



**By Car:** Silver Bay is 90 minutes from Albany, NY. Take the Adirondack Northway (87) to Exit 24, drive east five miles to the road's end at Route 9N, Turn left and drive north approximately 13 miles to Silver Bay. Look for SILVER BAY ASSOCIATION signs on the right two miles past Sabbath Day Point.

**By Air:** Albany, NY and Burlington, VT airports are served by both commuter and major airlines, with connections from anywhere in the nation.

**By Bus:** Buses from New York City stop at our door in the summer, buses from other major cities stop in Lake George Village and Glens Falls.

**By Train:** Two Amtrak trains per day, one from and one to New York City, stop in Ticonderoga (20 minutes North of Silver Bay) year-round.

**NOTE:** If you need to be picked up at the train, plane, or bus, please let us know at least 2 days in advance. You can call us, or e-mail us at [SBACConf@aol.com](mailto:SBACConf@aol.com) to make these arrangements. The further in advance you can let us know, the better. There is a charge for this service.