We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. Mission statement, adopted May 18, 2014

Programs for Children and Youth

Sunday, March 9

- Child Care (Nursery/Toddler) Room 22 opens for drop off at 9:45.
- PreK 4- Grade 4 meets in Room 24/25 after the story in service.
- Neighboring Religions (5th-8th) meets in Room B1 after the story in service.
- Youth Group (9th-12th) meets downstairs in B8 after the story in service.

If you are visiting or new to Albany UU, please accompany your child/children to their groups to leave contact info with our volunteers. Registration forms are available in the church lobby if you'd like to sign up.

Pickup is at 11:15, except for high school age kids who are released on their own.

Interested in helping out? Questions about the program? Email Elizabeth Baldes, Director of Programs for Children & Youth, at ebaldes@albanyuu.org.

Unitarian Universalist Article II Value for March

Interdependence. We honor the interdependent web of all existence. With reverence for the great web of life and with humility, we acknowledge our place in it. We covenant to protect Earth and all beings from exploitation. We will create and nurture sustainable relationships of care and respect, mutuality and justice. We will work to repair harm and damaged relationships.

Albany Unitarian Universalist

Rev. Ann Kadlecek, Interim Minister
Elizabeth Baldes, Director of Programs for Children and Youth
Olga Martinez, Director of Music Ministry
Sophia Garder, Administrator
Ben Warner, Tech Support

405 Washington Avenue, Albany, New York • AlbanyUU.org **Contact us:** 518.463.7135 • office@albanyuu.org

How Poetry Can Sustain Us in this Challenging Time

Anny Lapinski & John Cooley



Illustration by Jeffrey Wright-Sedam

Albany Unitarian Universalist

Sunday, March 9, 2025 10:00 AM

How Poetry Can Sustain Us in this Challenging Time

March 9, 2025

Gathering Music Olga Martinez, Director of Music Ministry

Announcements Lee Newberg, Service Associate

Ringing of the Chime

Welcome

Congregational Greeting

Stewardship Testimonial Julie Shaw

Prelude Low Lily Music and Words by Lissa Schneckenburger

Call to Community

Anny Lapinski

Instructions on Not Giving Up by Ada Limon

Opening Song/Dance Rich Baldes & Anny Lapinski

Puff the Magic Dragon

Music and Words by Peter Yarrow & Leonard Lipton

Chalice Lighting *Wild Geese* by Mary Oliver Lee Newberg

Story Poems from *Sail Away* by Langston Hughes

Singing the Children Out As You Leave This Friendly Place

Joys and Sorrows Alice Sage & Jim Chicoine

Pastoral Care Associates

Sung Response #123 Spirit of Life

Reflection John Cooley

Poems

Papa's Waltz by Theodore Rothke John Cooley

The Road Not Taken by Robert Frost Jake Campbell

Ego Tripping Nikki Giovanni

The Eagle by Joy Harjo Ireta London

The Sweetness of Dogs by Mary Oliver Pam Clements

Moment of Silence Anny Lapinski

Offering Lee Newberg

Offertory Olga Martinez

Benediction John Cooley

Closing Song Turn! Turn! Rich Baldes

Music by Pete Seeger, Words from Book of Ecclesiastes

Chalice Extinguishing

Lee Newberg

We extinguish this flame but not the light of truth The warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Coffee Hour Connection

Wine & Cheese Tasting

Flowers for this service were donated by Sandy Stone. ~ In celebration of light! ~

Silent Auction- Youth Group is hosting a Silent Auction on **April 6th** to benefit their Second Meal project, where they pack portable, shelf-stable food that is given to the guests at Albany UU's monthly Community Breakfast. This way breakfast visitors enjoy a hot, sit down meal during their time here, as well as a second meal later on. Donations of new or gently used items in clean, salable condition to be auctioned can be dropped off on Sunday 3/16 and Sunday 3/30.

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!