

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life.
Mission statement, adopted May 18, 2014

Accessibility- Large print and braille hymnals are available, as are hearing assistance devices. Please see an usher if you need either of these.

Chalice- The flaming chalice symbolizes the light that guides us in our spiritual and humanitarian path. During World War II it became a symbol of risk, service and freedom that has been widely adopted by many UU congregations.

Introducing Guests and Visitors- We would like to get to know you, and suggest that you take the opportunity to introduce yourself. An usher will bring you the microphone.

Joys and Sorrows- You are welcome to share your life's milestones with the congregation, even if this is your first visit. One way we do this is to place a stone in the bowl, symbolizing giving your joy or sorrow to the congregation to hold with you. If you choose, you may also speak it at the microphone. We have Pastoral Care Associates on duty who are trained in compassionate listening if there is a sorrow or a trauma in your life that you wish to talk about today. You may also email listeners@albanyuu.org or phone (518-463-7135).

Children Your children are welcome to stay with you in service, or be with a group of children around their own age under the supervision of screened adult volunteers (two per group). Childcare is available in Room 22 for children three and under during most services. See the easel sign in the lobby or inquire at the Sunday Morning Office Window or Welcome Desk for more information. Most weeks, children and youth go to their groups after the Wisdom Story in service, and someone will be available in the hallway at that time to assist you and your family.

You are welcome to participate in any of the classes, programs and activities offered by our congregation. Please fill out a guest card at the Welcome Table in the lobby to learn more.

Albany Unitarian Universalist

Rev. Linda Hoddy, Interim Co- Minister

Rev. Dr. Lynn Ashley, Interim Co-Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Amy Lent, Administrator

Xanthe Plymale, Office Assistant

405 Washington Avenue, Albany, New York • AlbanyUU.org

Contact us: 518.463.7135 • office@albanyuu.org

Leading with the Heart

Rev. Dr. Tom Chulak



Albany Unitarian Universalist
Sunday, February 11, 2024
10:00 AM

Leading with the Heart

February 11, 2024

Gathering Music *Olga Martinez*

Ringing of the Chime

Welcome *Michael Hornsby*

Prelude *Olga Martinez and Rich Baldes*

Love Knocks, and Waits for Us to Hear

Call to Community *Michael Hornsby*

Chalice Lighting *Rev. Tom Chulak and Michael Hornsby*

*May the light we now kindle
inspire us to use our powers to heal and not to harm,
to help and not to hinder, to bless and not to curse,
to serve you, Spirit of freedom.
—Passover Haggadah*

Hymn *Congregation*

#360 Here We Have Gathered

Wisdom Story *Elizabeth Baldes*

The Little Book of Joy by Dalai Lama and Desmond Tutu

Singing the Children Out

#414 As We Leave This Friendly Place

Please pick up children & youth in Grades 7 & under from their rooms at 11:15.

Reading *Rev. Chulak*

Beneath Problem Solving by Mark Nepo

Meditation *Rev. Chulak*

Hymn *Congregation*

#6 Just as Long as I Have Breath

Sermon *Leading with the Heart* *Rev. Chulak*

Offering *Michael Hornsby*

Offertory Music *Albany UU Ensemble*

Affirm One Another

Personal Joys and Sorrows *Sandy Stone*

Closing Hymn *Congregation*

Lead With Love

Benediction *Rev. Chulak*

Extinguishing of the Chalice *Rev. Chulak and Michael Hornsby*

We extinguish this flame but not the light of truth

The warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

Coffee Hour Connection *Chris Bystroff*

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Coffee Hour is hosted this week by the Green Sanctuary Team. The next meeting of the Green Sanctuary Team is on Feb. 25th at 11:45 in room B-7. We are planning NYS Legislature environmental lobbying days and expansion of EV charging stations. Everyone is welcome.

Flowers for this service were donated by the Zimmerman Family in memory of Earl Zimmerman.

*It is with gratitude and humility that we acknowledge that we are learning, speaking and gathering on the ancestral homelands of the Mohican people, who are the indigenous peoples of this land. Despite tremendous hardship in being forced from here, today their community resides in Wisconsin and is known as the Stockbridge-Munsee Community. We pay honor and respect to their ancestors past and present as we commit to building a more inclusive and equitable space for all.*