

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth:

Sunday, February 23:

- Child Care (Nursery/Toddler) Room 22 opens for drop off at 9:45.
- PreK 4- Grade 4 meets in Room 24/25 after the story in service.
- Neighboring Religions (5th-8th) meets in Room B1 after the story in service.
- Coming of Age (9th) meets downstairs in Room B7 after the story in service.
- Youth Group (9th-12th) meets downstairs in B8 after the story in service.

If you are visiting or new to Albany UU, please accompany your child/children to their groups to leave contact info with our volunteers. Registration forms are available in the church lobby if you'd like to sign up.

Pickup is at 11:15, except for high school age kids who are released on their own.

Unitarian Universalist Article II Value for February Pluralism. We celebrate that we are all sacred beings, diverse in culture, experience, and theology. We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

Albany Unitarian Universalist

Rev. Ann Kadlecek, Interim Minister
Elizabeth Baldes, Director of Programs for Children and Youth
Olga Martinez, Director of Music Ministry
Sophia Garder, Administrator
Ben Warner, Tech Support

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Contact us: 518.463.7135 • office@albanyuu.org

How to Be Afraid

Rev. Ann Kadlecek



Photo by Kazuend

Albany Unitarian Universalist

Sunday, February 23, 2025

10:00 AM

How to Be Afraid

February 23, 2025

Gathering Music Olga Martinez, Director of Music Ministry

Announcements Dave Munro, Service Associate

Ringing of the Chime

Welcome

Congregational Greeting

Prelude *Fear* by Jazmine Sullivan Olga Martinez

Call to Community Rev. Ann Kadlecek

Opening Song *There is a Love*
Music by Elizabeth Norton, Words by Rebecca Parker

Chalice Lighting Dave Munro
In a time of fear,
May this flame illuminate
The courage within

Story *The Forest* by Claire Nivola Rev. Ann Kadlecek

Singing the Children Out
#414 As You Leave This Friendly Place

Joys and Sorrows Sharon Babala, Pastoral Care Associate

Sung Response *#123 Spirit of Life*

Reading by J. Ruth Gendler Rev. Ann Kadlecek

Sermon Part I Rev. Ann Kadlecek

Breathing Activity Sharon Babala

Sermon Part II Rev. Ann Kadlecek

Musical Reflection *Courage* Albany UU Small Ensemble
Music and Words by Sandra Howard

Offering Dave Munro

Offertory Olga Martinez

Benediction Rev. Ann Kadlecek

Closing Song *Keep On Saying Yes*
Music and Words by Lea Morris

Chalice Extinguishing Dave Munro
*We extinguish this flame but not the light of truth
The warmth of community, or the fire of commitment.
These we carry in our hearts until we are together
again.*

Coffee Hour Connection BIPOC Team

Flowers for this service were donated by Jan McCracken.
~ *Remembering Martha and Fred Schroeder, my parents, your friends,
our ancestors in training.* ~

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!