

We welcome everyone. Our Unitarian Universalist community seeks truth and deeper meaning, pursues justice through inspired action, and cultivates compassion and love for all connected by the web of life. *Mission statement, adopted May 18, 2014*

Programs for Children and Youth

Childcare in the Nursery/Toddler Room opens at 9:45 for dropoff.

Age-based groups will meet after the story in service. If you are new or visiting, and your child isn't registered, please accompany them to their room to sign them in. Staff and volunteers are available to direct you.

Groups run until 11:15, at which time parents and guardians pick up their children, except for high school youth who are dismissed on their own.

Grade 7/8 Our Whole Lives meets from 10-11:15ish. This is a closed group.

At 11:15, when groups are done, the children and youth (and their families) are invited to put on their **Halloween costumes** before coming down or up stairs to **walk the red carpet** and make a **grand entrance** into Coffee Hour in Channing Hall. Once there, the Programs for Children & Youth Council and Suddenly Adults Swarming, our young adults group, will be co-hosting a special **Halloween Coffee Hour** with activities and treats for all.

If you have any Programs for Children & Youth related questions on Sunday morning before service please stop by the "RE" Office Window in the lobby. If you are interested in helping out and would like to talk about our programs, please email the Director of Programs for Children & Youth at dpcy@albanyuu.org.

We are so glad you are here!

Worship Theme for October: Courage

Albany Unitarian Universalist

Rev. Ann Kadlecek & Rev. Sarah Richards, Interim Co-Ministers
Elizabeth Baldes, Director of Programs for Children and Youth
Olga Martinez, Director of Music Ministry
Sophia Garder, Administrator
Nicholee Froese, Congregational Life Coordinator
Michael Washington, Tech Support Staff

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Contact us: 518.463.7135 • office@albanyuu.org



Average Heroes

Rev. Sarah Richards

Dave Munro,

Worship Associate

Albany Unitarian Universalist

Sunday, October 25, 2026

10:00 AM

Average Heroes

October 25, 2026

Gathering Music Olga Martinez, Director of Music Ministry

Announcements Dave Munro, Worship Associate

Coffee Hour Connection PCY Council & SAS

Ringling of the Chime

Welcome Dave Munro, Worship Associate

Congregational Greeting

Opening Hymn #396 *I Know This Rose Will Open*

Call to Community Rev. Sarah Richards

Chalice Lighting by Bets Wienecke

*May this flame, symbol of transformation
since time began, fire our curiosity,
strengthen our wills, and sustain our courage
as we seek what is good within and around us.*

I Hear Your Story by Andrea Sorum

Story *Knight Owl* by Christopher Denise Elizabeth Baldes,
Director of Programs for Children & Youth

Singing the Children Out *Reeb Benediction* by Ian W. Riddell

Worship Associate Reflection Dave Munro

Joys and Sorrows

Jon Newell & Sharon Babala

Sung Response #123 *Spirit of Life*

Reading *The Courage of Patience* Dave Munro
by Richard Gilbert

Message Rev. Sarah Richards

Offering Dave Munro

Benediction by Eric Williams Rev. Sarah Richards

Closing Hymn #1015 *I Know I Can*

Chalice Extinguishing

*We extinguish this flame
but not the light of truth,
The warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.*

Flowers are given by Albany UU Flower Team.
~ *Welcome to Fall! If you would like to donate flowers, use the
link in the weekly newsletter.* ~

Musicians and other service leaders are grateful for your appreciation.
However, we ask that you refrain from audible applause during the
service. Thank you!