

Pastoral Care Associates

First Unitarian Universalist Society of Albany

Goal: to offer pastoral listening and emotional support to members and friends of our congregation

Desirable qualities in a Pastoral Care Associate:

- Good listening skills
- Strong understanding of Unitarian Universalism and a sense of identity as a Unitarian Universalist
- Solid ties to the congregation
- Member in good standing
- Good personal support system
- Ability to work collaboratively
- Self awareness
- Willingness to ask for help when needed

To become a Pastoral Care Associate:

- Submit a written application
- Come to an interview with members of the Pastoral Care Associates Committee
- Attend a six session training program
- Commit to being available to offer listening ministry and emotional support for one or more congregants
- Participate in ongoing monthly support and guidance from the minister and PCA team (monthly meetings)