

**We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life.**  
*Mission statement, adopted May 18, 2014*

**Accessibility-** Large print and braille hymnals are available, as are hearing assistance devices. Please see an usher if you need either of these.

**Chalice-** The flaming chalice symbolizes the light that guides us in our spiritual and humanitarian path. During World War II it became a symbol of risk, service and freedom that has been widely adopted by many UU congregations.

**Introducing Guests and Visitors-** We would like to get to know you, and suggest that you take the opportunity to introduce yourself. An usher will bring you the microphone.

**Joys and Sorrows-** You are welcome to share your life's milestones with the congregation, even if this is your first visit. One way we do this is to place a stone in the bowl, symbolizing giving your joy or sorrow to the congregation to hold with you. If you choose, you may also speak it at the microphone. We have Pastoral Care Associates on duty who are trained in compassionate listening if there is a sorrow or a trauma in your life that you wish to talk about today. You may also email [listeners@albanyuu.org](mailto:listeners@albanyuu.org) or phone (518-463-7135).

**Children** Your children are welcome to stay with you in service, or be with a group of children around their own age under the supervision of screened adult volunteers (two per group). Childcare is available in Room 22 for children three and under during most services. See the easel sign in the lobby or inquire at the Sunday Morning Office Window or Welcome Desk for more information. Most weeks, children and youth go to their groups after the Wisdom Story in service, and someone will be available in the hallway at that time to assist you and your family.

**You are welcome to participate** in any of the classes, programs and activities offered by our congregation. Please fill out a guest card at the Welcome Table in the lobby to learn more.

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### **Albany Unitarian Universalist**

Rev. Linda Hoddy, Interim Co- Minister

Rev. Dr. Lynn Ashley, Interim Co-Minister

Elizabeth Baldes, Director of Children and Youth Programs

Olga Martinez, Director of Music Ministry

Amy Lent, Administrator

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# Democracy

## Rev. Dr. Tom Chulak



**Albany Unitarian Universalist**  
**Sunday, October 8th, 2023**  
**10:00 AM**

Democracy  
October 8th, 2023

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<b>Gathering Music</b>	<i>Olga Martinez</i>
<b>Ringing of the Chime</b>	
<b>Welcome and Introduction of Guest Speaker</b>	<i>Al DeSalvo</i>
<b>Prelude</b>	<i>Olga Martinez</i>
<i>Songs of Democracy Medley</i>	
<b>Call to Community</b>	<i>Al DeSalvo</i>
<b>Chalice Lighting</b>	<i>Al DeSalvo and Rev. Dr. Tom Chulak</i>
<i>May the light we now kindle Inspire us to use our powers To heal and not to harm To help and not to hinder To bless and not to curse To serve you, Spirit of Freedom</i>	
<b>Opening Hymn</b>	<i>Congregation</i>
<i>#153 Woke Up This Morning</i>	
<b>Wisdom Story</b>	<i>Elizabeth Baldes</i>
<i>Everyone Gets a Say Please pick up children &amp; youth in Grades 7 &amp; under from their rooms at 11:15.</i>	
<b>Children and Youth Go Forth</b>	
<i>#414 As We Leave This Friendly Place</i>	
<b>Responsive Reading</b>	<i>Tom Chulak</i>
<i>#444 This House</i>	
<b>Unison Song</b>	<i>Congregation</i>
<i>#1023 Building Bridges</i>	
<b>Sermon</b>	<i>Tom Chulak</i>
<i>Democracy</i>	
<b>A Time for Prayer and Meditation</b>	
In Silence	
In Music	<i>Improvisation on Step by Step</i> <i>Olga Martinez</i>
<b>Offering</b>	<i>Al DeSalvo</i>
<b>Offertory</b>	<i>Megan Henry and Olga Martinez</i>
<i>A Dialogue</i>	

<b>Joys and Sorrows</b>	<i>Randy Rosette</i>
<b>Spoken Meditation</b>	<i>Tom Chulak</i>
<b>Introduction of Guests &amp; Visitors</b>	<i>Al DeSalvo</i>
<b>Closing Hymn</b>	<i>Congregation</i>
<i>#287 Faith of the Larger Liberty</i>	
<b>Benediction</b>	<i>Tom Chulak</i>
<b>Extinguishing of the Chalice</b>	<i>Tom Chulak and Al DeSalvo</i>
<i>We extinguish this flame but not the light of truth The warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.</i>	
<b>Invitations</b>	<i>Al DeSalvo</i>

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Today's flowers were donated by Mike and Sharon Babala in honor of the harvest and nourishment of the community.

This past week, our Co-Ministers have been in Montgomery, Alabama, taking part in Interim Ministry Training. Rev. Linda and Rev. Lynn report that they are "humbled by new depth of knowledge about our racist history" and will bring back some lessons from Montgomery for our Sunday services in November.

**Soups and Pies!** Your favorite homemade soups and pies will be available for sale in Channing Hall on Sundays, Nov 19th and Dec 3rd after the service. Also, on Dec 3rd, select wonderful handmade crafts and gifts to bring home for the holidays. Watch for more details as it gets closer.

**Jacqui Williams Memorial Service** will be held on October 28th in Community hall at 2:00pm

*It is with gratitude and humility that we acknowledge that we are learning, speaking and gathering on the ancestral homelands of the Mohican people, who are the indigenous peoples of this land. Despite tremendous hardship in being forced from here, today their community resides in Wisconsin and is known as the Stockbridge-Munsee Community. We pay honor and respect to their ancestors past and present as we*