

**We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014***

#### **Programs for Children and Youth:**

- **Childcare** (Nursery/Toddler for ages 3 & under) upstairs in Room 22 opens at 9:45
- **PreK 4- Grade 1** meets upstairs in Room 24-25 after the story in service
- **Grades 2-4** meet upstairs in Room 26 after the story in service
- **Grades 5-8** meet downstairs in Room B1 after the story in service
- **High School Youth Group** (9th-12th) meets downstairs in Room B8 after the story in service

If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. There will be people available to direct you in the hallway after the story in service, and before the service in the "RE" Office Window in the lobby. **Groups run until 11:15**, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

If you are interested in helping out or you would like to ask about our programs, please email the Director of Programs for Children & Youth at [dre@albanyuu.org](mailto:dre@albanyuu.org).

We are so glad you are here!

---

As Unitarian Universalists, we draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of love.

- Unitarian Universalist Association Bylaws

---

#### **Albany Unitarian Universalist**

Rev. Ann Kadlecsek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

405 Washington Avenue, Albany, New York • [AlbanyUU.org](http://AlbanyUU.org)

**Contact us:** 518.463.7135 • [office@albanyuu.org](mailto:office@albanyuu.org)



*Photo by Adalia Botha*

# **Forgiveness**

**Rev. Ann Kadlecsek**

**Debbie Brown,  
Worship Associate**

**Albany Unitarian Universalist**

**Sunday, September 21, 2025**

**10:00 AM**

## Forgiveness

September 21, 2025

**Gathering Music** Olga Martinez, Director of Music Ministry

**Announcements** Debbie Brown, Worship Associate

**Ringling of the Chime**

**Welcome** Debbie Brown

**Congregational Greeting**

**Opening Song** *Whoever You Are* Music by Adam Podd,  
Words by Reverend Anna Levy-Lyons

*Whoever you are,  
Whomever you love,  
Wherever you are in your life journey,  
You are welcome here.*

**Call to Community & Chalice Lighting** Rev. Ann Kadlecek  
& The Torres Family

We light our chalice.  
For truth,  
For love,  
And for forgiveness –  
The place where truth and love  
meet and merge  
- Words adapted from Vanessa Rush Southern

*The Web of Life* by Sara Ruth Davis

**Story** Elizabeth Baldes, Dir. of Prog. for Children & Youth  
*The Forgiveness Garden* by Lauren Thompson

**Singing the Children Out** *As You Leave this Friendly Place*

**Joys and Sorrows** Randy Rosette & Sharon Babala

**Sung Response #123** *Spirit of Life*

**Reading** Rev. Ann Kadlecek  
*After 27 Years My Mother Apologizes for My Childhood*  
by Sharon Olds (abridged)

**Sermon** Rev. Ann Kadlecek

**Music for Reflection** *Rivers of Grace* by Carla Gates

**Offering** Debbie Brown  
**Offertory** Olga Martinez

**Closing Hymn** *Rivers of Grace* by Carla Gates

**Benediction & Chalice Extinguishing**

*We extinguish this flame  
but not the light of truth,  
The warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.*

Flowers for this service were donated by Cindee Herrick.  
~ *For the Autumnal Equinox.* ~

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!

## **ANNOUNCEMENTS FOR SUNDAY, 9/21**

From Elizabeth Baldes:

Programs for Children & Youth is proud to announce that the picture book library for children in the upstairs hallway is open for your use. The collection includes copies of stories told in service as well as many other wonderful books, all of which are connected to Unitarian Universalist values. All are invited to browse and borrow!

Save the date for our first congregational potluck on Friday, October 17th at 5:30 PM! Food will be provided for anyone not able to make or bring a dish. After dinner there will be light multigenerational UU programming and informal conversation in Channing, as well as the chance to sit quietly in the peace of the Sanctuary. We are calling this series of events, held on the third Friday of the month from October-May, "Friday Night Lights". Hope to see you there, we'll leave the light on for you!

# The Web Of Life

♩ = 85



1. Shar - ing our joy to - ge - ther.\_\_\_\_
2. Striv - ing for change to - ge - ther.\_\_\_\_
3. Jour - ney - ing on to - ge - ther.\_\_\_\_



Bear - ing our grief\_\_ to - ge - ther.\_\_ The web of life  
 Heal - ing our pain\_\_ to - ge - ther.\_\_  
 Learn - ing to love more to - ge - ther.\_\_



holds us in this truth; we are not a - lone.

# The Web Of Life

♩ = 85



1. Shar - ing our joy to - ge - ther.\_\_\_\_
2. Striv - ing for change to - ge - ther.\_\_\_\_
3. Jour - ney - ing on to - ge - ther.\_\_\_\_



Bear - ing our grief\_\_ to - ge - ther.\_\_ The web of life  
 Heal - ing our pain\_\_ to - ge - ther.\_\_  
 Learn - ing to love more to - ge - ther.\_\_



holds us in this truth; we are not a - lone.

# Rivers of Grace

1 BLUESY Dm /C

Come in - to the heal - ing riv - ers ri - vers of grace. Come in - to the  
 Love shines in the heal - ing riv - ers ri - vers of grace. Love shines in the  
 For - give - ness flows in these riv - ers ri - vers of grace, For - give - ness flows  
 Come bathe in the heal - ing riv - ers ri - vers of grace, Come bathe in the

4 /Bb /A Gm7 Dm

heal - ing riv - ers riv - ers of grace Come in - to the  
 heal - ing riv - ers riv - ers of grace Love shines in the  
 in these riv - ers riv - ers of grace For - give - ness flows  
 heal - ing riv - ers riv - ers of grace Come bathe in the

6 Dm /C

heal - ing ri - vers riv - ers of grace flow - ing  
 heal - ing ri - vers riv - ers of grace flow - ing  
 in these ri - vers ri - vers of grace flow - ing  
 heal - ing ri - vers ri - vers of grace flow - ing

8 Bb7 Am/D Dm

down, down, down to my soul

# Rivers of Grace

1 BLUESY Dm /C

Come in - to the heal - ing riv - ers ri - vers of grace. Come in - to the  
 Love shines in the heal - ing riv - ers ri - vers of grace. Love shines in the  
 For - give - ness flows in these riv - ers ri - vers of grace, For - give - ness flows  
 Come bathe in the heal - ing riv - ers ri - vers of grace, Come bathe in the

4 /Bb /A Gm7 Dm

heal - ing riv - ers riv - ers of grace Come in - to the  
 heal - ing riv - ers riv - ers of grace Love shines in the  
 in these riv - ers riv - ers of grace For - give - ness flows  
 heal - ing riv - ers riv - ers of grace Come bathe in the

6 Dm /C

heal - ing ri - vers riv - ers of grace flow - ing  
 heal - ing ri - vers riv - ers of grace flow - ing  
 in these ri - vers ri - vers of grace flow - ing  
 heal - ing ri - vers ri - vers of grace flow - ing

8 Bb7 Am/D Dm

down, down, down to my soul