

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth

Programs for Children and Youth **today, 11/16.**

Childcare (Nursery/Toddler) opens at 9:45 upstairs in Room 22. Children and youth up to 12th grade start out in service and then go to their age-based groups following the story.

If you are new or visiting, and your child isn't registered, please accompany them to their room and sign them in. If you aren't sure where to go, check in at the "RE" Office Window in the lobby before service, or Paula, our Programs for Children & Youth Assistant will be available in the hallway to help when the kids head out.

Groups run until 11:15, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

If you are interested in helping out, or you would like to ask about our programs, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

Worship Theme for November: Belonging

Albany Unitarian Universalist

Rev. Ann Kadlecsek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Ben Warner, Tech Support

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Contact us: 518.463.7135 • office@albanyuu.org



Image by Maria Lin Kim

Being Welcoming

The Inclusivity Team and
Rev. Ann Kadlecsek

Dick Dana,
Worship Associate

Albany Unitarian Universalist

Sunday, November 16, 2025

10:00 AM

Being Welcoming

November 16, 2025

Gathering Music Olga Martinez, Director of Music Ministry
& Chris Milkins

Announcements Dick Dana, Worship Associate

Coffee Hour Connection Endowment Trust

Ringling of the Chime

Welcome Dick Dana

Congregational Greeting

Prelude *Elegy* by Veronica Allen Veronica Allen

Call to Community & Chalice Lighting Rev. Ann Kadlecek

Here, today, in this place and with these people,
May we listen so that we can hear;
May we hear so that we can feel;
May we feel so that we can know; and
May we know so that we can change ourselves and
this world.
May this chalice we light,
Light our Way.

By Erik Walker Wikstrom

Recognition of Transgender Day of Remembrance

Sorrel Harrow

We Will Carry Each Other by Soren Austenfeld

Story Mary Fellows

Ouch! Moments: When Words are Used in Hurtful Ways
by Michael Genhart, illustrated by Viviana Garofoli

Singing the Children Out As You Leave This Friendly Place

Joys and Sorrows Debbie Rodrigues & Randy Rosette

Sung Response #123 *Spirit of Life*

First Reflection Rev. Ann Kadlecek

Video *Microaggressions* by Fusion Comedy

Second Reflection Sorrel Harrow

Musical Reflection Small Ensemble
When You Hear Me by Helen Yeomans

Third Reflection Michael Hornsby

Fourth Reflection Joyce Chicoine

Offering Dick Dana

Offertory *I Understand* Olga Martinez & Chris Milkins
by Sarina Partridge

Benediction Rev. Ann Kadlecek

Hymn *If There Ain't Room For Me* by Melissa Jeter

Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Flowers are given by Sharon & Mike Babala.
~ Thankful for the beauty of the earth. ~

Musicians and other service leaders are grateful for your appreciation.
However, we ask that you refrain from audible applause during the service.
Thank you!



Share the Plate with the Sheridan Preparatory Academy in November

This month, Albany UU will share half of the collection plate with Sheridan Preparatory Academy, which predominantly serves children of color from low-income families.

Our goal, through our 13-year relationship, has been to give these children some of the experiences that more affluent children take for granted. We have volunteered our time: working in the classroom, building a playground, and helping with school projects. We have provided funds individually and from our operational budget and endowment trust for playground equipment, new lots, and field trips. Through this work, UUs build our own community.

We are sharing the plate today to help meet the school's many needs: paying for children's author Eric Litwin's presentation; sensory materials for over stimulated children; and, with the loss of SNAP, additional food and supplies for its food pantry. Sheridan Prep would also like to better meet the unique food needs of immigrant families. Your contribution made by cash, text, online or by check made out to Albany UU will be split between Albany UU and Sheridan Prep, unless you tell us otherwise. If you want your entire check to go towards your annual pledge, write "pledge" on the memo line. If you want your entire check to go to Sheridan Prep, write "all to SPA" on the memo line.

ANNOUNCEMENTS FOR SUNDAY, NOV. 16th:

From the Administrative Office:

Sophia Garder, Church Administrator, will be available after today's service to provide a new key fob to anyone whose congregational role requires access to the building at times when the office is closed. As of tomorrow morning, the new security system will be running, and the old system will be deactivated.

From the Congregational Life Team:

Celebrate Thanksgiving with your AUU friends! On Thanksgiving Day, Thursday, November 27th, our annual potluck dinner will be held in Channing Hall. Bring a dish to share. The roasted turkey will be waiting for you. Help with set up at 12:00 noon, appetizers served at 1:00 PM, potluck dinner begins at 2:00 PM and clean up after dinner. Please sign up using the QR code below. Let us know how many people there are in your party and what you plan to bring. Singles, families, new members, old friends are all welcome.



From The Safer Congregation Team:

Albany UU is a welcoming community. We strive to be a refuge from the increasingly harsh world around us, for one another and for those who come to learn more about who we are. Working to maintain a safe and secure environment is critical to being welcoming. To increase the safety and security of our church community, we are introducing a new role at Albany UU - the Sunday Morning Safety Coordinator. Please join us **after today's service** in Community Hall to learn more about this new role. You will hear about the work that the team has done, as well as plans for what to expect as the role continues to develop.

From The Stewardship Committee:

Join the Stewardship Team!

We are looking for folks who would like to join the Stewardship Team. The Team celebrates the joy and wonders of Albany UU by encouraging generosity each year to support all our myriad activities. The initial planning meeting for the Team will be on Nov. 17th at 7:00 PM in Room B3/4 or check the newsletter for the Zoom link if you would like to join virtually.

From Rev. Ann, Programs for Children & Youth, Music Ministry, and Congregational Life Team:

Friday November 21st is the second in a series of recurring events here at Albany UU called Friday Night Lights. We'll start with dinner at 5:30 - everyone is invited to bring a dish and food will also be provided. After dinner there will be all-ages UU programming centered on the theme of the month (Belonging) followed by an activity and conversation in Channing Hall, or the opportunity to sit in the quiet of the sanctuary. This event is led collaboratively by the Congregational Life Team, Rev. Ann, Director of Music Ministry Olga Martinez, and Director of Programs for Children & Youth Elizabeth Baldes. If you'd like to help with food setup or cleanup, use the QR code below. Hope to see you there!



From the Congregational Life Team:

Next Sunday, November 23, homemade tasty soups, holiday pies and more will be available for your purchase. Go to Channing Hall after the service and see the large variety lovingly made by your fellow congregants for this yummy fundraiser. Cash or check only please.

From the Religious Services Team:

Are you interested in being part of our Sunday service? Training for the role of Worship Associate will be offered on Nov 22 from 9:30 to 1:00 in Community Hall. Bagels will be provided at the start. If you have questions about the training or the role, please contact either Rev Ann or Debbie Brown. If you are planning to come, please let Sophia in the church office know.

We Will Carry Each Other

Words and music by Soren Austenfeld

1 $\text{♩} = 120$ G

1. I am look - ing for shel - ter in a friend.____ We can
2. (There are) prayers I____ don't know how to say.____ But I

4 Em

build a be - gin - ning but I do not know the end____ I am
still find____ sol - ace when I close my eyes to pray What I've

6 Em Refrain:

sca - red of break - ing when I bend.____ We will car - ry__ each o - ther on the way:
lost and what I hope can stay.____

9 G G

____ My cour - age____ is your cour - age____ when the

12 B7 /D# Em

jour - ney is on - ly get - ting lon - ger,____ My strength is your

15 G 1. G

strength:____ we will car - ry__ each oth - er on the way.____ 2. There are

Sing Out Love expiration July 2028

2 18 2. Em

3. I am full and I am run - ning out,____ I'm a
4. (There are) peo - ple I have ne - ver met,____ There is

21 Em

flood - ing ri - ver and I'm liv - ing through the drought, I have
some - thing spe - cial, and I have - n't found it yet,____ There's a -

23 B7 Em

firm con - vic - tion and____ my heart is full of doubt. We will
- bun - dance, giv - en free - ly, tak - en with no debt!

Refrain:
After v 4. repeat * to Fine

25 G

car - ry__ each oth - er on the way:____ *My cour - age____ is your

28 G B7 /D#

cour - age____ when the jour - ney__ is on - ly get - ting

30 Em G

lon - ger.____ My strength is your strength:____ we will

33 * Fine

car - ry__ each oth - er on the way.*____ 4. There are

If There Ain't Room For Me

Words and music by Melissa Jeter

Refrain:

If there ain't room for me__ If there ain't room for you

[illegible]

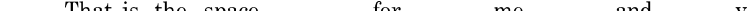
9  that ain't the space for me__ that ain't the place_____ for "We"

13

— If there ain't room for me_ and_ you.

After last Verse:

17 The last verse.



That is the space_ for_ me and_ you.

[illegible]

If There Ain't Room For Me

Words and music by Melissa Jeter

Refrain:

If there ain't room for me__ If there ain't room for you

[illegible]

9 

13

— If there ain't room for me— and— you.

After last Verse:

17 After last voice

That is the space_ for_ me and_ you.

21

That is the space_ for_ me and_ you.