. The second half of the year they will use a new Tapestry of Faith curriculum that helps youth develop the qualities of justice makers. This year will effectively prepare these youth to participate in the Rite of Passage program in 2012-13, if they like.

- ◆ With input of some of last year's Rite of Passage mentors, Rev. Sam and I have improved the program to make it more focused on the goals and to make each session more effective and meaningful. We have seven 10th graders and mentors in the program this year.
- ◆ Rev. Sam and I piloted a junior youth group in 2010-11 and Elisa Kane, Lynne Lekakis, Fred Boreali and Renee Panetta have volunteered to serve as advisors and run the program this year. The group will meet once a month on a Sunday afternoon for fun activities and social justice projects.
- ◆ The senior high group has a lot on their plate; they are scheduled to host a District "Con" in October. Two youth attended UU Leadership Institute with five of us adults from Albany. Now this team is looking into how the congregation can enable the voices of the youth to be heard well in church business and life. I'm considering reestablishing the Youth/Adult Committee to help support the youth in their activities and to facilitate communication.
- ◆ The 6th and 7th graders will be using one of our favorite curricula, "Neighboring Faiths", to learn about various religions and visit their houses of worship
- ◆ The Religious Education Council and I are planning a Workshop Rotation model of presenting a theme for the month of January for the Kindergarten through 5th graders.
- ◆ I've ordered some new furniture for two of the basement classrooms and I'm working to decorate them attractively for The Blue Group (first and second graders) and the Indigo Group (third graders). We'll be using all the classrooms this year. (So we'll have to say goodbye to the labyrinth in B-2, at least for a while.)

- ◆ We welcomed a new caregiver to the Nursery staff. Brandy Luther started at the beginning of the summer and I appreciate her warmth and care with the little ones and her ability to welcome new families.
- ◆ I'll be joining the Board retreat on Aug 25 to discuss how and if the congregation will support a youth/adult service trip to Phoenix as part of Justice General Assembly in June 2012.

With all the innovations within a well-established program, it feels like we are riding a crest now! I am still looking for a few more volunteers to join teaching teams for Sunday school. If you want to catch the wave, please contact me at the office 463-7135 or dre@albanyuu.org.

In joy and service,
Leah

Bringing It Home

Our Religious Education program gives children and youth an opportunity to learn about famous UU's not because we're looking for "bragging rights", but because our theology and philosophy has been shaped by the thoughts of past leaders in our movements. How much do you know about how we got here as Unitarian Universalists? You can learn more about William Ellery Channing, Hosea Ballou, Ralph Waldo Emerson, Clara Barton, Olympia Brown and other famous UU's by googling them. Don't know who to google? A good resource to find out is [100 Questions That Non-Members Ask about Unitarian Universalism](#), available at the UUA bookstore. <http://www.uuabookstore.org/searchproducts.cfm> (It's OK to read this even if you are a member.) Or check out [The Unitarian Universalist Pocket Guide](#) from Joy Library

Some of our heritage has involved how we wrestle with sustaining our liberal religion. And not all of the events in our past have been glorious. [The Premise and the Promise](#), (also in Joy Library) tells about the struggles of Unitarianism and Universalism before the religions consolidated in 1961 and the steps and missteps of the Unitarian Universalist Association in its early years.

Sunday Volunteer Opportunities

Welcome back!

We need one Lead Usher, three Ushers, two Coffee Hosts, two Greeters, two Welcome Tablers, and one Chalice Lighter every Sunday!

Two ways to sign up:

Online at <http://tinyurl.com/SundayVolunteers>

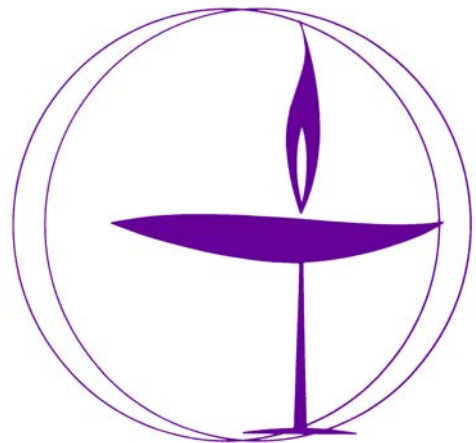
OR

in Channing Hall at the Sign Up Site

You can check at either location to see which spots need to be filled.

Names added to the paper sign up in Channing Hall will be added to the online version every Monday.

If you've never done a particular job before, please know that both training and job descriptions are available!



Contact Us

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email: board@albanyuu.org

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Lynne Lekakis kaneandlekakis@gmail.com

Custodian

Olga Oja

Regular meeting days

Check current calendar for time and location

Board of Trustees, 3rd Thursday

Program Coordinating Council, 2nd Thursday

First Unitarian Universalist Society of Albany

Phone: 518.463.7135

Address: 405 Washington Avenue, between Robin Street and Lake Avenue, Albany, New York 12206

Main entrance is on Washington Avenue. Rear entrance is on West St. Both have ramp access. The building is fully handicapped accessible.

Parking: Parking is available on the street. On Sundays (and for some special events) FUUSA has permission to use the University at Albany's downtown campus parking lots: the Hawley Lot on Robin Street at Washington Avenue and the Thurlow Terrace Lot on Western Avenue.

Office hours

September-June: Monday-Friday, 9:00-4:00

July-August: Monday–Thursday 9:00-12:00

Website

www.albanyuu.org

Building use

To **reserve a room** for a FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or dstone@albanyuu.org).

To **rent classroom space** for a personal or non-FUUSA activity, contact Administrative Assistant Dave Stone (463-7135 or dstone@albanyuu.org).

To **rent one of the large halls** or plan for an event that will use both halls and classrooms for a personal or non-FUUSA activity, contact Rental Agent Lynne Lekakis (427-7386 or kaneandlekakis@gmail.com).

Windows is the newsletter of the First Unitarian Universalist Society of Albany. It is published monthly, except July and August, in the offices of the Society at 405 Washington Avenue, Albany, NY 12206, and distributed to members and friends of the Society. Church office phone is 518-463-7135.

Editors: Amy Lent, Irene Saulsbery

Photos: Chris Strebel

Send all submissions to:

Windows@albanyuu.org or to the church office.

Next publication deadlines

September *Update:* Sept. 5

First Unitarian Universalist Society of Albany

405 Washington Avenue

Albany, NY 12206

518-463-7135

www.albanyuu.org

We've gone green(er)!

We are reducing paper consumption by sending our newsletter electronically. If you are reading this newsletter on paper you are holding one of the few copies we have actually printed!

We want to keep ALL our readers, but we ask you please to consider switching to the electronic version if you have access to email.

If you would like us to send you an electronic version to see what it's like, we can do that.

Contact David Stone at the FUUSA office 518.463.7135 or sexton@albanyuu.org for either a sample or to make the switch!

Thank you!