

31th Annual UU WEEKEND at Silver Bay Oct 11-14, 2024

DRAFT 7/29/24

FRIDAY

- 9-9 Gift Shop and Ice Cream /Snack Bar open: pizza and other snacks **The Store**
1-5 Boathouse open to check items out **Boathouse**
3-4 Early arrivers enjoy porch and grounds! Also shuffleboard, disc golf, and more will be added
3-5 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
3-9 Porch Greeters: 3-4 Deb Reep Macleod & David Macleod; 4-5:30 Rita & Adam Bortz; 5:30-6:30
Liz Richards, Alison & Octavia Hart; 6:30-7:45 Elizabeth & Richard Baldes; 7:45-9:00 Margie

Allen

and Linda Anderson

- 3 - 9 Shuttles from Parking lot available from Alice and Robert. Ask at the Inn Desk after you unload car.
3-6, 7-9 Silent Auction Drop Off - *NONE AFTER 9 PM* **Boyd Center Desk**

Prior to 2:30 Ann D'Attilio & Barb Metz

	<u>Auction Intake</u>	<u>Auction Room</u>	<u>Hauler</u>
2:30-3:30	Barb Metz Ann D'Attilio	Betsy Thayer	Andrea Nix
3:30-5:00	Barb Manning Ann D'Attilio	Barb Metz Ann von Linden	Aven, Amor, & Brennan (Manning)
5:00-6:30	Barb Manning Sigrin Newell Tanya Hotalen	Mitch Cohen Anne Marie Haber	Karen Kaufman
6:30-7:45	Jaye Holly Judy Yeckley	Arlana Young Amy Waye	Elizabeth Berberian
7:45-9:00	Barb Manning Felice Best	Lois Bailey Marcy Pfeiffer	Danielle Ricard & kids

- 3-9 Conference Desk 2:30-3:30 Dave Metz & Mike D'Attilio; 3:30-5 Chuck Manning & Reese Satin;
5-6:30 Jon Newell & Paula Brewer; 6:30-7:45 Betsey Miller & Linda Way; 7:45-9 Andrea Ricard &
Mike D'Attilio
- 4-6 Tarot Readings with Lois Porter & Meredith Mercer Assisted by Don Porter **Inn Lobby**
4-6 Temporary Tattoo Parlor 4-5: Peter & Donna Meixner; 5-6: Pam Collins & Dave Street **Inn Lobby**
4:30-6 Happy Hour offered by Silver Bay, cash bar **Berkaw Lounge SW corner of Inn Lobby**
4-10 Check in: full payment required before arrival; pick up packet at UU Desk **Inn Lobby**
4-7:30 Concierge Desk: a place to ask questions: Carolyn Stetson 4-6:30; Darnell Rohrbaugh 6:30-7:30 **Inn Lobby**
***BEFORE 10 PM NOTE: call 518- 543-8833 x 0 before 10 pm if arriving later to arrange check in
4-10 Advance sign up and payment for Silver Spirit boat tours: limited to 12 **Inn Desk**
\$24 adults; \$12 child (3-17)
- 5:30-7 Dinner: announcement of any major schedule changes **Dining Room**
7:30-8:15 Family Movies: hosted by Bob Franklin **Watson**
Several Short Pixar Movies; more information coming
- 8:15 Snacks available; bring your own water bottle **Gullen & Boathouse**
8:15-9 Meeting Each Other with Mike D'Attilio & others - come meet each other **Gullen**
with some fun activities that will move us around the room.
- 8:30-9:30 Nature's Lullaby with Nicholee Froese Start your weekend off right with a soothing **Dance Studio**
Sound Journey! Relax, unwind & settle into the gentle tones of gongs, Himalayan & crystal
Singing bowls and chimes alongside nature's nighttime noises. FEEL connected to ALL That
is through the natural vibrations of the instruments.
- 9:30 Stargazing with Matt Lesniak Look up or lie down and take a forward seat on Earth's **ERC**
course through space! Saturn will be high in the sky to the south, and the Andromeda galaxy
will be directly overhead. The Pleiades will be rising over the mountains, and we will make out
the distinctive stars in the constellations Taurus, Pegasus, the Little Bear/Little Dipper, and
Cassiopeia. The waning Hunters Moon will also be up and will be near perigee, its closet point
to the earth all year. With binoculars we will get better views of all of these, and some of the
stars in Pisces. And we will also keep a look out for occasional meteors, as the Orionid meteor
shower will be two days shy of peak activity.
- 9:30 YOUTH & PARENT MANDATORY SESSION for kids 12 years of age & up **Gullen**
Hosted by Jen and Deidre Quail

- 9:15-11 Music for All with Jesse and Kyle hosted by Ayal Kushner **Boathouse inside & Decks**
 11 Quiet Hours - be considerate of your neighbors
- SATURDAY**
- 7 - 8 Fitness Centers: main in Fischer Gym; satellite in Boyd. Door lock codes available from Inn Desk
 7:15-8:15 Bird Walk with Bird Enthusiast Dan Leonard **Meet Inn South Porch**
 7-9 Breakfast 7-7:30 continental; 7:30-9 full breakfast **Dining Room**
 8:30-9 MANDATORY Youth and Parent Session Unless you attended Fri evening session **Gullen Lounge**
 for kids 6 and up. Hosted by Jill Peckenpaugh
 8 -2 Advance sign up for Silver Spirit boat tours; limited to 12; \$24/adult, \$12/3-17 **Inn Desk**
 8:45-12 UU Conference Desk Open 8:45-9:30 Mike D'Attilio; 9:30-10:30 Meredith Mercer **Inn Lobby**
 9-9 Gift Shop and Ice Cream/Snack Bar Open (pizza, crepes, snacks, beverages, etc.) **The Store**
 9-12:30 Shuttles to and from Inn and Programs available, call Robert 239-877-2652
 9-11 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
 9 -12 Silver Bay Recreational Options: Archery, Boathouse (kayaks, canoes), Disc Golf,
 Shuffleboard, Tennis, Outdoor Labyrinth Walk, Climbing Wall (kids under 15 need an adult),
 Pickle Ball, etc
- 9:10-10:30 Corn Hole Fest: Come learn & try your skills with...need a volunteer **In front of Boathouse**
 9:10-10:30 Yin Yoga with Sharon Babala **Bayview Lounge**
 9:10-10:30 How to Give a Great Performance on Talent Night (for all ages) coach Monica Schwartz **Watson**
 You've chosen a piece to perform and it means something to you. How do you translate
 that to your audience? In this particular workshop: we will analyze your poem, song, dance, etc.
 Highlight key words and phrases, learn timing, the power of a pause, gestures and eye contact.
 Learn how to make a memorable entrance and exit, one that fits your performance piece.
 We'll practice with a vocal warm-up, learn breath control, elocution and voice projection.
 Use your new skills and give a practice performance for the class.
 Observers welcome – be our audience!
- 9:10-10:30 Star Island Bead Making with Georgia Bowerman, Lauralee Holtz; & Christine Carrera **Sproul**
 A tradition from Star Island using strips of paper and melted wax to create beads you can string.
- 9:10-10:30 A Guided Discussion on..... with Betsy Miller & Reese Satin **Morse**
 9:10-10:30 Kite Making with Daniel & Kenia Kulzer **Gullen**
 Making, decorating and flying your own kite; kits provided
- 9:15-10:15 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**
 10:30-12 Annual Hike to Sunrise Mountain with the Mannings **Meet at Flag Pole in front of Inn**
 2 mile moderate/difficult hike has an elevation change of about 900 feet with pretty continual
 ascent & the last part is almost a "scramble. Bring water bottle, camera and personal snack.
- 10:45-12 Making Fairy Houses with Alison Hart & Liz Richards Hart **Gullen**
 10:45-12 Photography Workshop: Tips and Techniques with Fred Moody & Bob Franklin **Morse**
 10:45-12 Crafts for Fun and Mindfulness with Beth Offenbacher & Pam Wilbur **Boathouse**
 Do you enjoy making crafts for fun? We'll make crafts together and explore how "making"
 or creating can also be a way to practice mindfulness. All supplies provided. Free will
 contributions welcome.
- 10:45-12 Book Discussion: with Lois Bailey *Mistakes & Miracles – Congregations on the* **Bayview**
Road to Multiculturalism by Nancy Palmer Jones and Karin Lin. The book tells the "Mistakes
 & Miracles" of creating multicultural, antiracist Beloved Community through stories from five
 UU congregations with reflections by the authors. Our discussion is an opportunity to explore and
 apply lessons from the book, deepening our understanding of what it means to stumble towards
 becoming a truly beloved UU community.
- 10:45-12 Lighting The Chalice at Home with Suzanne Miller **Sproul**
 A ritual for regularly lighting the chalice at home can be used for inspiration, meditation,
 and reflection. Ways to create a home chalice will also be shared.
- 10:45-12 Capture the Flag with Dave Lussier & Alec Martinez **in front of Auditorium**
 Come join us for this old-time game involving two teams that each has a flag. Object is to

capture the other team's flag from their base and bring it safely back without being tagged and going to jail until freed by a team member.

- 11:30-12 Temporary Tattoo Parlor with Jill Peckenpaugh **Inn Lobby**
- 11:30-1 Lunch **Dining Room**
- 12:30-1:15 Vendors in corner of Gullen Lounge; stop by and visit authors and crafters **Gullen**
- 1-4 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
- 1-5 Silver Bay Recreational Options: Archery, Boathouse (kayaks, canoes), Disc Golf, Shuffleboard, Tennis, Outdoor Labyrinth Walk, Climbing Wall (kids under 15 need an adult), Pickle Ball, etc
- 1:00-3:15 Shuttles to and from Inn and Programs available, call Alice 646-269-7229
- 1:00-2:00 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**
- 1:10-2:15 Disc Golf: The Whats, Hows & Trying It **meet at Collins Equipment Center of Boathouse** with Cameron & Carson Miller. Silver Bay has discs to borrow from Collins Equipment Center.
- 1:10-2:15 Artist Workshop in the Spirit of Terry Way for kids & adults with Alan, Rose, & Laurie **Boathouse** Beberwyck. Art materials (paper, watercolor markers, sharpies & colored pencils) will be supplied.
- 1:10-2:45 Keynote Speaker: How to Lead a Life. Well Lived: The Art of Living with the End in Mind **Morse** with Rev Barbara Becker. Introduced by Rev David Munro. Project Assistants: Gay Canough & Dave Munro. Saints and sages through the ages have advised us that the secret to living fully is to acknowledge that we will some day die. What should it look like to test this wisdom in the context of our own modern lives? Rev. Barbara Becker will speak about her personal experiences with these lessons and how, ultimately, they can serve as a blueprint for a life of purpose and hope. She will guide us in an exercise which will help reaffirm what is most important in our own lives. Rev Becker is the author of the award-winning bestseller, *Heartwood: The Art of Living with the End in Mind*, which was featured by Katie Couric Media as a "book that will change your life."
- 1:10-2:45 Easy/Nature Hike with Hillary Torres. For those who want to get out onto trails **Meet on Inn Porch** a bit, but are looking for something less physically challenging and shorter in length than some other hikes.
- 1:10-2:45 Help Build a Wilderness Shelter tentative program with Julia & Matt Lesniak **Meet at flag pole**
- 2:15-3:15 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**
- 2:15-3:15 Shuffleboard Tournament for all ages with Chris Franklin **Shuffleboard Courts**
- 3-5 The Auction (ends 4:45) and The Social (ends 5:00) (second floor Boyd) **Boyd Conference Room**
Social Chair: Betsey Miller; Hosts: 3-4 Darnell Rohrbaugh, Andrea Ricard, Heidi & Lee Newberg; 4-5 Betsy Wright, Nancy Wagner, Fred Moody, Heidi Siegfried
Auction Staff: 3-4:45: Barb Manning, Ann D'Attilio, Barb Metz, Sigrin Newell
Auction Check Out: Ann D'Attilio, Mackenzie Cady, Linda Way, Sigrin Newell, Barb Metz, Barb Manning, Elizabeth Berberian
Bartenders: 3-3:30: Ayal Kushner, Doug D'Attilio, Mike D'Attilio; 3:30-4:00: Vida Wehran, Paul Draper; 4-4:30: Reese Satin, Jon Newell; 4:30-5: Nigel Isaac, Amy Payne
- 5:15-5:45 Volunteers Change over the Boyd Room so ready for evening programs Chair: Dave Metz with Sara Meixner, Dan Leonard, Jora Cohen, Erica & Max Reif
- 5:30-7 Dinner **Dining Room**
- 6:30-7:30 Vendors in corner of Gullen Lounge; stop by and visit authors and crafters **Gullen**
Left Over Auction items will be in Gullen Lounge also
- 7:30-9:30 Open Mic Talent with Amie Jamieson, Liz Richards, Jan McCracken **Boyd Conference Room**
Microphones and a keyboard will be provided for those signing up for 3-6-minute talent presentation. The sign up can be done by either emailing amiejamie@hotmail.com before the weekend or signing up at the Conference Office in Inn Lobby
- 7:30-9 Games and Puzzle Lounge hosted by Jaye Holly **Gullen Lounge**
Come play board games and do puzzles.
- 8:30 Snacks available; bring your own water bottle **Boyd and Gullen**
- 9:30-11 English Country Dancing with Elizabeth Stehl **Boyd Conference Room**

- Hosts: Janyce Lukowski & Stephanie Maslanka
- 9:30 Outdoor Campfire with Luis Torres. Come sit around the campfire and chat, sing or just listen to the lake. **The Fire Pit**
- 11:00 Quiet Hours - be considerate of your neighbors.
- SUNDAY**
- 7-8 Fitness Centers: main in Fischer Gym; satellite in Boyd. Door lock codes available from Inn Desk
- 7-9 Breakfast 7-7:30 continental; 7:30-9 full breakfast **Dining Room**
- 8-9 Advance sign up and payment for Silver Spirit boat tour; limited to 12 **Inn Desk**
- 9-11 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
- 9-12 Silver Bay Recreational Options: Archery, Boathouse (kayaks, canoes), Disc Golf, Shuffleboard, Tennis, Outdoor Labyrinth Walk, Climbing Wall (if under 15, an adult required), Pickle Ball, etc
- 9-9 Gift Shop and Ice Cream/Snack Bar Open (coffee, pizza, crepes, bagels, etc.) **The Store**
- 9:10-10:30 Pickle Ball with introduction by Bob Franklin **Pickle Ball Court**
- 9:10-10:30 Shuttles to and from Inn and Programs available, call Robert 239-0877-2652 or ask Inn Desk
- 9:10-10:15 Arts and Crafts with Stephanie Saunders **Gullen**
- 9:10-10:30 Chair Yoga with Arlana Young **Bayview Lounge**
- 9:10-10:30 Featured Speaker: Effective Leadership & Teamwork Development with David Schwartz **Morse**
 Introduced by Mike Levi. An overview and how we can use these principles for our own development as well as that in organizations and business. Session will include: What is the Principle/Character based approach to interpersonal effectiveness? How this approach has a positive effect on personal development and organizational success through good leadership, participant engagement and effective teams. The identification & role of important skills & behaviors that help us with interpersonal effectiveness, good leadership, and effective teams (and then using that approach to recruit, develop, train, & plan for the utilization of those talents in organizations). The valuing of those individual differences & strengths. Overview of Assessment Tools & possible pitfalls (Meyers Briggs and others). The seven habits of highly effective people (Covey) and its application to personal & organizational growth.
- 9:10-10:30 "A Walk in the Woods" & Shoreline to watch Birds with Scarlet Carrera **meet on the Inn Porch**
- 10-11 Silver Spirit boat tour Advance sign up required limited to 12; \$24/adult, \$12/3-17 **Main Dock**
- 10:15-11:45 All Ages Dance Party with Alison Hart **Boathouse**
- 10:15-11:45 Free Play on the Play Ground with Brian Frank and **Children's Pavilion Play Ground**
- 10:15-11:45 Guided Meditation with Stephanie Maslanka **Bayview Lounge**
 Let us join together in this deep, relaxing, spiritual gift of meditation and renewal. Please bring your yoga mat, a favorite pillow or any pillow to make yourself comfortable. Sit or lie down to make yourself comfortable. Breathe, relax, sink into this deep mediation state.
- 10:30-11:30 Sunday Service with Pam Collins; Service Assistant Vida Wehran; Music Dan Leonard **Chapel**
- 10:30-11:45 "Searching for Timbuctoo" hosted by Jaye Holly. An hour-long documentary film that **Watson**
 tells the little-known story of a Black settlement, established in the wilds of upstate New York, that brought together a group of ardent abolitionists willing to risk their fortunes, their families, and their futures to destroy slavery.
- 11:00 Check Out Time: if not staying Sun night, please move items to your car. Thank you
- 11-12:30 Shuttles to parking lot available with Alice 646-269-7229 & Robert 239-877-2652
- 11:45-1 Lunch and Evaluations Jaye Holly Evaluation Chair **Dining Room**
- 1- 2:30 Shuttles to parking lot available with Alice and Robert. Ask at the Inn Desk
- 1-3 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
- 1- 1:30 Closing Ceremony; interconnected web; make a souvenir with Mike D'Attilio, **Inn Front Lawn**
 Andea Ricard, Ayal Kushner
- 1-4 Silver Bay Recreational Options: Archery, Boathouse (kayaks, canoes), Disc Golf, Shuffleboard, Tennis, Outdoor Labyrinth Walk, Climbing Wall (adult required if under 15), Pickle Ball, etc
- 1:15-3 Hike to Inspiration Point with Elizabeth Berberian and Karen Kaufman **meet at Flag Pole**

A moderate hike to Inspiration Point. A gorgeous panoramic view after a short and moderate hike. Kid friendly. Memories to last all winter long. Bring water bottle and personal snacks.

- 1:30-2:45 Affirming Female Sexuality with Sigrin Newell We are surrounded by negative images of female sexuality, from Black Velvet selling alcohol to the angry victims of #Me Too. For our own sexual and emotional health, it is essential to find better ways to think about female sexuality. For years I have been collecting poems, songs, stories, and cartoons that portray female sexuality in a positive way. I will share my collection with you and we will share each other's stories. **Watson**
- 1:30-3:30 "Benedict Arnold: Hero Betrayed" movie showing hosted by Writer/Producer Tom Mercer **Morse**
This two-hour cinematic style documentary narrated by Martin Sheen will be shown in full followed by a Q & A discussion with the filmmaker. A story of intrigue, the film shows Arnold's contributions during the crucial first three years of the Revolution far out-weigh the deterrent his later change of allegiance caused.
- 1:30-2:30 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**
- 1:30-2:30 Pretzel Making with Rachel Eager & Iris Quijano come learn how to make & bake your own pretzels. **Bayview Lounge**
- 1:30-2:30 Drawing-in-the-Open-Air with John Watrous. We will use observational drawing as a vehicle for fully perceiving and appreciating the beauty all around us. As such, it is more of a meditational art class. Instructor will provide pencils, pens, hand-held drawing boards and paper for eight people. Or participants can bring their own sketch book and drawing materials. **North Boathouse Deck**
- 2:30-3:30 Kids program- Miniature Pizza Making offered by The Store Staff **The Store**
- 4-5:30 Three Piece Band playing for Happy Hour Morris Code returns to entertain us in the Inn Lobby. Happy Hour cash bar offered by Silver Bay **Berkaw Lounge**
- 5:30-7 Dinner **Dining Room**
- 7:15-8 Spontaneous Melodrama offered by Cameron and Friends Come laugh at this unique spontaneous drama production **Boyd Conference Room**
- 7:30-9 Games and Puzzle Lounge There will be refreshments Come play board games and do puzzles. **Gullen**
- 8-9:30 Evening of Music with the *Oldies but Goodies* a Three-Piece Band organized by Doc Mike Levi with Bud Mazura and David Schwartz. There will be refreshments. Hosts Barb and Dave Metz **Boyd Conference Room**
- 11:00 Quiet Hours - be considerate of your neighbors.
- MONDAY NOTE: check out time is 11 am; please move belongings to cars**
- 7-8 Fitness Centers: main in Fischer Gym; satellite in Boyd. Door lock codes available from Inn Desk
- 7-9 Breakfast 7-7:30 continental; 7:30-9 full breakfast **Dining Room**
- 8-9 Advance sign up for Silver Spirit boat tours; limited to 12; \$24/adult, \$12/3-17 **Inn Desk**
- 9-11 Coffee service available in Berkaw Lounge off Inn Lobby near fireplace **Berkaw**
- 9-12 Silver Bay Recreational Options: Archery, Boathouse (kayaks, canoes), Disc Golf, Shuffleboard, Tennis, Outdoor Labyrinth Walk, Climbing Wall (if under 15 an adult required), Pickle Ball, etc
- 9-1 Gift Shop and Ice Cream/Snack Bar Open (coffee, crepes, bagels, etc.) **The Store**
- 9-10:30 Shuttles to and from Inn and Programs available, ask at Inn Desk
- 9:15-10:30 How to Breathe for Health and Harmony with Arlana Young **Boathouse**
- 9:15-10:15 Tour of the Silver Bay Kitchen with chef Tony **Meet in Boyd Lobby**
- 9:15-10:30 Shuffleboard Tournament with **Shuffleball Courts**
- 9:15-10:30 Pickle Ball Tournament with Lois & Don Porter **Pickle Ball Courts**
- 11 Check Out Time: please move belongings to car. Thank You
- 11-12 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**
- 11:45-1 Lunch and Evaluations Jaye Holly Evaluation Chair **Dining Room**
- 1-2 Silver Spirit boat tour Advance sign up & payment at Inn Desk; \$24/adult, \$12/3-17 **Main Dock**

HAVE A SAFE TRIP HOME. MARK YOUR CALENDAR: 32th annual UU Weekend at Silver Bay Oct 10-13, 2025