

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth

Programs for Children and Youth **today, 11/2.**

On the first Sunday of the month from October-May, Family Chapel is presented in the Sanctuary at 9:30AM and lasts for around 20-25 minutes. **Sunday morning groups begin at 10AM** on Family Chapel Sundays, and the groups use the extra time to enjoy a snack together. Childcare (Nursery/Toddler) opens at the usual time of 9:45 upstairs in Room 22.

If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. If you aren't sure where to go, there is someone to ask at the "RE" Office Window in the lobby. **Groups run until 11:15**, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

If you are interested in helping out or you would like to ask about our programs, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

Worship Theme for November: Belonging

Albany Unitarian Universalist

Rev. Ann Kadlecek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

405 Washington Avenue, Albany, New York • AlbanyUU.org

Contact us: 518.463.7135 • office@albanyuu.org



The Paradox of Belonging

Brian Frank

**Dawn Dana,
Worship Associate**

Albany Unitarian Universalist

Sunday, November 2, 2025

10:00 AM

The Paradox of Belonging

November 2, 2025

Gathering Music Chris Milkins, Musician

Announcements Dawn Dana, Worship Associate

Coffee Hour Connection New York UU Justice

Ringling of the Chime

Welcome Dawn Dana

Congregational Greeting

Hymn #188 *Come, Come, Whoever You Are*

Call to Community & Chalice Lighting Brian Frank
& Dawn Dana

May its light be a beacon of hope for the many.
Those who feel lost
Those who feel threat
Those who feel tired
Those who are uncertain.
May our beacon of hope
Help you find home
Help you feel safe
Give you respite
And honor your searching mind and spirit.

You Belong Here by Heather Houston
Olga Martinez, Director of Music Ministry
& Chris Milkins

Story *Guji Guji* by Chih-Yuan Chen Brian Frank

Singing the Children Out *As You Leave This Friendly Place*

Joys and Sorrows Ruth Samuels & Debbie Rodriguez

Sung Response #123 *Spirit of Life*

Reading Brian Frank

Sermon Brian Frank

Music *Part of the Whole* by Lee Morris

Offering Dawn Dana

Offertory Olga Martinez

Hymn *There is So Much Love* by Michael Gott

Benediction & Chalice Extinguishing Brian Frank

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Flowers are given by Cindee Herrick.
~ *Providing flowers for a church service is a lovely way to honor
a loved one or special memory.* ~

Musicians and other service leaders are grateful for your appreciation.
However, we ask that you refrain from audible applause during the service.
Thank you!

ANNOUNCEMENTS FOR SUNDAY, NOV. 2ND:

From the Congregational Life Team:

Come join the fun on Tuesday, November 4th (Election Day) at Albany UU while we peel and cut up apples for the pies we will be selling in time for Thanksgiving! No experience necessary! We start at 9:00 AM and usually finish by 11:30. Bring your favorite peeler and/or knife and join us! Contact Barb Manning or Sandy Stone with any questions.

From the Religious Services Team:

Are you interested in being part of our Sunday service? Training for the role of Worship Associate will be offered on Nov 22 from 9:30 to 1:00 in Community Hall. Bagels will be provided at the start. If you have questions about the training or the role please contact either Rev Ann or Debbie Brown. If you are planning to come please let Sophia in the church office know.

From Programs for Children & Youth:

Albany UU's Programs for Children & Youth could use a few more volunteers to serve as substitute guides this year. If you have ever thought about working with children and youth this is a great opportunity to try it out! Volunteers are supported in their work by Programs for Children and Youth staff and the time commitment for this role is minimal. Contact Elizabeth Baldes, Director of Programs for Children and Youth for more info.

From the Congregational Life Team:

It's Coming! Soups, Pies and Crafts

We are thrilled to announce the return of our In-Person ***Soup/Pie and Craft Sale!!*** Your favorite homemade Soups and Pies will be available for sale in Channing Hall on Sunday, Nov. 23rd and Dec. 7th after the service. Also, on Dec 7th, select wonderful handmade crafts and gifts to bring home for all ages for the holidays. Watch for more details as it gets closer.

From The Democracy Crisis Response Team:

A forum entitled "Are Elections Rigged?" will be presented after today's service at 11:30 AM in Community Hall. All are welcome. The forum will address election machinery and methods - how they are supposed to work, how they can be corrupted to alter the vote, and how we can protect against that corruption. You can hear the story of 2024 post-election audits in Rensselaer County and efforts since then to hold the State Board of Elections accountable.



Share the Plate with the Sheridan Preparatory Academy in November

This month, Albany UU will share half of the collection plate with Sheridan Preparatory Academy, which predominantly serves children of color from low-income families.

Our goal, through our 13-year relationship, has been to give these children some of the experiences that more affluent children take for granted. We have volunteered our time: working in the classroom, building a playground, and helping with school projects. We have provided funds individually and from our operational budget and endowment trust for playground equipment, new lots, and field trips. Through this work, UUs build our own community.

We are sharing the plate today to help meet the school's many needs: paying for children's author Eric Litwin's presentation; sensory materials for over stimulated children; and, with the loss of SNAP, additional food and supplies for its food pantry. Sheridan Prep would also like to better meet the unique food needs of immigrant families. Your contribution made by cash, text, online or by check made out to Albany UU will be split between Albany UU and Sheridan Prep, unless you tell us otherwise. If you want your entire check to go towards your annual pledge, write "pledge" on the memo line. If you want your entire check to go to Sheridan Prep, write "all to SPA" on the memo line.

You Belong Here

Words and music by Heather Houston

1

You be - long here____ in this place You be - long here____
I be - long here____ in this place I be - long here____
We be - long here____ in this place We be - long here____

5

in this place Oh, I____ see you and I
in this place Oh, I____ see you and I
in this place Oh, I____ see you and I

8

see you see - ing me too____ too____ You be -
see you see - ing me too____
see you see - ing me

11

long here____ in this place I be - long here____

14

in this place We be - long here____ in this place

Heather Houston
© June 2022

You Belong Here

Words and music by Heather Houston

1

You be - long here____ in this place You be - long here____
I be - long here____ in this place I be - long here____
We be - long here____ in this place We be - long here____

5

in this place Oh, I____ see you and I
in this place Oh, I____ see you and I
in this place Oh, I____ see you and I

8

see you see - ing me too____ too____ You be -
see you see - ing me too____
see you see - ing me

11

long here____ in this place I be - long here____

14

in this place We be - long here____ in this place

Heather Houston
© June 2022

There is So Much Love

Words and Music by Michael Gott (Adapted)

There is so much
love. There is so much love.
Love that heals, love that
sets us free. There is
so much love.

The musical score on the left page is written in treble clef with a key signature of three sharps (F#, C#, G#). It consists of five staves of music. The first staff (measures 1-2) is in 4/4 time and contains the lyrics 'There is so much'. The second staff (measures 3-4) is in 4/4 time and contains the lyrics 'love. There is so much love.'. The third staff (measures 5-6) is in 4/4 time and contains the lyrics 'Love that heals, love that'. The fourth staff (measures 7-8) is in 4/4 time and contains the lyrics 'sets us free. There is'. The fifth staff (measures 9-10) is in 4/4 time and contains the lyrics 'so much love.'. The score ends with a double bar line.

There is So Much Love

Words and Music by Michael Gott (Adapted)

There is so much
love. There is so much love.
Love that heals, love that
sets us free. There is
so much love.

The musical score on the right page is identical to the one on the left page. It is written in treble clef with a key signature of three sharps (F#, C#, G#) and consists of five staves of music. The first staff (measures 1-2) is in 4/4 time and contains the lyrics 'There is so much'. The second staff (measures 3-4) is in 4/4 time and contains the lyrics 'love. There is so much love.'. The third staff (measures 5-6) is in 4/4 time and contains the lyrics 'Love that heals, love that'. The fourth staff (measures 7-8) is in 4/4 time and contains the lyrics 'sets us free. There is'. The fifth staff (measures 9-10) is in 4/4 time and contains the lyrics 'so much love.'. The score ends with a double bar line.

Part of the Whole

Lee Morris



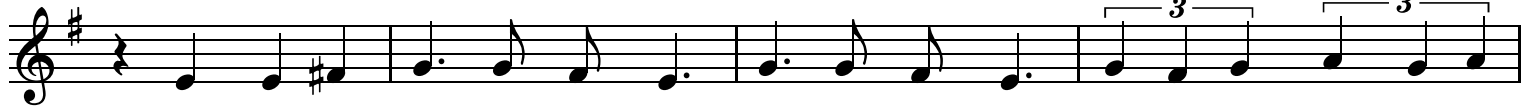
We join in sing - ing to - geth - er sing - ing to - geth - er my voice but one part
We join in work - ing to - geth - er work - ing to - geth - er my hands but one part
We join in grow - ing to - geth - er grow - ing to - geth - er my dream but one part

5



and while we're sing - ing to - geth - er sing - ing to - geth - er beat - ing as one heart
and while we're work - ing to - geth - er work - ing to - geth - er beat - ing as one heart
and while we're grow - ing to - geth - er grow - ing to - geth - er beat - ing as one heart

9



Some - bo - dy hears the sing - ing how the sing - ing wakes up and shakes up the
Some - bo - dy sees the work - ing how the work - ing wakes up and shakes up the
Some - bo - dy feels the grow - ing how the grow - ing wakes up nd shakes up the

13



soul. And pret - ty soon there is a - noth - er voice sing - ing
soul. And pret - ty soon there are some oth - er hands work - ing
soul. And pret - ty soon there is a - noth - er dream grow - ing

16



and a - noth - er _____ part of the whole.
and a - noth - er _____ part of the whole.
and a - noth - er _____ part of the whole.

Part of the Whole

Lee Morris



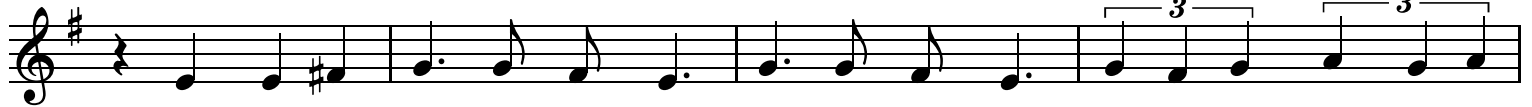
We join in sing - ing to - geth - er sing - ing to - geth - er my voice but one part
We join in work - ing to - geth - er work - ing to - geth - er my hands but one part
We join in grow - ing to - geth - er grow - ing to - geth - er my dream but one part

5



and while we're sing - ing to - geth - er sing - ing to - geth - er beat - ing as one heart
and while we're work - ing to - geth - er work - ing to - geth - er beat - ing as one heart
and while we're grow - ing to - geth - er grow - ing to - geth - er beat - ing as one heart

9



Some - bo - dy hears the sing - ing how the sing - ing wakes up and shakes up the
Some - bo - dy sees the work - ing how the work - ing wakes up and shakes up the
Some - bo - dy feels the grow - ing how the grow - ing wakes up nd shakes up the

13



soul. And pret - ty soon there is a - noth - er voice sing - ing
soul. And pret - ty soon there are some oth - er hands work - ing
soul. And pret - ty soon there is a - noth - er dream grow - ing

16



and a - noth - er _____ part of the whole.
and a - noth - er _____ part of the whole.
and a - noth - er _____ part of the whole.