

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth

From 6/28-9/6 a combined age group for children is being offered during service. The room opens at 9:45 and is supervised by staff and screened volunteers. Our time together will be lightly structured with opportunities for arts and crafts along with free play.

The group is intended for around age 3 and up. Younger children and their families are welcome to join us, and to use the Nursery/Toddler space as needed, however the Nursery/Toddler is not staffed during the summer.

Not sure where to go? Inquire at the Welcome Desk in the lobby.

If you have questions about our programs, or are interested in helping out, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

Albany Unitarian Universalist

Rev. Ann Kadlecek & Rev. Sarah Richards, Interim Co-Ministers

Elizabeth Baldes, Director of Programs for Children and Youth

Olga Martinez, Director of Music Ministry

Sophia Garder, Administrator

Nicholee Froese, Congregational Life Coordinator

Michael Washington, Tech Support Staff

405 Washington Avenue, Albany, New York • AlbanyUU.org

Contact us: 518.463.7135 • office@albanyuu.org



Beyond the Buffet

Rev. Beth Dana

Peggy Sherman,

Worship Associate

Albany Unitarian Universalist

Sunday, August 2, 2026

10:00 AM

Beyond the Buffet

August 2, 2026

Gathering Music Paul Lamar, Musician

Announcements Peggy Sherman

Ringling of the Chime

Welcome Peggy Sherman

Congregational Greeting

Call to Community Peggy Sherman

Chalice Lighting

*Welcoming all free seekers of truth and meaning,
we gather to excite the human spirit,
to inspire its growth and development,
to respond morally and ethically to a troubled world,
and to sustain a vital and nurturing
religious community.*

Opening Hymn #23 Bring Many Names (verses 1, 4, 5, 6)

Joys and Sorrows Jim Chicoine

Sung Response #123 Spirit of Life

Readings

Rev. Beth Dana

1. Excerpt from *Cathedral of the World* by Forrest Church
2. *To the people who have mistaken freedom for liberation*
by Julián Jamaica Soto

Hymn #159 This Is My Song

Sermon *Pluralism: Beyond the Buffet* Rev. Beth Dana

Moment of Reflection

Offering Peggy Sherman

Offertory Paul Lamar & Kim Mooers
Lord, Make Me an Instrument by Jonathan Willcocks

Benediction Rev. Beth Dana

Closing Hymn #187 It Sounds Along the Ages

Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!

ANNOUNCEMENTS FOR SUNDAY, AUGUST

2:

From Democracy Response Steering Committee:
SHOW YOUR SUPPORT FOR DEMOCRACY: The Democracy Crisis Response Team will be selling the lawn sign shown below so we can all show our support for Democracy. The signs will be \$20 each and will include the “H” bracket. We will be taking orders and payment for the signs at a table in Channing Hall starting July 26th. The signs will be available for pick-up at the end of August.



To order a sign, use the QR code below:



From the Administrator:

Summer services dates and service leaders are listed here. For more information about each service, please see the Windows Weekly newsletter.

Sunday, August 9 at 10:00 with Rev. Shelley Page

Sunday, August 16 at 10:00 with Nellson Moore

Sunday, August 23 at 10:00 with Rev. Ann Kadlecsek

Sunday, August 30 at 10:00 with Rev. Lynn Ashley

Sunday, September 6 at 10:00 with Diane Cameron



Share the Plate with the FOCUS Food Pantry in August



In 2025, the **FOCUS Interfaith Food Pantry** served more than **8,800 individuals, including more than 2,900 children**, from its site at Emmanuel Baptist Church, 275 State Street. The Food Pantry is open Monday through Friday mornings as well as the last Saturday of the month. With a gift of \$40, the food pantry can

provide six days of meals for one person, with fresh produce and milk. With \$120, they can provide meals for six days to a family of three.

Three times each year, our congregation shares half of the collection plate with the FOCUS Interfaith Food Pantry. Our donations help make sure that families, children, seniors, and others in our community have **healthy** food when they need it most. Albany UU has supported the FOCUS Food Pantry since at least 1977.

Your contribution made by cash, text, online or by check made out to Albany UU will be split between Albany UU and FOCUS, unless you tell us otherwise. If you want your entire check to go towards your annual pledge, write “pledge” on the memo line. If you want your entire check to go to FOCUS, write “all to FOCUS” on the memo line.

Learn more about the FOCUS Food Pantry at www.focuschurches.net/food-pantry.