

**We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014***

#### **Programs for Children and Youth:**

**Sunday 6/22** began summer programming for children & youth, which will run through **8/31**. PreK and older children can be dropped off by their grownup before or during service for supervised craft and play time upstairs in Room 24/25. For our youngest friends, the Nursery/Toddler Room 22 is available for families to use, but is not staffed and parents and caregivers provide supervision for their own little ones.

Please check in with the PCY staff person in Room 24/25 if you have any questions on Sunday morning.

Interested in helping out? Questions about the program? Email Elizabeth Baldes, Director of Programs for Children & Youth, at [ebaldes@albanyuu.org](mailto:ebaldes@albanyuu.org).

#### **Unitarian Universalist Association Bylaws: Article II Section C-2.2. Values and Covenant**

As Unitarian Universalists, we covenant, congregation-to-congregation and through our Association, to support and assist one another in our ministries. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love.

**Love is the power that holds us together and is at the center of our shared values.** We are accountable to one another for doing the work of living our shared values through the spiritual discipline of love.

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#### **Albany Unitarian Universalist**

Rev. Ann Kadlecek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

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# **The Language of Self Knowing**

**Sigrin Newell**

with Carolyn Stetson,

**Worship Associate**

**Albany Unitarian Universalist**

Sunday, June 29, 2025

10:00 AM

# The Language of Self Knowing

June 29, 2025

**Gathering Music** Veronica Allen, Musician

**Announcements** Carolyn Stetson, Worship Associate

**Ringling of the Chime**

**Welcome**

**Prelude** *Before the Dawn* Veronica Allen

**Call to Community** Sigrin Newell

**Opening Hymn** #1053 *How Could Anyone*

**Chalice Lighting** Sigrin Newell  
*A True Story* by Li Kynv

**Joys and Sorrows** Sharon Babala  
**Sung Response** #123 *Spirit of Life*

**Reading** Carolyn Stetson  
*To Find Myself* by Robert Penn Warren

**Reflection** Carolyn Stetson

**Sermon/Reflection** Sigrin Newell  
*The Language of Self Knowing*

**Moment of Silence**

**Congregational Discussion** Sigrin Newell

**Offering** Carolyn Stetson

**Offertory** *Shameless* Veronica Allen

**Benediction** *Doubt and Joy* Sigrin Newell  
by Vanessa Titang & Laura Solomon

**Hymn** #1064 *Blue Boat Home*

**Chalice Extinguishing**

*We extinguish this flame  
but not the light of truth,  
The warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.*

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!