

**We welcome everyone. Our Unitarian Universalist community  
seeks truth and deeper meaning, pursues justice through inspired  
action, and cultivates compassion and love for all connected by the  
web of life. *Mission statement, adopted May 18, 2014***

## **Programs for Children and Youth**

### **Programs for Children and Youth today, 1/18**

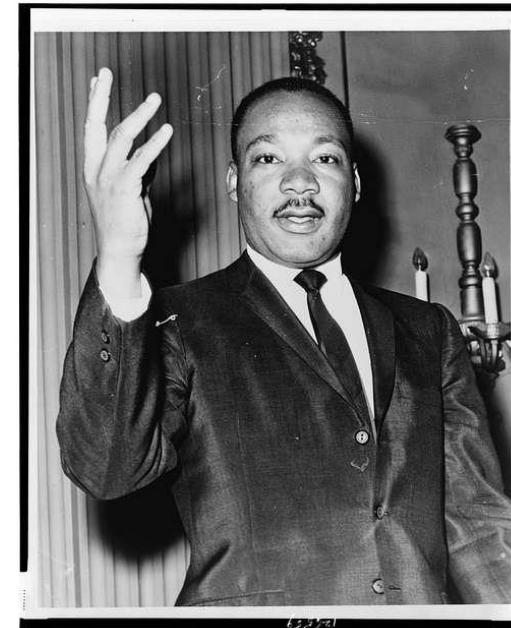
Childcare (Nursery/Toddler) opens at 9:45 upstairs in Room 22. Children and youth start out in service and then go to their groups following the story. PreK- Grade 4 will be meeting in Room 24/25 for a combined session, and Grades 5-12 will be meeting in Room B8 for their combined session.

If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. If you aren't sure where to go, please ask at the "RE" Office Window in the lobby.

**Groups run until 11:15**, at which time parents and guardians pick up their children and youth up to and including 8th grade. High school youth are released on their own.

The story today includes a description of violence that is not sensationalized but might be challenging to talk to your kids about. For resources to support you in doing this, please email the Director of Programs for Children & Youth at [dre@albanyuu.org](mailto:dre@albanyuu.org) or check out the printed resource list posted near the picture book library in the upstairs hallway. There is a new book about one of the Children's Crusade marchers, Audrey Faye Hendricks, available to borrow.

## **Worship Theme for January: Faith**



# **More Than a Dream**

**Rev. Ann Kadlecek  
& Nellson Moore**

**Luis Torres, Service Assistant**

**Albany Unitarian Universalist**

**Sunday, January 18, 2026**

**10:00 AM**

405 Washington Avenue, Albany, New York • AlbanyUU.org

**Contact us:** 518.463.7135 • [office@albanyuu.org](mailto:office@albanyuu.org)

Nicholee Froese, Congregational Life Coordinator

Rev. Ann Kadlecek, Interim Minister

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Albany Unitarian Universalist

## More Than a Dream

January 18, 2026

### Gathering Music

Olga Martinez, Director of Music Ministry  
& Chris Milkins, Musician

### Announcements

Luis Torres, Service Assistant

### Coffee Hour Connection

Congregational Life Team

### Ringing of the Chime

### Welcome

Luis Torres

### Congregational Greeting

**Prelude Thankful** Small Ensemble  
by Carole Bayer Sager, David Foster, & Richard Page

### Call to Community & Chalice Lighting

Rev. Ann Kadlecak

True peace is not merely the absence of tension;  
it is the presence of justice.

-Rev. Dr. Martin Luther King, Jr.

*If You Want Peace (Work for Justice)*  
by David Avshalomov

**Story** based on *The Parting of the Waters*  
by Christopher Buice

Luis Torres

### Singing the Children Out As You Leave This Friendly Place

### Joys and Sorrows

Sharon Babala & Jim Chicoine

**Sung Response #123 Spirit of Life**

### Reflection

Rev. Ann Kadlecak

### Reflection

Nellson Moore

### Music Amplify

Olga Martinez & Chris Milkins  
music by Timothy Takach, lyrics by Jocelyn Hagen

### Offering

Luis Torres

### Benediction

Rev. Ann Kadlecak

**Closing Song We Will Not Stop Singing** by Abigail & Lily Chapin

### Chalice Extinguishing

*We extinguish this flame  
but not the light of truth,  
The warmth of community,  
or the fire of commitment.  
These we carry in our hearts  
until we are together again.*

Flowers are given by Paula Brewer  
~ *Remembering my spouse, Richard W. Brewer, Jr. His spirit will  
always be in my heart, and on the ski slopes.* ~

Thanks to our guest musician, Nellson Moore.

Musicians and other service leaders are grateful for your appreciation.  
However, we ask that you refrain from audible applause during the  
service. Thank you!

## ANNOUNCEMENTS FOR SUNDAY, JANUARY 18<sup>th</sup>:

### **From Programs for Children & Youth:**

It is almost time to send Huge UU Greetings or "HUUGS" to our fledgling young adults. Each year we collect care package items for young people recently bridged from our youth program who are now busy pursuing post-high school life and then send those items out around Valentine's Day. Small, individually wrapped items like tea, cocoa, gum, snacks and lip balm can be dropped off in the collection box in the lobby from now until February 1, when the youth group will prepare the care packages for shipping. Thanks for your support!

### **Circle Dinner Announcement:**

Sign up now for the Circle Dinner on Saturday January 24th. Circle Dinners are an easy and fun way to make new friends at Albany UU. Albany UU members host collaborative dinners with 6 to 10 guests at each home. Guests bring part of the meal - make your favorite dish or pick up your contribution at your favorite grocery store. The individual hosts coordinate each guest's contribution. Attending a Circle Dinner is a great way to connect with people! Share and enjoy more evenings and great food with Albany UU friends! See John Sherman at coffee hour today to sign up. Can't make it this time? Mark your calendar for the next Circle Dinner on Saturday, February 28th.

### **From the Congregational Life Team:**

**Join the Albany UU Talent Show — March 13!** Our last two all-church talent shows were a big hit, and we're excited to make this one even better. Performers of **all ages** are encouraged to sign up and share their talents — or simply come and enjoy the fun! **Time:** 7:00–9:00 PM Register form coming soon! More details will be shared as the event approaches. Questions? Please contact **Peter Brown** or **Sharon Babala**. Whether you're taking the stage or cheering from the audience, we hope you'll be part of this joyful night together!

### **Share the Plate with Planned Parenthood in January**



This month, Albany UU will share half of the collection plate with **Upper Hudson Planned Parenthood**.

UHPP cares for an average of 9,300 patients a year in three health centers located in Albany, Hudson and Troy. Its reproductive health services include exams, pap smears and breast cancer screening, birth control, testing and treatments for sexually transmitted infections, emergency contraception, pregnancy options counseling, abortion services and more.

UHPP provides preventive sexual health care services as well as hormone therapy for transgender and gender nonconforming people. UHPP also offers comprehensive sex education programs.

Albany UU has a long history of supporting UHPP, which began in 1934 as a family planning clinic in the office of Dr. Frances E. Vosburgh, a member of our congregation. Our support is especially important since July, when Planned Parenthood was blocked from receiving federal Medicaid dollars for any of its services.

Today, all contributions that are not specifically designated as 100% pledge contributions will be split 50/50 between our operating budget and UHPP.

Learn more about Upper Hudson Planned Parenthood at [www.uhpp.org](http://www.uhpp.org)

## If You Want Peace

(Work for Justice)

by David Avshalomov



Musical notation for the first line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

If you want Peace,  
work for  
If they shout lies,  
sing the  
If you see wrong,  
work to  
If you want Peace,  
work for



Musical notation for the second line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, If you want Peace, work for  
truth back, If they shout lies, sing the  
right it, If you see wrong, work to  
Jus - tice, If you want Peace, work for



Musical notation for the third line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, If you want Peace, work for  
truth back, If they shout lies, sing the  
right it, If you see wrong, work to  
Jus - tice, If you want Peace, work for



Musical notation for the fourth line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, Start at home, Start right now.  
truth back, Start at home, Start right now.  
right it, Start at home, Start right now.  
Jus - tice, Start at home, Start right now.

## If You Want Peace

(Work for Justice)

by David Avshalomov



Musical notation for the first line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

If you want Peace, work for  
If they shout lies, sing the  
If you see wrong, work to  
If you want Peace, work for



Musical notation for the second line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, If you want Peace, work for  
truth back, If they shout lies, sing the  
right it, If you see wrong, work to  
Jus - tice, If you want Peace, work for



Musical notation for the third line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, If you want Peace, work for  
truth back, If they shout lies, sing the  
right it, If you see wrong, work to  
Jus - tice, If you want Peace, work for



Musical notation for the fourth line of the song, featuring a treble clef, a 4/4 time signature, and a key signature of one sharp. The melody consists of eighth and sixteenth notes.

Jus - tice, Start at home, Start right now.  
truth back, Start at home, Start right now.  
right it, Start at home, Start right now.  
Jus - tice, Start at home, Start right now.

## We Will Not Stop Singing

by Abigail and Lily Chapin



We will not stop sing - ing, We will not stop sing - ing, We will  
We will not stop pray - ing, We will not stop pray - ing, We will  
We will not stop shout - ing, We will not stop shout - ing, We will



not stop sing - ing, sing - ing right from wrong 'til the  
not stop pray - ing, pray - ing right from wrong 'til the  
not stop shout - ing, shout - ing right from wrong 'til the



world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the  
world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the  
world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the



world can sing, 'til the world can sing a - long.\_\_\_\_\_

## We Will Not Stop Singing

by Abigail and Lily Chapin



We will not stop sing - ing, We will not stop sing - ing, We will  
We will not stop pray - ing, We will not stop pray - ing, We will  
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not stop sing - ing, sing - ing right from wrong 'til the  
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world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the  
world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the  
world can sing a - long.\_\_\_\_\_ 'til the world can sing, 'til the



world can sing, 'til the world can sing a - long.\_\_\_\_\_