

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth:

Today we'll have the first meetings of our age-based groups, which take place after the story in service. If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. There will be people available to direct you if needed. **Groups run until 11:15**, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

- **Childcare** (Nursery/Toddler for ages 3 & under) upstairs in Room 22 opens at 9:45
- **PreK 4- Grade 1** meets upstairs in Room 24-25 after the story in service
- **Grades 2-4** meet upstairs in Room 26 after the story in service
- **Grades 5-8** meet downstairs in Room B1 after the story in service
- **High School Youth Group** (9th-12th) meets downstairs in Room B8 after the story in service

Today is also the **annual meetup in Washington Park** hosted by the Programs for Children & Youth Council. There will be some snacks and drinks to share, and you are invited to bring your own lunch and water bottle. We'll have some outdoor games to play and it's a nice chance to get to know one another. See the sign in the lobby next to the "RE" Office Window for more info.

If you have any Programs for Children & Youth related questions on Sunday morning before service please stop by the "RE" Office Window in the lobby. If you are interested in helping out and would like to talk about our programs, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

We are so glad you are here!

As Unitarian Universalists, we draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of love.

- Unitarian Universalist Association Bylaws

Albany Unitarian Universalist

Rev. Ann Kadlecsek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

405 Washington Avenue, Albany, New York • AlbanyUU.org

Contact us: 518.463.7135 • office@albanyuu.org



Image by Ana Municio

Why Do We Do That?

Rev. Ann Kadlecsek

**Alison Hart,
Worship Associate**

Albany Unitarian Universalist

Sunday, September 14, 2025

10:00 AM

Why Do We Do That?

September 14, 2025

Gathering Music Chris Milkins, Musician

Announcements Alison Hart, Worship Associate

Coffee Hour Connection Congregational Life Team

Ringing of the Chime

Welcome Alison Hart

Congregational Greeting

Opening Hymn *We Shine Our Light* by Leah Orchinik

Call to Community & Chalice Lighting Rev. Ann Kadlecek

“Why a flaming chalice?” the question comes.
It’s the cup of life, we answer,
It’s a flame of truth, and
in days of uncertainty and challenge,
a light to warm our souls and guide us home.
- Lisa Doege

My Religion by Linda Smith Koehler

Rich Baldes & Small Ensemble

Commissioning of Pastoral Care Associates Rev. Ann Kadlecek

Congregation:

Today we call you forth from among us.
We place our trust in you,
asking you to sit with us in our pain
and celebrate with us in our joy.
We ask you to be our spiritual companions,
witnesses of our lives’ paths.

Story Elizabeth Baldes, Dir. of Prog. for Children & Youth
A Cup of Light by Pamela Baxter

Singing the Children Out #414 *As You Leave this Friendly Place*

Worship Associate Reflection Alison Hart

Joys and Sorrows Debbie Rodriguez & Jim Chicoine

Sung Response #123 *Spirit of Life*

Reading *The Woodcarver* by Thomas Merton Alison Hart

Sermon Rev. Ann Kadlecek

Offering Alison Hart

Offertory Olga Martinez

Closing Hymn #295 *Sing Out Praises for the Journey*

Benediction & Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Flowers for this service were donated by Cindee Herrick.
~ *Sign up in Channing Hall or online to provide flowers for our Sunday services.* ~

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!

ANNOUNCEMENTS FOR SUN., SEPT. 14TH:

From Elizabeth Baldes:

Programs for Children & Youth is proud to announce that the picture book library for children in the upstairs hallway is up and open for business. The collection includes copies of today's service story as well as many other wonderful reads, all connected to Unitarian Universalist values. All are invited to browse and borrow!

Programs for Children & Youth also invites everyone to their annual meetup in Washington Park, happening today when groups end at 11:15. Details are on the sign by the "RE" Office Window in the lobby.

From Nancy Willie-Schiff:

The Albany UU Task Force on End-of-Life Choice invites you to stay in Community Hall after today's service for a few minutes for a group photo that we will send to Governor Hochul to encourage her to sign the Medical Aid in Dying Act. Everyone is invited! Please join us!

ANNOUNCEMENTS FOR SUN., SEPT. 14TH:

From Elizabeth Baldes:

Programs for Children & Youth is proud to announce that the picture book library for children in the upstairs hallway is up and open for business. The collection includes copies of today's service story as well as many other wonderful reads, all connected to Unitarian Universalist values. All are invited to browse and borrow!

Programs for Children & Youth also invites everyone to their annual meetup in Washington Park, happening today when groups end at 11:15. Details are on the sign by the "RE" Office Window in the lobby.

From Nancy Willie-Schiff:

The Albany UU Task Force on End-of-Life Choice invites you to stay in Community Hall after today's service for a few minutes for a group photo that we will send to Governor Hochul to encourage her to sign the Medical Aid in Dying Act. Everyone is invited! Please join us!

We Shine Our Light

♩ = 100 D G A D D

We shine our light in search of hope, we
We give our heart in search of love, we
We speak our mind in search of truth, we

3 D G A D A

shine our light in search of hope.
give our heart in search of love.
speak our mind in search of truth. Each

5 Bm A G D A D G

path is our own but we're not a - lone, we

7 D G A D D

shine our light in search of hope.
give our heart in search of love.
speak our mind in search of truth.

♫ Words & music: Leah Orchinik, b.1983
© Leah Orchinik
Sing Out Love expiration August 2028

Arrangement Permissions
 One-time Adaptation
 New Arrangement OK
 Seek permission to arrange
 Look at the Sing Out Love "Permissions" section for further explanation 8.8.10.8.

We Shine Our Light

♩ = 100 D G A D D

We shine our light in search of hope, we
We give our heart in search of love, we
We speak our mind in search of truth, we

3 D G A D A

shine our light in search of hope.
give our heart in search of love.
speak our mind in search of truth. Each

5 Bm A G D A D G

path is our own but we're not a - lone, we

7 D G A D D

shine our light in search of hope.
give our heart in search of love.
speak our mind in search of truth.

♫ Words & music: Leah Orchinik, b.1983
© Leah Orchinik
Sing Out Love expiration August 2028

Arrangement Permissions
 One-time Adaptation
 New Arrangement OK
 Seek permission to arrange
 Look at the Sing Out Love "Permissions" section for further explanation 8.8.10.8.