

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth

From 6/28-9/6 a combined age group for children is being offered during service. The room opens at 9:45 and is supervised by staff and screened volunteers. Our time together will be lightly structured with opportunities for arts and crafts along with free play.

The group is intended for around age 3 and up. Younger children and their families are welcome to join us, and to use the Nursery/Toddler space as needed, however the Nursery/Toddler is not staffed during the summer.

Not sure where to go? Inquire at the Welcome Desk in the lobby.

If you have questions about our programs, or are interested in helping out, please email the Director of Programs for Children & Youth at dre@albanyuu.org.

Albany Unitarian Universalist

Rev. Ann Kadlecek & Rev. Sarah Richards, Interim Co-Ministers
Elizabeth Baldes, Director of Programs for Children and Youth
Olga Martinez, Director of Music Ministry
Sophia Garder, Administrator
Nicholee Froese, Congregational Life Coordinator
Michael Washington, Tech Support Staff

405 Washington Avenue, Albany, New York • AlbanyUU.org

Contact us: 518.463.7135 • office@albanyuu.org



Help!

Rev. Ann Kadlecek

**Jeff English,
Worship Associate**

Albany Unitarian Universalist

Sunday, August 23, 2026

10:00 AM

Help!

August 23, 2026

Gathering Music Chris Milkins, Musician

Announcements Jeff English, Worship Associate

Ring of the Chime

Welcome Jeff English

Congregational Greeting

Opening Hymn #360 Here We Have Gathered

Call to Community & Chalice Lighting

*When we are lost or sad,
This flame reminds us to ask for help.
When we find our strength,
This flame reminds us to share our gifts with others.*

Hymn #402 From You I Receive

Joys and Sorrows Ruth Samuels, Pastoral Care Associate

Sung Response #123 Spirit of Life

Worship Associate Reflection Jeff English

Reading from Mia Birdsong

Rev. Ann Kadlecek

Sermon

Rev. Ann Kadlecek

Offering

Jeff English

Closing Song *Lean on Me* by Bill Withers

Benediction & Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

*~ Flowers are given in celebration of the life of Ann D'Attilio
from her family. ~*

Musicians and other service leaders are grateful for your appreciation. However, we ask that you refrain from audible applause during the service. Thank you!

Share the Plate with the FOCUS Food Pantry in August



In 2025, the FOCUS Interfaith Food Pantry served more than **8,800 individuals, including more than 2,900 children**, from its site at Emmanuel Baptist Church, 275 State Street. The Food Pantry is open Monday through Friday mornings as well as the last Saturday of the month. With a gift of \$40, the food pantry can

provide six days of meals for one person, with fresh produce and milk. With \$120, they can provide meals for six days to a family of three.

Three times each year, our congregation shares half of the collection plate with the FOCUS Interfaith Food Pantry. Our donations help make sure that families, children, seniors, and others in our community have **healthy** food when they need it most. Albany UU has supported the FOCUS Food Pantry since at least 1977.



Your contribution made by cash, text, online or by check made out to Albany UU will be split between Albany UU and FOCUS, unless you tell us otherwise. If you want your entire check to go towards your annual pledge, write "pledge" on the memo line. If you want your entire check to go to FOCUS, write "all to FOCUS" on the memo line.

Learn more about the FOCUS Food Pantry at www.focuschurches.net/food-pantry.

ANNOUNCEMENTS FOR SUNDAY, AUGUST 23:

From the Administrator:

There is a new Sunday Volunteer Sign Up Sheet! The old sign-up sheet is no longer active. Please plan on saving or bookmarking the new sign-up sheet. But no worries: should you happen to go to the old sign-up sheet, there will be a link to take you to the new one. The new Sunday Volunteer Sign Up Sheet does NOT include donating flowers and hosting Coffee Hour! **Links to sign up for Sunday Volunteers, flower donation, and Coffee Hour hosting can all be found in the Windows Weekly newsletter or using the QR codes or links below.**

Sunday Volunteer:	To Donate Flowers:	To Host Coffee Hour:
		

- The new Sunday Volunteer Sign Up Sheet is [HERE](#).
- Sign up to donate flowers [HERE](#).
- Sign up to host Coffee Hour [HERE](#).

From the Administrator:

Remaining summer services dates and service leaders are listed here. For more information about each service, please see the Windows Weekly newsletter. Sunday, August 30 at 10:00 with Rev. Lynn Ashley
Sunday, September 6 at 10:00 with Diane Cameron