

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth **today, 10/5.**

On the first Sunday of the month from October-May, Family Chapel is presented in the Sanctuary at 9:30AM and lasts for around 20-25 minutes. **Sunday morning groups begin at 10AM** on Family Chapel Sundays, and the groups use the extra time to enjoy a snack together. Childcare (Nursery/Toddler) opens at the usual time of 9:45 upstairs in Room 22.

If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. If you aren't sure where to go, there is someone to ask at the "RE" Office Window in the lobby. **Groups run until 11:15**, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

If you are interested in helping out or you would like to ask about our programs, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

Worship Theme for October: Covenant

Albany Unitarian Universalist

Rev. Ann Kadlecek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

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Contact us: 518.463.7135 • office@albanyuu.org



The Work of Love

Rev. Ann Kadlecek

**Ireta London,
Service Assistant**

Albany Unitarian Universalist

Sunday, October 5, 2025

10:00 AM

The Work of Love

October 5, 2025

Gathering Music Olga Martinez, Director of Music Ministry

Announcements Ireta London, Service Assistant

Coffee Hour Connection Social Justice Team

Ringling of the Chime

Welcome Ireta London

Congregational Greeting

Hymn #347 *Gather the Spirit*

Call to Community & Chalice Lighting Rev. Ann Kadlecek

Love is the power
that holds us together
and is at the center
of our shared values.
We are accountable to one another
for doing the work
of living our shared values
through the spiritual discipline of Love.

- From the UUA bylaws, Art. II

Love is at the Center Albany UU Choir
by Emily Joy Goldberg

Story Rev. Ann Kadlecek

Flock of Birds a folktale from India
retold by Faye Mogensen

Joys and Sorrows Jim Chicoine & Randy Rosette

Sung Response #123 *Spirit of Life*

Sermon Rev. Ann Kadlecek

Readings from Mia Mingus Ireta London

Musical Reflection *Responsibility* Albany UU Choir
music by Mark Sirett, words by Hillel the Elder

Offering Ireta London

Offertory Olga Martinez

Hymn #131 *Love Will Guide Us*

Benediction & Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Flowers for this service were donated
by Barb & Chuck Manning.
~ In memory of Chuck's mom, Janette Schryver Manning. ~

Musicians and other service leaders are grateful for your appreciation.
However, we ask that you refrain from audible applause during the service.
Thank you!

Share the Plate with the FOCUS Food Pantry in October

This month, Albany UU will share half of the collection plate with **the FOCUS Interfaith Food Pantry**.

Last year, **the FOCUS Food Pantry served 4,190 households** from its site at Emmanuel Baptist Church, 275



State Street. The Food Pantry offers a 6-day supply of food to Albany families and is open Monday through Friday mornings as well as the last Saturday of the month.

FOCUS is supported by six "covenant congregations" as well as 9 affiliates. As an affiliate,

Albany UU has supported the FOCUS Food Pantry since at least 1977. We will share the plate with FOCUS during three different months in the coming year.

Your contribution made by cash, text, online or by check made out to Albany UU will be split between Albany UU and FOCUS, unless you tell us otherwise. If you want your entire check to go towards your annual pledge, write "pledge" on the memo line. If you want your entire check to go to FOCUS, write "all to FOCUS" on the memo line.



Learn more about the FOCUS Food Pantry at www.focuschurches.net/interfaith-food-pantry

ANNOUNCEMENTS FOR SUNDAY, OCT. 5th:

From Programs for Children & Youth:

If you are here with children and youth today, their groups are beginning at 10:00 AM this morning instead of after the story in service. Please take this chance to drop them off as needed. If you aren't sure where to go, Karen and Luis are at the "RE" Office window in the lobby to help.

From Tech Support:

Tech Training November 1, 11:00 AM

Would you like to learn to provide tech support for Sunday services? We're looking for a few more people to provide this critical service on occasional Sundays. No prior experience with sound or video equipment is needed – you'll be given written instructions, in-person training on Nov 1, and further support from Ben Warner (Tech Support Staff Person) as you gain practice. With questions, or to learn more, contact Ben Warner at bwarnar@albanyuu.org or in person on a Sunday morning. Please **RSVP with Sophia Garder** (sgarder@albanyuu.org) so we can provide you with materials ahead of time. And then please **join us in Community Hall at 11:00 AM on Saturday Nov. 1!**

From Albany UU Worship Associates:

Information Session For Lay-Led Services
With a Worship Associate Team trained and working to help with services, there are new procedures for those congregants who lead services. And we would love to welcome new service leaders! All lay leaders of services, and anyone who wants to learn how the process works, are urged to attend an Information Session after today's service from 11:30-12:30 to learn how Worship Associates can help you to plan and run your next service.

From the Board of Trustees:

The Board of Trustees has approved a Special Meeting of the Congregation on Sunday, October 19th, at 11:30 AM for the single purpose of voting on a resolution of the First Unitarian Universalist Society of Albany, New York, calling for a permanent end to violence in Israel and Palestine. Please save the date, and plan to attend in person or virtually. Additionally, all are invited to attend a Zoom-only congregational conversation to learn more, and to review and discuss the draft resolution. It will be at 7pm on October 7. Please check Windows Weekly for links.

From Arts & Aesthetics Team:

Please stop by the Meet-the-Artist table in Channing Hall during Coffee Hour after the service today. October's featured artist is Shannon Simpson.

From The Democracy Crisis Response Team:

PRO-DEMOCRACY RALLY – SATURDAY, OCTOBER 18th

Are you looking for a way to voice your frustration with the current federal policies and threats to democracy? The Democracy Crisis Response Team encourages Albany UU members and friends to go to the No Kings Day National Mobilization on Saturday, October 18th. This is another BIG ONE: a day of nationwide mass protests and defiance. We're going to show the world just how many of us refuse to submit—not now, not ever. It's looking like it could be the biggest day of protest in modern U.S. history. The Democracy Crisis Response Steering Committee will be in Channing Hall after the service on Oct. 4th and Oct. 12th if you would like to get additional information. It is not necessary to register but registering is important because it helps the organizers plan. Scan the QR code below to register:



From the Flowers Committee:

Want to celebrate a special birthday? Graduation? Wedding Anniversary? Honor someone who is no longer with you? Why not donate flowers for an Albany UU Sunday service? We can purchase and arrange the flowers for you! All you have to do is sign up to pay for the flowers and tell us who or what you are celebrating, and the Flower Team will do the rest! Use the QR code below to sign up:

